The Temperance Cause.

ABROAD.

Church Bells gives a verbatim report of an excellent mission address by the Bishop of Rochester to the men of the Metropolitan Police Force. It will be remembered the address was read at St. Margaret's, Westminster, by the Ven. Archdeacon Farrar, in the absence of the Bishop through illness. Referring to the temptations of the men, the Bishop said:

"For your own sakes, as well as that of others, be on your guard. against Intemperance, and learn to say a quick and meaning "No" to the well-meant proposals of friends. You, of all men, who see all around you the woeful results of it, and who must be perfectly aware that, but for an excessive use of strong drink, half our gaols might be closed and half of your own force disbanded, should be rigorously watchful to keep the insidious enemy from your own door, and on no excuse to let him in. Well I know, and feel for, the wet and the storm, the fog and the snow, the bleak night air, the blinding, freezing hail storms, through which, night after night, winter after winter, you walk these dreary streets. But science tells us, with absolute and unwavering distinctness, that alcohol is neither heat nor food. It hurries the heat to the surface only to dissipate it. It stimulates the animal forces only to repress them. If you would altogether leave it alone, and content yourselves-the Rector of this church and he who pens these lines could give you their own experience on this matter-with other beverages which stimulate and also nourish, promote heat and retain it, your gain would be all in the direction of health, and character, and trustworthiness, and money in the savings' bank. There money in the savings' bank. would be no cause to dread the one occasion of excess, in which all the merits of past services are in a moment utterly obliterated; and your example might be the salvation of your brethren."

The Church of England Temperance Society is about to establish a home in Australia for the cure of inebriates. Suitable premises have been secured in Forbes-street, Woolloomooloo.

The recent Scott Act campaign in the city of Guelph shows the value of thorough organization. The voters' list, based on the assessment of 1883, contained 1,988 names. It was found, on careful scrutiny, that after striking off duplicate votes, the names of dead men, and of tenants who had left the city, the number of voters remaining was 1,320. After the election it ap peared that the whole possible vote unpolled was 98. Of these 8 were confined to the house by sickness, 28 belonged to secks who declined, through religious scruples, to exercise the franchise, but whose sympathies are known to be in favor of the Act, and 49 BEAVER HALL, MONTREAL.

36 were at a distance from the city leaving only 26 unpolled votes. Both sides evidently did their best, and the thoroughness with which the Scott Act Association prosecuted the canvass is to be commended to our friends in those counties where an agitation for the passing of the Act is carried

ORILLIA, ONT .- The annual services in connection with the C. E. T. S. of this place was held on the 8th March, inst., when the Rev. S. Weston Jones, of Lindsay, preached very appropriate sermon. Mr. Jones also preached in the afternoon at St. Luke's Church, Prices Corner.

IRON

in medicine is analogous to the importance of Iron in the Industrial Arts. Its use is indicated in all wasting diseases, where there exists no fever and where the red globules of the blood are diminished. When impaired digestion exists, or other functions are deranged, whereby the tissues lack nourishment, then the speedlest and surest cure

IS.

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