
Why are people sick? Ignorance of nature's laws, unsanitary methods of living, overheated rooms, lack of fresh air, poorly arranged work rooms and factories, poisonous gases and dust, foul air, exclusion of sunlight—sure forerunners of consumption.

Look around and pick out a good spot for a playground. Then organize an agitation for its purchase.



DOES YOUR MEMORY GO BACK THIS FAR?

With a good play-leader the smallest space may be turned into a children's paradise.

Every city should provide its young people with free grounds for football, baseball, cricket, bowling and tennis. Reward comes back in a citizenship possessed of better health and greater efficiency.
