ANOTHER OLD ANNAPOLIS.

ATTRACTIONS OF 'YE ANCIENT TOWN-IN TERESTING HISTORIC LOCALITIES-A DE-LIGHTFUL CLIMATE - EXCITING SPORTS-AN UNSURPASSED SUMMER RESORT-A PARADISE FOR TOURISTS.

[From the Baltimore (M.D.) Telegram.]

ANNAPOLIS ROYAL, NOVA SCOTIA.

MR. EDITOR,—Thinking that some of your many readers may not know we have a town down here by the sea named as one of your towns in Maryland, I will try with my pen to describe it to them, also, will right here give those that can come an invitation to call and see us when it gets so hot in your beautiful Monumental City that you wish for some cool spot. We will give you a warm and see us when it gets so hot in your beautiful Monumental City that you wish for some cool spot. We will give you a warm "Bluenose" welcome to one of the oldest towns in North America. When you are sweltering in the shade somewhere in your beautiful parks, with the thermometer at 100, imagine us here with a cool breeze fanning our brow, and the glass about 70, in this fair spot of God's cushioned footstool, with Nature's green carpet for your feet, surrounded by a life and health-giving, invigorating elixir. Why, sir, we have to wait here for some of our people who have emigrated to the United States to be brought home dead to start a cemetery. Another fact the I wish to bring before your readers is, we have not a colonel in our whole town, and only two captains, one the captain of our fire company, the other the captain of the Salvation Army.

We have green fields beneath, the blue sky above, and plenty to spare of Heaven's pure air everywhere. The tired, overworked body and brain may throw the cares that whither life and waste its little hours to the winds for we have just enough of them to blow the microbes into the Bay of Funday.

Neare.

winds for we have just enough of them to blow the microbes into the Bay of Funday. N. Weare. Here you can regain vigor for life's future

Southern neighbors would be only too glad to partake of these blessings during the Sumthemselves of the opportunity, but a vast number are ignorant of this advantage and almost of the existence of the country. have in scenery that which will fill the heart miles of our town we have mountain torrents; speeding and foaming over rocks on their beantiful scenery in variety of forms; the brightness and many hues of the sunset, which some declare, can only be equalled by

those of Italy. lis, N. S., with a feeling of awe because it has been the scene of hard fighting in days gone by. You are now welcome to walk across a bridge over the old moat, to get within earthworks of the old French fort, walk in and view the officers' quarters of days gone by. Here, too, you can gaze on the descend the subterraneous passage through the old pier built in 1640, the oldest pier in

Wander around the old fort and imagine the French and English into a hand-to-hand conflict, mount the ramparts and gaze with wondering eyes at the place where the hotly pressed by the English. If you have a suitable steamer to convey the expedit any grave doubts about the truth of this. grave-yard, which is also in the old fort. This is a very interesting spot to visit, the

There are many delightful drives in and near our town; around the three Bridges, Young's Mountain, and to Lequille River, where still can be seen remains of the earthpass Mr. Hoyt's without informing your You will be showed old gold ones, plowed of our beloved Order. Our Lodge meets especially those from Baltimore are always welcome. We have six good hotels in this town and you can get all the delicacies of the season for \$1.25 to \$2 00 per day; everything clean and neat and all the quietness you want. You can either stop at the 'American House" or the "Queen" or any

either shooting or trout fishing. For deep sea fishing we cannot be surpassed and all tourists from the United States are allowed to fish within the three-mile limit. We have two fine livery stables and horse-hire is very cheap. And now how to get here. Every-body in Baltimore knows how to get to Boston. After arriving there go to 228 Washington street, interview the agent of the D.

A. Railway, who you will find only too happy to answer all questions. Take a ticket for finest harbors in the world, with its beautiful surroundings; in fact, it is all British you know, and bristling with guns and its of dogs that daily empty the pail. But, oh! ticket so you can stop off at Annapolis, (for it is Annapolis Royal I am writing about) the stray dogs at all! They are well bred, well-fed and well cared for—with the exception magnificent and altogether lovely train service of the D. A. Railway you will want to ride farther. Heft my travelers at the office larly at about 10 o'clock. His benefactress, in Washington street, Boston. We will go listening for him, learned to know the tinkle Yarmouth S.S. Co., and see them on board thirsty lapping of his eager little tongue is of one of these magnificent steel ocean steamers where we are met by the most obliging and courteous officers that ever sailed salt water, from Captain to the Baggage Master, your feet on Nova Scotia soil. Then it is that you board the supperb train of the Do. your feet on Nova Scotia soil. Then it is you find the most courteous and hospitable in whom he is wise enough to confide. The people on God's great planet—this Earth— exchange of confidence and a mutual respect

ready to receive you at Annapolis.

Come, we welcome you, and after staying don't go back to your lovely city feeling bet ter in both body and mind, you can take my head for a foot-ball at your next great game between Philadelphia and Baltimore's picked JOSEPH P. EDWARDS.

SUMMER DAYS.

HAVE YOU HEALTH TO EN-JOY THEM?

If Not, Yake Hawker's Tonic.

Then Your Days Will be Days of Pleasur

Hawker's Nerve and Stomach Tonic makes the weak strong. It is a perfect restorative tonic, blood-builder and appetizer. It invigorates nerve and brain.

To eat well, sleep well, feel well. Is not this your aim? Whether disease, or worry or over-work has pulled you down, Hawker's Tonic will build you up.

Sold by all druggists and dealers at 50c. per bottle, or six bottles for \$2.50. Manufactured only by the Hawker Medicine Co., Ltd., St. John, N. B.

-The Amherst boot and shoe factory employs about 200 hands. Their sales last year tota'led nearly half a million dollars.

THREE TRUE FRIENDS

Who Keep Every Promise-Rheu matism Banished; Kidney Dis ease Takes Wings; Dreaded Indigestion not known—the Great South American Remedies.

Halifax Summer Carnival.

Halifax is making great preparations for the summer carnival to be held July 28th to 31st, which promises to be a most attractive affair in every respect. The chief feature will be the regatta, in which the crack oar men of the world and the champions of Can ada, England, United States and Australia are expected to compete in single and double scull and four oared races for large prizes; there will also be men of war races. The harbor illumination with warships electrically illuminated, procession of boats, fire-work display, bon fires on shore, search lights from forts, etc., will be a grand sight. Among monster bicycle meet, trotting and running races, including a \$500 free for all, pole matches, athletic and bicycle sports by elec tric light, garden concerts with music by military bands and numerous other attractions. Cheap fares are being arranged of railways and steamboat.

-Lieutenant Peary of Arctic exploration fame arrived in Halifax Tuesday night from descend the subterraneous passage through which soldiers, too hard pressed, could esSt. Johns, Nfid., where he will be engaged cape, and just at the edge of the old Fort, is for a fortnight or more transacting some preparatory business in connection with anothe north under Peary's command to obtain a large aerolite located by Peary on his last trip, and for other purposes. The expedition may start from St John's or from Heli French took their last stand, when being fax. The Arctic explorer is now looking for into the northern waters proposed to be Peary has the steamer Newfoundland in view, and that he will return to Halifax in spot where nobody lives and tourists go to two weeks to open negotiations for the chartering of that ship for the expedition.

Sleeping on the Left Side.

There is little doubt that an immense where still can be seen remains of the earth-works thrown up by the French in 1761, and let me advise those who do come, not to is said, be strictly healthy. According to an exchange, it is the most prolific cause you will be showed old gold ones, plowed up near the spot, each of them having a figure of a saint on the handle. As to societies we have a fine Lodge of Masons, and also the right side, and hence sleeping on the left side soon after eating involves a sort of an offshot of Washington Lodge, No. 1, of the LO.O.F. Baltimore, for be it remembered that I am writing now to the mother city of our beloved Order. Our Lodge meets of our beloved Order. Our Lodge meets every Tuesday night. Visiting brothers, as a lower beloved order. Wisiting brothers, it is best to cultivate the habit of always sleeping on the right side.

"Cold Water to a Thirsty Soui."

Rev. Isaac Baird, Templeton, Cal., well known in Canada; "I have tried K. D. C. and also the Pills, and find them just the thing—vastly better than what the doctor ordered. The very first dose of K. D. C. helped me and now that miserable headache is all gone, also that oppressed feeling that I have suffered from for months. I never mean to be without K. D. C. again; no medicine I have ever taken worked like it; it is like cold water to a thirsty soul. This is "Cold Water to a Thirsty Soul." icine I have ever taken worked like it; it is like cold water to a thirsty soul. This is the second time I have tried K. D. C. and there is no failure or disappointment."

K. D. C. brings solid comfort to those suffering from sick headache and that oppressed feeling. Test its merits now. Free sample to any address. K. D. C. Co., Ltd., New Glasgow, N. S., and 127 State street, Boston, Mass.

-A thoughtful lover of animals tells us Halifax, that grand old city with one of the that she keeps a pail of water on the grounds of her place in the country for any stray dog's streets lined with red coats. Have your the shame of it! [Many of the dogs are not but I am afraid when you get a taste of the only of the merciful cup of cold water. On

-- Many a successful business man owe his success to the keenness of judgment of a Total Income, partner whose name does not appear in the the business, and that partner is his wife, for each other's opinions would do much to wards making the wheels of domestic hap-

piness run along smootly. -In well-bred and well descended people there is a total absence of arrogance and assumption. A well-bred person does not fear to show kindness and consideration to the poorest, the humblest and plainest person, knowing well that such actions ennoble rather than hurt their gentleship. True gentleship comes from long growth and the culture of generations, and is second nature. Its

-Scoff as you will, the reading far me are the prosperous farmers; not because of ence only, nor because they learn what is done by other men, but because which has come to them through the mental evelopment and discipline which their reading has given them. Their intellectual powers are quickened and their business

-In case of being very near to premise or apartments where there is diphtheria, the simplest, yet effectual mode of fumigating is a few hot coals carried through the rooms. In this way the spread of the disease may be

-Minard's Liniment Cures Dandruff.

HAD HE KNOWN.

With Dr. Agnew's Cure for the Heart at Hand, Death From Heart Disease is Impossible Wonders of This World-Famed Physician's

Success has followed all of Dr. Agnew's specifics. With all the emphasis possible this is the case with his Cure for the Heart. Its effectiveness is marvellous. The very Its effectiveness is marvellous. The very paroxysms of death may seem to have seized the patient, and yet relief is secured with the taking of a single dose, and the continuation of the use of the remedy soon cures the worst case of heart disease. George Crites, customs officer, Cornwall, Ont., says; "I was troubled with severe heart complaint for several years. The slightest excitement fatigued me. I was under doctor's care for over six months, being unable to attend to

fatigued me. I was under doctor's care for over six months, being unable to attend to my business. No relief came to me, and it was only after I had scarcely dared to hope for oure that I used Dr. Agnew's Cure for the Heart, and in a comparatively short time it removed the disease altogether."

With careful, innate conservatism, yet recognizing its benefits, the Rev. John Scott, D.D., Presbyterian minister, of Hamilton, is only one of the many leading clergymen in Canada who, having used Dr. Agnew's Catarrhal Powder, has freely testified over his own signature as to its unquestioned beneown signature as to its unquestioned bene-its. It may be only a cold in the head, or the case may be a more aggravated phase catarrh, that has baffled other remedies, h this simple and pleasant remedy will give relief iu ten minutes, and entirely remove the difficulty. Sample bottle and Blower sent by S. G. Detchon, 44 Church st., Toronto, on receipt of 10c. in silver or stamps. Sold by S. N. Weare.

-Last November there was quite a stir in shipping circles at Philadelpia over the sailing qualities of the British ships Dunfion, Capt. T. J. Roberts, and Durham. Both sailed for Japan, the same day. The Durham is commanded by Capt. Farnham Dooty, of Yarmouth, N. S., and he succeeded in winning the race. His vessel arrived at Hioga, April 26th, and the Dunfion at Nagaski, May 30th. It was pretty close sailing, however, for such a long voyage. A purse of \$1000 had been arranged to be given to the captain of the winning ship.

-Both the great Canadian Railways, the C. P. R. and the G. T. R., show increased revenues, and they have advanced the wages of their employes. The same is true of the

-According to Mr. Gladstone the liquor traffic ruins more that is dear to humanity than the three curses of war, famine an

MISS LECAIN Millinery___ Parlor

Monday, the 6th of April,

English and American Styles. Rooms over Medical Hall.

IN THE SUPREME COURT. SOLOMON DREW, - Plaintiff,

THE NICTAUX FALLS MILLING COM-To be sold at Public Auction by the Sheriff of the County of Annapolis for his deputy, in front of the Post Office at Nictaux Falls, in said County of Annapolis, on

SATURDAY, the 4th day of JULY, A.D. 1896, AT TEN O'CLOCK IN THE FOREN

AT TEN O'CLOCK IN THE FORENOON,

All the estate, right, title, interest, claim and demand of the above named Defendants at the time of the recording of the judgment herein or at any time since, in, to and out of all the following described lot of land and premises situate in Nictaux aforesaid, bounded and described as follows:

Beginning at the south side of the Lunenburg read at the west end of the Nictaux bridge; the control of the Nictaux bridge; the nictaux bridge; the control of the Nictaux bridge; the control of the Nictaux bridge; th same belonging or in anywise appertaining and all the machinery contained in the mill on said premises, now occupied by the Defendants including one rotary mill, one cut-off saw, one cylinder stave machine, one shingle machine one head cutter, one bolting saw, one stave jointer, and all belting contained in said mill and other property in and about said mill belonging to the said Defendants. The same having been levied on under an execution issued upon a judgment in the above cause, duly registered in the office of the Registrar of Deeds at Bridgetown, in said County of Annapolis, for more than one year.

TERMS.—Ten per cent deposit at time of sale, remainder on delivery of deed.

EDWIN GATES,

EDWIN GATES,
Sheriff of Annapolis County
H. RUGGLES, Solicitor for Plaintiff.
Dated at Bridgetown, May 29th, 1896. 10 5i

THE MUTUAL LIFE INSURANCE CO. of NEW YORK.

RICHARD A. McCURDY, President

STATEMENT back and conduct them to the pier of the of his bell, the patter of his paws and the For the year ending December 31st, 1895. 194,347,157 58 the annual revenue of Canada Total paid Policy-holders in 1895

\$26,866,563 75 \$23,126,728 45 Insurance and Annuities in force \$899,074,453 78 Net gain in 1895 - \$61,647,645 36
Paid to Policy-holders since
organization - \$411,567,675 79

ROBERT A. GRANNISS, WALTER R. GILLETTE, SAAC F. LLOYD, FREDERIC CROMWELL, EMORY MCCLINTOCK, J. A. JOHNSON

General Agent, 87 Hollis St., - HALIFAX, N. S.

EXECUTORS' NOTICE! ALL persons having logal demands against the estate of JOHN LOCKETT, late of Bridgetown, in the County of Annapolis, Merchanical and the county of the state of the county of the same duly attested, with the county of the count

Bridgetown, April 13th, 1896. CAUTION!

All persons indebted to the estate of the late J. AVARD MORSE, either by accounts are hereby notified that or promissory notes, are hereby notified the all payments of the same must be made

W. D. LOCKETT, Executor, EUPHEMIA LOCKETT, Executrix

Flour! Flour!

Underclothing,

Winter Gloves,

Men's Overshoes

15 per cent Discount

Ladies' Carnival Overshoes,

Also a few pieces of Blue

ta The above must be closed out to make room for Spring Goods.

Just arrived, and bought before the advance, a large supply of Flour of the following well-known brands:

Serge Dress Goods.

Ladies' Rubber Boots.

"HORNET," "FIVE ROSES,"
"GOLDIE'S BEST,"
"GOLDIE'S STAR,"
"ACADIAN,"
"GOLDIE'S CRESCENT,"
"GOLDEN STAR."

Cornmeal, Feed Flour, Middlings, Shorts, Cotton Seed Meal, Oil Meal and

Wheat Chop. All for sale at lowest market prices. Choice Family Groceries

ALWAYS ON HAND. JOSEPH I. FOSTER,

GRANVILLE STREET. Bridgetown, March 11th, 1896.

NOVA SCOTIA CARRIAGE COMPANY AGENCY.

fire to inform my many acquaintance trangements have been made for me to that the Nova Scotia Carriage Company trille, organized a few weeks ago for the acture of a superior grade of vehicles o manuacture of a supersistance and descriptions.

The make of the establishment will be particularly confined to

LATEST NOVELTIES Light Single and Double Riding Waggons, Phaetons, Express, Grocery and other Delivery Teams, etc., etc.

JOHN HALL, Agent. Lawrencetown, April 14th, 1896.

BRIDGETOWN



THOMAS DEARNESS. Importer of Marble

Monuments, Tablets. Headstones, &c. Also Monuments in Red Granite, Gray Granite, and Freestone. Granville St., Bridgetown, N. S.

N. B.—Having purchased the Stock and Trade from Mr. O. Whitman, parties ordering anything in the above line can rely on having their orders filled at short notice, Bridgetown, March 19th, 89.

Spring Goods Now is the time to look for such goods as you equire for the Spring Sewing and for House

Mrs. Woodbury. t Kingston Village, has a fine stock of Ne pring Goods, consisting of Prints, Ginghams, Cotton Crepons

NEW BLACK GOODS, Such as Mohairs, Serges, etc. Silks for Waists in black, black and white and colors. Undervests from 5 cents to 25 cents each. Henp Carpets from 10 cents to 30 cents. Oil Cloths from 25 cents to 35 cents square yard,

Hemp Carpets from 10 cents to 30 cents. Oil Cloths from 25 cents to 35 cents square yard, in widths from one yard to two yards. Lots of Room Paper from 5c to 25c a roll, in very handsome patterns.

Linen Shades for Windows, fine colors. The largest lot of Boys' and Men's Clothing ever shown. All sizes.

Men's Caps and Hats just arrived. You should look at the Infants' Cashmere (loaks and Bonnets. You will want to buy for your friends if you do not for yourself.

Look at the nice Dibner Sets, Chamber Sets and Tea Sets.

Dally expected, a new lot of Bedroom Suites and other furniture.

Call and inspect goods, even if you don't buy.

ST. CROIX COVE, April 4th, 1895. Having been a sufferer for a number o years with some throat trouble, I was per suaded to try

Lingard's Cough Balsam. and found immediate relief. I would recom-mend it to all who are suffering from such diseases as Bronchitis, Coughs, Colds, etc. Yours truly,

Coal! Coal! HARDCOAL

CAPT. JOHN LONGMIRE. Bridgetown, May 5th, 1896.

Furnace, Egg, Stove and Chestnut. PALFREY'S CARRIAGE SHOP SOFT COAL OLD MINE SYDNEY. -AND-REPAIR ROOMS. Get my prices before buying.

Dorner Queen and Water Sts CEO. E. CORBITT. E subscriber is prepared to furnis public with all kinds of Carriages ries, Sleighs and Pungs, that ma-red. **CEDAR SHINGLES!**

Dr. J. Woodbury's HORSE LINIMENT

Is Infallibly the Cure for Horse Distemper, Coughs, Colds, Thickness in Wind Enlargement of Glands, Affections of Kidneys.

AND APPLIED EXTERNALLY IT HAS NO EQUAL:

Men's Heavy Serge Suits. In 1892 this Liniment had a sale of 25,000 bottles. Anyone who has ever used it would not be without it fo ten times the cost. Write to us for testimonials.

> PRICE 25 CENTS PER BOTTLE Sold by all Druggists and General Dealers. F. L. SHAFNER.



There is ease for those far

gone in consumption—not

Scotts Emulsion.

of Cod-liver Oil is for you,

SCOTT'S EMULSION

Business

Bargain

Sales

AT LAWRENCETOWN.

300 lbs. Tea at 25c per lb.

B. W. B. & CO.

This Insect Powder

the Highest Grade Manufacture

Put up in \-1b. Sifting Tins and in bulk.

Agents-ST. JOHN, N. B.

N. B.—Our Sifting Tins contain from 1 to a more than other makes.

A. BENSON,

UNDERTAKER,

BRIDGETOWN.

FINE CLOTH-COVERED

and HIGHLY-POLISHED

Powdered

Dalmation

OTHER GOODS EQUALLY LOW.

Pyethrum

DOMINION ATLANTIC RAILWAY!

Land of Evangeline" Route On and after Monday, 2nd March, 1896, the trains of this Railway will run daily,

(Sunday excepted).

Trains will Arrive at Bridgetown: Express from Halifax.... 11.26 a.m. Express from Yarmouth... 2.01 p.m. Accom. from Richmond... 4.30 p.m. Accom. from Annapolis... 6.30 a.m.

Trains will Leave Bridgetown: has been endorsed by the medical profession for twenty years. (Ask your doctor.) This is because it is always polatable—always uniform—always contains the puress Norvegian? Onliver Oil and Hypophosphites.
Insist on Scott's Emulsion, with trade-mark of man and fish. Express for Yarmouth... 11.26 a.m. Express for Halifax 2.01 p.m. Accom. for Halifax...... 6.30 a.m. Accom. for Annapolis.... 4.30 p.m. Change of ROYAL MAIL

S. S. "PRINCE RUPERT." DAILY SERVICE. ST. JOHN and DICBY. Leaves St. John..... 8.30 a.m. Leaves Digby...... 1.00 p.m. Arrives in St. John...... 3 45 p.m.

Buffet Parlor Cars run daily each way be-tween Halifax and Yarmouth on Express Trains.

Trains are run on Eastern Standard Time.



THE QUICKEST TIME. 15 to 17 hours between Yarmouth and Boston. Two Trips a Week.

"YARMOUTH," Will leave Yarmouth for Boston every WED-NESDAY and SATURDAY EVENING after the arrival of the Express train from Halfax. Returning leaves Lewis' Waarf, Boston, every TUESDAY and FRIDAY at 12 o'clock, noon, making close connections at Yarmouth with the Dominion Atlantic Ry, and coach with the Dominion at Hartic Ry, and coach of the training that the property of the training that the training training that the training training that the training train

L. E. BAKER,
Pres. and Managing Directo
W. A. CHASE, Sec. and Treasurer. J. R. ELLIOTT

& CO., DEARBORN & CO. FRUIT and PRODUCE

BROKERS. LAWRENCETOWN

ST. JOHN, N. B.

We now have splendid ware house facilities in St. John, and Special Freight Rates to all points in New Brunswick and Prince Edward Island.

Agency for

ARTHUR PALFREY.

Caskets and Coffins of every description kept constantly on hand. Your Consignments are Solicited. dearse sent to any part of the County when required. J. R. ELLIOTT & CO

> Orders from a distance met with pr Bridgetown,"May 7th, 1895. THIS IS THE PLACE TO BUY

CLOTHING. Men's Shirts. Boots and Shoes. Scientific American CHILDREN'S BOOTS.

B. STARRATT. Paradise, June 4th, 1895. NEW

Room Paper

J. ELDERKIN.

The Rousehold.

woman is the sense of cleanliness about her the bloom on her sweet skin, the lustre in her hair, the sparkle of her teeth. This cleanliness it is her wise effort to maintain, and if the least particle of what is known as "making-up" should become apparent about-her, she knows her charm is lost. The rougepot, the hare's foot, the pencil for the eye brows, the coral lip-salve—if there is a sus picion of the use of any of these, there will be left a hint or suggestion of uncleanliness in the beholders mind, which utterly destroys anything accomplished by skill in the pictorial line; for no one who is not virtually an artist can use these articles so that she covered bears not only the stigms of having failed in her purpose, of the vanity of caring too much for her appearance, but of having tried to cheat and been unsuccessful in that also. For the woman who makes up in her ressing room never knows exactly what of out-doors, and she who powders and paints and pencils in the daylight has no notion of the effect of her work by candle light; and she who puts on her bismuth and her antimony, and goes to a ball or theatre does not know at what moment the gas from the chandelier, or from other sources, is to streak her with mouldy green and bistre-brown and

The good grooming of the bath, the brisk rubbing of the brush, is really all sufficient wherever there is any good degree of health. Those whom that does not make lovely will never look lovely in false colors; and it will ake every one who is at all wholesome and nealthy look more so; and in the long run the wholesome look is the greatest attraction of faded, the perfectly healthy woman who never had beauty is bound to be more attractive than she who has neither beauty nor health, health itself being a beauty, and continuing a beauty into old age.

recovery-ease. There is cure for those not far gone. -" Dressmaking should be just as muc There is prevention for the part of a liberal education for a girl as those who are threatened. manual training is for a boy. If a boy can't use a tool intelligently, he is a poor specimen of a Yankee, and if a girl can't mend her lress neatly, she is not fit to take upon her self the care of her own children later in life. even if you are only a lit-In these days of ephemeral fortunes, what young woman is sure, though she may marry a millionaire, that her circumstances will always allow her to pay for the sewing of

These words were uttered by a woman of and views, in an appeal to some women whose aid she wished to solicit for the establishment of a free dressmaking school.
"It is the very backbone of the home which is the State," she continued. "An in-telligent knowledge of domestic labor, which is woman's duty, and which, when ignorantly performed, whether it be in the kitchen of

the sewing room, serves equally to hazard the fortunes and health of the family, is an absolute necessity to-day.
"We want, right here in New York City, free dressmaking schools, where poor girls can learn to sew and mend and make their own clothes, and the drudgery of it all shall no longer be called by that unpleasant word but, rather, the clothing one's self shall be a

delight and an easy matter." Why One Feels Chilly When Lying Down. AT COST: 500 pairs Boots and Shoes. BELOW COST: 200 pairs Boo ts

The reason is simply this. Nature takes the time when one is lying down to give the heart rest, and that organ consequently makes ten strokes less a minute than when one is in an upright posture. Multiply that 38 lbs. Oatmeal for \$1.00. by sixty minutes, and it is six hundred thousand strokes, and as the heart pumps J. R. ELLIOTT. lifts thirty thousand ounces less of blood in a night of eight hours spent in bed than when one is in an upright position. As the blood flows so much more slowly through the veins when one is lying down, one must supply

then with extra coverings the warmth usually furnished by circulation. Cinerariæfolium

Company manners are, by all odds, the worst element that ever entered into a family. Just why people should indulge themelves in all sorts of careless, indifferent, and ill-bred habits when they are alone at home, and polish when somebody calls, is one the many mysteries of this very mysterious thing we call life. How much easier it would

be to maintain the steady, uniform deportment, to follow out the same theories and hold to the same principles Sunday and week days, storm and shine, alone or in society. Insect flowers

-It is curious how fashions change. Fifty years ago the "die-away" girl, who wooned into the nearest pair of manly arms at the sight of a cow, and wept her eyes red at the death of a favorite poodle, was all the rage. The healthy girl of to-day has no time or such frivolities. Tender her heart is. and true as steel, and her pretty face is pangled with healthy freckles, maybe: bu she never swoons, and nothing less ferocious than a tiger—or mouse—would cause her cheek to blanch with fear. The old-fashioned girl was good and lovable, but he must be a bold man who would maintain her to

be better and more adorable than the athletic girl of to-day.

Oatmeal Drink. Take one-third of a pound of fine oatmeal ne-third of a pound of sngar, one lemon and pare it very thin, leaving the white covering as far as possible untouched, peel off this white portion, then slice very thin, removing all pips; these two last-named parts tend to spoil the drink by making it very bitter. Put all these into a three-pint jug, mix into a paste with cold water, then pour boiling ater on them, stirring until the jug is near ly full; let it stand for 12 hours; then add two quarts or five pints of cold spring water. It is then fit for use, This drink is nourish

ing, thirst-quenching, cooling and satisfying. Ivy Around Houses. The growth of ivy on the walls of houses renders the walls entirely free from damp, the ivy extracting every particle of moisture from wood, brick, or stone for its own sus-tenance by means of its tiny roots. The over lapping leaves of the ivy conduct water

falling upon them from point to point until it reaches the ground, without allowing the walls to receive any moisture from the rain. Suggestions for Mothers. The children whose mothers have no time o pet them are to be pitied.

To amuse children and to romp with them is sometimes quite as much a religious duty as to pray for them. as to pray for them.

A nervous, worn-out fretful woman is not a fit associate for a sensitive, impressionable child who reflects the passing moods of those about him as in a looking glass.

The constant use of smelling salts and strong perfumes has been known to destroy the sense of smell. Many women are in the habit of snifting at smelling bottles whenever they enter a railway carriage or a crowded place of entertainment, and the constant irritation of the nerve endings leads to their injury, which may even be permanent. Headaches and red noses are also said to be due to the abuse of the smelling-bottle. Central Book Store

At the present day the first charm of a

"I'Twarn't no good," he answered, shortly.
"I've been lookin' the matter up some since then, an' I find I left out a hull lot. Is the old trough down in the old five-acre lot all

"Henry cleaned it this mornin'," she said. "Henry cleaned it this mornin," see said.
"All right," he returned, bending to his
work again. "I'll put in 'good bathin' within easy walkin' distance of the house."
"Ain't that a lie, Hiram?" she asked,

"It would be a lie if I said anythin' about swimmin', but that trough is good for bathin'. Is the windmill workin' all right?"

He went at it with the pencil again, and a few minutes later he read the Running water not ten yards from the

Maria shook her head. 'Mebbe it's all right," she said, but it don't seem so to me. I s'pose you put in something about the lawn, too."
"Of course I did," he replied. "I said it

was a lovely lawn an' almost limitless. I'll paint 'lawn' on a board an' stick it up in the old hay-field 'cross the road. Then I said: 'Fish within a mile '____" "Fish," she said, "there ain't any fishin'

20 miles of here." Parker's general store, not more'n a mile from here, for I see a box of sardines there

"I s'pose you've got in somethin' about fine shade-tree," she said, resignedly.
"Of course," he answered, "and that ain't no lie, either, for you know there's a whole only thing that kinder hurt my conscience was the 'cool nights.' I reckon that was a straight lie, but we've got to lie some if we go into the summer resort business, an' they'll find everythin' else just as advertised." And having thus squared himself with his conscience he added something about no squitoes and mailed the advertisement to

The Two O'clock Train.

o'clock. The travelling man had impressed upon the night porter in the hotel the importance of calling him in time for this train. Promptly at 1.30 a prodigious knock roused

o'clock thrain?' "Yes," was the sleepy reply from within. "Well, ye can slape an hour longer, for

and silence ensued. Another hour had passed, when Pat again knocked. "Say! be ye the felly what said he wanted to ketch the two o'clock thrain?'

nastily springing from his bed. "Well," drawled Pat, "ye can go back to ped again, for she's another hour late." A forcible remark or two proceeded from A forcible remark or two plants the travelling man's room, and were audible by sixty minutes, and it is six hundred strokes. Therefore in eight hours spent in parture of Pat; but soon all was quiet again; lying down the heart is saved nearly five and the few occupants of the hotel were lef ing the sky Pat once more made his presence known and, in terms giving unmistakable evidence of recent and heavy slumber, re-

marked: to ketch the two o'clock thrain, ye can slape till mornin', for bedad, the blame thing's

A Question of Courtesy. "Been riding your wheel?" asked the whole man pleasantly.

The man with chunks missing from vari-

"Part of my scalp is gone, isn't it?" " Yes." A furrow has been gouged along on

" Yes." "There are bandages upon various parts of my body, aren't there

"Delicate compliment to me!" "Yes it seemed more courteous than to

-The man in the bicycle sait laughed

"Very funny," he said. "What? asked the man with a large secplied the man in the bicycle suit. "Let's see them," said the man who we

he paper. "The best one isn't there," said the man "What do you consider the best one?" "Don't ride," answered the man whose nose stood in need of grafting, and then he

carefully put a large piece of court plaster where it would do the most good.

Miss Kissam-You seem depressed to

Miss Kissam-But, Mr. Dexter, no fortune

An Advertising Expert. The Chicago Post describes an old farmer

Joker's Corners

"It's derned hard writin' adverti Maria," he said, at last, "when you don't

"The boys say it's a little cranky yet, but

'Who's talkin' of fishin'?" he demanded. "I said 'fish," and I know there's fish at Cy

the sleeper.
"Say! be ye the man what wants the two

The heavy feet shuffled off down the hall.

"Yes!" and there was a sound of the man

ous parts of his person looked at the whole

"Then why do you deem it necessary to ask me if I have been riding the bicycle?" "As a delicate compliment to you. I

ask you if you have been letting the bicycle

tion of skin gone from his nose.
"Why, these "Don'ts" for bicyclists, re-

The man in the bicycle suit handed him with the fantastic nose, shortly. "If it was the rest wouldn't be necessary." asked the man with the bicycle suit.

occupied friend, whose mind is weighed with thoughts of things extraneous to family affairs; but wishing to be agreeable he asked after the family, and, of course, the baby. "we had the little fellow christened on

"Indeed!" said the pre-occupied one with an air of interest, and then inquired: "Was it on the arm or on the leg?"

night, Mr. Dexter. Mr. Dexter-Yes, I am. I went to a for-

teller is authorized to speak for me. bitin' the lig off av the butcher-bye!
Mistress—Dear, dear, how dreadfully annoying! I do hope he was a clean boy, Mary!

-Purify your blood with Hood's Sarss rilla, which will give you an appetite, i your stomach and strengthen you herv

tune teller to-day to find out my fate, and was told that the girl I loved would not marry