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## INTRODUCTION

For several years there has been a persistent demand by the leaders of young people in our Church for a manual of instruction in spiritual matters. This need has been most keenly felt by those who desired to bring groups of young people into intelligent fellowship with the Church which they had decided to join. The General Conference of 1914, after carefully considering a number of memorials on the question, ordered that such a manual be prepared. The General Board of Sunday Schools and Young Peoples' Societies delegated the task of preparing the manual to a committee. The committee has been in correspondence with a large number of workers, both ministers and laymen, throughout the Church. Suggestions were asked for as to style and subject matter of the manual. It would be impossible to name in this space even a few of those whose prompt and pertinent replies have helped to make this little book.

The object of the manual is to lend suggestions to pastors, teachers and parents, who desire to make some special effort to help young people over the mental and moral crises of the early "teens" into settled and wise convictions and fellowships.