

I cannot follow Thee as I would, be pleased to assist me with Thy power, and draw me after Thee : let my soul be so strengthened by virtue of this Sacrament, that it may esteem nothing pleasing or delightful in comparison of Thee : that it may lust after no transitory thing, nor be disquieted with any worldly cross, but by Thy assisting grace, I may overcome all the difficulties of this life, and bless Thee for ever in the life to come. Amen.

O Blessed Lord Jesus, who of Thy unspeakable love hast condescended to my infirmity, and vouchsafed in these mysteries to come unto me, and hast made me partaker of Thy precious Body and Blood ; I humbly entreat Thee, of Thy infinite goodness, not to look back upon my sinful life past, but to give me grace to obey Thy commandments, and not to return again to my former sins and iniquities. Grant that this Holy Sacrament may be to me