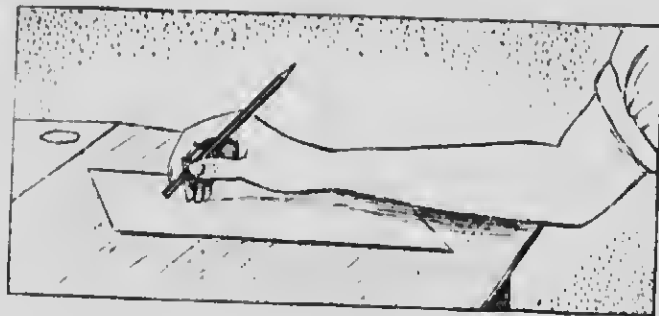
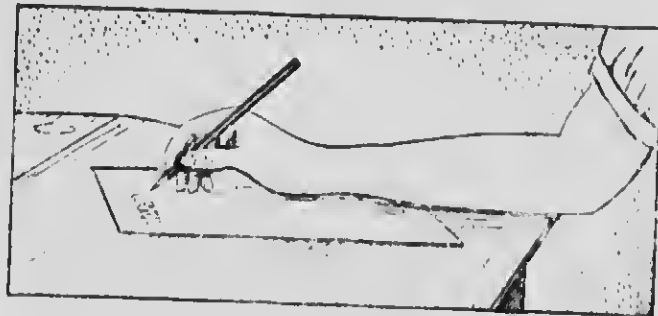


## HOW TO RELAX



Pencil held upside down



Pencil ready for use