

poor flour, which is the dearest in the long run. Sour bread ferments in the stomach, and finally dyspepsia results. Go on eating sour bread and you will become an incurable dyspeptic. And bread, biscuits, piecrust, etc., made from inferior flour are unpalatable as well as injurious. "The reinforcement of nervous force—in short, every physical benefit to be derived from good flour may be ensured by the use of "Ogilvie's Hungarian Patent Flour." Remember that there are all kinds and grades of flour, retailed at all sorts of prices. You get what you pay for, and the best kind is the only really economical kind. No more superior flour than "Ogilvie's Hungarian Patent Flour" can be found on the market. It deserves the housekeeper's patronage for the reasons we give. We desire to see it used because it is excellent; not for the sake of its manufacturer, but for that of the large public we seek to serve.

#### HYPERIDROSIS, BROMIDROSIS—THEIR TREATMENT.

ONE of the frequent affections, for the relief of which the family practitioner is consulted, is hyperidrosis, though more frequently bromidrosis, especially as applied to the feet. Nothing can be more disagreeable to the sufferer from the latter complaint than a consciousness that his presence is obnoxious owing to this cause. In many instances hyperidrosis is due, not to lack of bathing or personal cleanliness, but is as much a disease as are eczematous eruptions due to gouty or rheumatic diatheses. It is in the warm months of the year that most suffer in this way, though many do all the year round. Sometimes this condition affects only the feet, sometimes the armpits, frequently the region of the genitalia, and in women, especially those who are plethoric, the region of the mammary glands. Though in a large proportion of the cases met with no constitutional cause can be discovered, yet if carefully searched for, it will be noticed that there is a condition of anæmia and faulty innervation, and in young girls even chlorosis present, the correction and relief of which by the ordinary remedies will perform a cure. There are, however, many others where the disease seems to be purely local in origin, and frequently, especially when in the feet, almost uncontrollable. Not only is there a hyperidrosis, but sooner or later the excessive secretion becomes foul and disagreeable, rendering the condition one of bromidrosis. The result of this condition in the pedal extremities, sooner or later, is tender feet, rendering locomotion nothing less than painful. The feet swell, the ankles even becoming puffy. In spite of the sufferer wearing fine, pure woollen socks or stockings the condition persists, very frequently to such an extent as to cause the eruption of small blisters or vesicles, which on breaking cause the formation of numerous little ulcers and lay up the person in bed frequently for quite a time. The question that comes to the mind of the physician