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'HE PEOPLE'S FAVORITE

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WHEN baking take in a long lin, line the WHEN baking take in a long lin, line the sides and ends as well as the bottum with atiff white paper; you can then lift the cake out without breaking it, and can kiso be perfectly sure to bake it thoroughly in the middle without burning it anywhere else.

A LARGE and tich cake is made from this recipe: One pound each of sugar, floer, shopped raisins, alleed citrons and blanched almonds, three quarters of a round of better

almonds, three quarters of a pound of butter, ten eggs, one wineglassful of brandy, and a tempoonful of mace. Blake with care and watch closely while baking.

which closely while baking.

Dr. Dio Lzwis says cold baths of the skin are good, but it is doubtful if flooding the stomach on going to bed and on rising is not, on the whole, the most profitable form of cold bathing. Costiveness, piles and indigestion are uniformly relieved by this morning and evening cold douche. The quantity must be determined by each one for himself. Two or three swallows will do to begin with, but the quantity will acongrow to a tumble: full; and I have known persons to use much more with marked behefit. If advisably managed, every dyspeptic will be greatly improved by this cold stomach bath.

To have good, wholesome, light, buck-

To have good, wholesome, light buck-wheat cakes, you must get the very cleanest and bloest buck-wheat—that free from all grit and dirt. Take one-fourth of granulated whe A fleur, and one-fourth of oatmea) flour, to three-fourths of buckwheat. Make a batter of these with tepid water and a litte sait. ter of these with tepid water and a litte salt, using any good, lively yeast. Just before baking, add one spoor ful or more, according to the quantity maxa, of molasses, and a small even spoonful of soda or baking powder. The half of a yellow turnip is an excellent thing to rub your griddle with, instead of a piece of pork or any other fat; obviating all the disagreeable odour of the griddle.

or a piece or pork or any other iat; obviating all the disagreeable odour of the griddle. At this season of the year there are many days when but little work can be done in the field, yet an inclement day can well be utilized in looking after the farm tools, carts, waggons, and the various implements required upon the farm. A coat of paint applied to the wood-work would preserve them for a great many years, and the paint applied to the iron-work would greatly preserve it, but in this case the bearings should not be painted. A coating of lard oil would, however, he found of good service; the bearings would be preserved from rust, and when the machine was brought into use in spring or summer it would run much easier than if allowed to rust all winter. In case paint is thought to be too expensive, petroleum is as good a preservative, though appearance is sacrificed in its use. On a clea. As in winter the shingles of buildings might have a coat of whitewash, which would preserve them many years, and though it would not render them fireproof, yet it makes them less liable to take fire. liable to take fire.

liable to take fire.

IIARD water makes the most delicious tes, as it dissolves less of the tannin, and gives the cup a more delicate flavour. And even with hard water there is a wide difference between wells located near together. But given the same quality of water, and a difference in the manipulation will make to a sensitive taste a total change in the character of the beverage. There is not one city tea-kettle out of a hundred that in its present condition is fit to boil water for a cup of tea. Let our reader go home to-night and inspect his own outfit, and he will verify our statement. He will find the interior of his kettle encrusted with the mineral deposits extragéed inent. He will find the interior of his kettle encrusted with the mineral deposits extrasted from the water, boiling in it from magning until night of each succeding day. As the water is "clean," the cook but empfies and fills the kettle, never tlinking of the growing crust that must now be urapped off if the kettle is to be cleaned. Water that has stood after boiling makes a good cup of tea, and yet how ourn the fired labourer, mechanic, merchant, doctor, or lawyer, has tried to solsce himself with a beverage made from water containing the devis of that which has stood all day, and the range, being only filled as often as any addition was needed. Take a clean kettle never used for anything else, 6° is with fresh water, the harder the better, holl quickly over a very hot fire, and pour as goon as it boils upon the tealexes fresh from the canister. Let it stand four or five migutes, and then drink.

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