

BE NATURAL.

One of the fashionable follies of the day is the affection of great coolness. It is considered vulgar to be demonstrative. You meet an old friend ; it is a blessing to your eyes to behold him once more. Your heart leaps up at sight of him—your impulse is to grasp him warmly by the hand. You feel almost like embracing him. You must do nothing of the kind. No ripple must be permitted to ruffle the smooth equilibrium and indifference of your feelings. You must greet him politely, but without emotion. So the false etiquette of which we speak teaches. Self-possession is a strong quality, but we do not believe in this kind of self-possession, and people who school themselves in this are not apt to have the other and better kind. They are not apt to manifest self-possession on such occasions as really call for it—occasions of difficulty and danger of great trials. Touch their self-love, make any unusual demand upon them for self-denial, and their assumed and superficial self-possession vanish in an instant. For ourselves we like naturalness of manner. Seem as you feel. Let the heart speak out, or what is the use of having a heart? There are crops, which grow only on light soils, and the school of philosophy—miscalled philosophy—of which we speak must have originated in shallow brains.

RIVER JOHN.—The Rev. Mr. McCunn, the worthy pastor of River John, and Editor of the "Monthly Record," sailed on the 16th ult., in the "Austrian" on his way to the meeting of the General Assembly. Revd's. Messrs. G. M. Grant, J. Campbell, and Dr. Gregg were fellow passengers with him. We hope there was no Jonah among them fleeing from duty.

All communications &c., intended for the MONTHLY RECORD, to be addressed to

REV. W. McMILLAN,  
Sunny Brae,  
East River,  
Pictou.

OMISSION.—The name of George Gunn, Esq., Truro, should appear among the acknowledgements of monies for the *Record*, credited with \$1.50.

CASH RECEIVED FOR "RECORD."

Jas. McLeod, New Lairg	\$3.90
Alex. Sutherland, Rogers Hill	\$1.50
Don'd. A. Fraser, Esq	1.50
Robt. Douglass, W. B. R. John,	1.00
John Fraser, Glengarrrie,	1.50
John H. McKay, Planefield.	1.50
D. Sutherland, Elder, C. R.	3.90
Alex. McKenzie, Carr. Isl'd	1.50
Miss J. C. McDonald, B. Md'ws	3.60
Miss M. McKenzie, Scotsburn	3.00
John McKay, Elder, Millville	3.00
W. McLean & Co., Springhill	2.10
John Sutherland, Mill Brook	3.00
Principal Snodgrass, Kingston	.50
Rev'd Prof. Pollock, Halifax	.50
A. McKay, Victoria Hotel	.50
M. McKenzie, 3 Brooks	1.50

James Hislop  
Pictou, May 8th, '76. Agent.

PRESBYTERY F. MISS'N FUND.

Received from McLellan's Mountain  
Congregation, per Rev. Mr. Stewart :

	\$10.49
Hermon Church S. School	2.55
Mrs. John McKenzie, 3 Brooks	.50

James Hislop  
May 8th, '76 Treasurer.