

cate and probably more wholesome (since the majority of baking powders are adulterated) if they are made of buttermilk and soda. A general rule is one level teaspoonful of soda to one pint of buttermilk or freshly soured milk. The soda must be first pulverized by rubbing with a knife on the table or breadboard, then added to the flour, to be sifted with it. It is even well to sift the flour, soda and salt together two or three times to insure an even blending. In a very short time one learns to gauge the soda exactly to the acidity of the milk to be used. Baking powder cannot give the best results in the class of articles enumerated. — *Woman's Home Companion.*

Iced Water Preferable to Ice Water.

Iced water is preferable to ice water—iced water being cooled by the ice without being brought in direct contact with it. The less ice water one drinks the better. Ice water increases one's thirst—that is, there is a greater tendency to desire drink, inasmuch as ice water slakes the thirst for a moment but does not quench it.

Care of the Eyelashes.

The ancients made an art of the cultivation of the eyelashes. It was recognized that, besides adding to the expression of the eyes, the lashes preserved them from the dust, cold wind, and too glaring light, all of which tend to irritate and often inflame the eye. It is, therefore, not a vanity to endeavor to obtain them and then preserve them from falling out. A little pure vaseline applied to the eyelashes every night will aid their growth and strengthen them.

Fattening Melons.

Before the melon has attained its full size, and while in a growing condition, insert one end of a strip of fine cotton cloth, about half an inch wide, and three or four inches long, into the stem of the melon, by splitting the stem with a sharp knife, and place the other end of the strip into the neck of a wine bottle filled with water, inclining the bottle so that the water may be absorbed by the string, which acts as a siphon, and the end on the outside of the bottle should be a little lower than that which is within the bottle, and in twenty-four hours the bottle should be refilled, as the water will have been imbibed by the melon, and in a week or ten days will have attained its full size. You will then withhold the water to give it a chance to ripen, otherwise it will be quite insipid and unfit to eat.

"What quantities of grass you keep here, Miss Sue. Nice place for a donkey to get into," said a facetious fop to a young woman who had ornamented her sitting-room with dried grasses. "Yes, just make yourself at home," was the quiet reply.

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