This booklet was developed by Mr. Robert Reford at the invitation of the Department of External Affairs. Mr. Reford is co-convener of the Canadian Study Group on Arms Control and Disarmament. He lives in Toronto, where he is President of the Reford-McCandless International Consultants Corporation. He was Executive Director of the Canadian Institute of International Affairs from 1971-78. The views expressed in this booklet are his own.