TH TALK

FLUENZA OR GRIP LEE H. SMITH.

is with us again, and nt a German or a germ. a good fight, and not be fluenza runs a very brief e patient is careful, and ystem in good condition he poisons which tend to hin our bodies, we can ease. Remember thes an mouth, a clean skin, ils. To carry off poisons n and keep the bowels es of a pleasant laxative Such a one is made leaves of aloe, root of d Dr. Pierce's Pleasant monade should be used ed by a cold, and the be put to bed after a hot.

e attack of bronchitis or l to control the pain, hould be obtained at the d one given every two onade. The Anure tab-iscovered by Dr. Pierce, flush the bladder and ineys, they carry away isons and the uric acid. t that broths, milk, but-eam and simple dies rly to strengthen the sys-se the vital resistance. se the vital resistance. inished by the use of the but in addition, the fore-1 hands may be bathed pid) in which a table-ratus has been dissolved fter an attack of grip or build up and strengthen ain at the drug store a , called "Irontic" Tab-il known herbal tonic, Iden Medical Discovery.

otioneer

ELLIOT.

d Auctioneer county of Lambton. on to all orders, reasonable s may be left at the Guide-

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WELL. PH. B., M.D ., M. B M. A., England, County of Lambton ford, Ont. St., next door to Merchants -Front street, one block cash

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IDDALL, M. D.

GUIDE-ADVOCATE "ATFORD, JANUARY 31, 1919

ACETYLENE LIGHT PAYS MIDDLE AGE It Gives Safe and Efficient Ser-

vice at Reasonable Cost.

CETYLENE lighting is not by

homes here and there in village and countryside in which this

system of lightning has been in use

for many years. Many improvements have been made in the mechanism of

the plant, so that now this system

is considered to be absolutely safe and reliable if it receives reasonable

care and attention. The cost, of course,

is rather more since the war, but

even at the present price it is an in-

vestment that will return high dividends, probably not always directly

in dollars and cents, but in better

health, more comfort, less labor and

genuine satisfaction for those living

in the home, because acetylene gas in

burning produces less heat, consumes

less oxygen and forms less carbon dioxide than kerosene, for example,

and makes a far more brilliant light than even electricity, and it is easier

on the eyes. It may also be

used for cooking in the house and it

is also well adapted for street lighting of villages and small towns.

The accetylene lighting plant con-sists of a gas generator, gas service piping, and gas jets or chandeliers. The generators vary in size accord-ing to amount of gas required, one for the home being, of course, much employ than their required for a large

smaller than that required for a large

institution or village. The chief parts of the generator are: Water chamber, carbide holder, gas holder,

gas filter, gas washer, gas intake pipe, feed pipe, safety vent, sludge agitator and automatic carbide feeder

device. The generator for a home requires only a few square feet of space, as it is very compactly con-structed. It is usually placed in the

basement, and it is very important that it be kept safe from frost.

The operation of the plant is as follows: The chemical substance used

for making the gas is calcium car-bide, the same material that is used

in bicycle lamps, for instance. Auto-matically this chemical is fed into the water chamber as fast as the gas is used in lights. In contact with the

water it forms, a gas known as ace-tylene gas, which collects in the gas holder from which is passes through

small iron pipes to the lights. In the

Need Help to Pass the Crisis Safe-ly—Proof that Lydia E. Pink-ham's Vegetable Compound To Ensure Strong and Healthy Foals. Pregnant Mares Must Be Given Can be Relied Upon. Exercise, Be Property Fed and Have Careful Stable Attendance. (Contributed by Ontario Department of Agriculture, Toronto.)

Urbana, Ill. — "During Change of Life, in addition to its annoying symptoms, f had an attack of grippe which lasted all winter and left

WOMEN OF

all winter and left me in a weakened condition. I feltat times that I would never bewell again. I read of Lydia E. Pinkham's Vege-table Compound and what it did for

and what it did for women passing of Life, so I told my doctor I would try it. Isoon began to gain in strength and the annoying symptoms dis-symptoms dis-programmend Lydia E. Pinkham's Vege-table Compound too highly to women passing through the Change of Life." —Mrs. FRANK HENSON, 1316 S. Orchade St., Urbana, III. Women who suffer from nervousness,

Women who suffer from nervousness, "heat flashes," backache, headaches and "the blues" should try this famous root and herb remedy, Lydia E. Pink-ham's Vegetable Compound.

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(Established in 1875 JOHN W. KINGSTON PRESIDENT JAMES SMITH VIC ALBERT G. MINIELLY THOMAS LITHGOW VICE-PRESIDENT LY DIRECTOR DIRECTOR GUILFORD BUTLER DIRECTOR DIRECTOR JOHN PETER MCVICAR OHN COWAN K. C. J. F. ELLIOT ROBERT J. WHITE ALEX. JAMIESON FIRE INSPECTORS P. J. MCEWEN W. G WILLOUGHBY, MANAGER AND WILLOUGHBY, MANAGER AND Watford. SEC.-TREASURER PETER MoPHEDRAN, Wanstead P. O. ent forWarwick and Plympton

soon to provide nourisument; and these should be fed in quantities proportionate to the size of the ani-mai and the grain in proportion to the amount of work or exercise given. In addition she should be given a few raw roots daily, and a feed of bran with a cupful of linseed meal bran with a cupful of linseed meal at least twice weekly. She should al-so be given all the good water she will drink at least three times daily. A pregnant mare should, where possible, be provided with a large, comfortable box stall when in the stable. This, we may say, is neces-sary after the ninth month of gesta-tion, as parturition may take place at any time after this.—J. H. R., D. A. College, Guelph. any means a new thing in this country as there are

FARMING AMONG INDIANS.

Agricultural Campaign Has Met With Success

A greater production campaign among the Indians of Canada was launched last spring by Hon. Arthur Meighen, who, as Minister of In-terior, has the Redmen under his. particular care. Reports received by the Minister show that the campaign has been an established success. The has been an established success. The Indians made special efforts to in-crease production, and their crops are the best in the history of the readeline redskins.

1917 the Indians had under In 1917 the Indians had under crop 70,688 acres, and this year there was cultivated 82,421 acres, a note-worthy increase. The total yield of grain was 1,350,324 bushels as against 1,273,659 bushels in 1917, an increase of 76,659 bushels. There was an increase in the root crop of the Indians by nearly half a mil-lion dollars. The total value of the crops is estimated at \$2,834,149, as against \$2,351,807 in 1917. The increases in Ontario are par-ticularly noteworthy and give evi-In

The increases in Ontario are par-ticularly noteworthy and give evi-dence of rapid progress among the Indians of the province. The Ontario campaign among the Indians was well organized. A series of meetings on greater production was held on all the reserves. These meetings were well attended and arrangements ware mede for the Indians to form were well attended and arrangements were made for the Indians to farm more land to take over vacant lands. In consequence practically evry acre of cultivable land on Indian reserves in Ontario was utilized either in the raising of crops or pasturing of cattle. Competitions were organized with prizes for the best errors and with prizes for the best crops, and this did much to stimulate interest. During the winter of 1917-18 short courses in agriculture were given in Mount Eigin Institute, Muncey, the Mohawk Institute, Brantford and the Shingwauk House, Sault Ste. Marie. These courses consisted of lectures and the stock with demonstrations were a live stock with demonstrations were also given. At the close of each course, examinations were held and prizes given to those obtaining the highest standing. The reports show that the Indians at Deseronto, Mun-cey and Sarnia had particularly fine crops — as good as any in the pro-vince vince.

Eugenie Robin, 17 years old, of Saskatoon, was recently dragged a mile under a buggy attached to a A new farm was started at Fort William reserve and at the request of the band the Department authorized an expenditure of \$27,000 from band funds in connection therewith.



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RY FARM rn Cattle and oln Sheep three registered cows rling heifers for sale ne can afford to pay. bull calf ten months' er of shearling rams os for sale or hire at

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most modern plants no gas can pos-sibly be generated except as it is re-quired, hence there is no chance, as was true of earlier types of plants, for the gas to accumulate under pres-sure in the plant and leak out, and become ignited by a raw fame. rebecome ignited by a raw flame, re-sulting in an explosion. The auto-matic feed should be examined occa-sionally and every care taken to keep sionally and every care taken to keep it in first-class working order. The directions that come with the plant should be followed accurately and religiously. The writer knows of sev-eral plants owned by farmers for many years, and in all cases under proper care the results have been in the comparison of the second second second proper care the results have been in the second s proper care the results have been very satisfactory. What does it cost? This question can be an-swered very generally as costs vary with size of plant, etc. In gen-eral I would say the initial cost would be about \$200, including gen-erator, pipes, chandeliers and the work of installation for the average-ised form home. The cathide for a sized farm home. The carbide for a year will cost in the neighborhood of \$12 to \$15. Detailed information lege, Guelph.

Winter Care of Pregnant Mares.

Those who have had experience in horse breeding have noticed that a considerable percentage of the spring colts, especially those born before the mares are on pasture, are weakly, often not able to stand, and some times without sufficient ambition to nurse when held up and the teat in-troduced into the mouth. It will also be observed that foals of this description are usually those of dams that have been pampered during the winter months—those that have been well fed, and kept in the stable most of the time without exercise. The pregnant mare should be well

The pregnant mare should be well fed and given regular exercise or light work. The idea that she should not be well fed is not uncommon. The foetus is daily increasing in size. This growth does not take place without nutriment. The nutriment must be supplied by the blood of the dam and as nutriment is not a normust be supplied by the blood of the dam, and, as nutriment is not a nor-mal product of the blood, but is sup-plied by the food the animal eats, we can readily see that the pregnant animal has not only her own tissues to nourish, but also those of a grow-ing foetus, which, in the latter months of gestation is no small mat-ter. Hence we see that the prement ter. Hence we see that the pregnant mare requires more food than her non-pregnant sister of the same size that is doing the same work. Good hay and outs are the foods to be relied

this year ploughed sixty acres and have erected first-class buildings, the lumber being manufactured on the ground from a portable sawmill. The farm will be largely for stock to be raised for individual Indian farmers.

Special efforts were made this year to place under cultivation much of the splendid land on the western the splendid land on the western Indian reserves. In order to expedite work and utilize the services of the Department's staff to the best advan-tage, Mr. Meighen appointed Mr. W. M. Graham, Inspector of Indian Agencies for the Southern Saskatche-wan Inspectorate, as Commissioner for the Provinces of Manitoba, Sas-katchewan and Alberta. Mr. Graham, who was given sole charge, has suc-ceeded in placing large new areas under cultivation. The real fruits of his campaign will not be noticeable until next season. In addition to the large areas placed under cultivation by the Red-

placed under cultivation by the Red-skins large tracts have been leased to whites for wheat farming or grazto whites for wheat farming or graz-ing. For instance, on the Blackfoot Reserve in Alberta two large farms with an acreage of from two to three thousand acres have been started. A greater production farm has been started by the Department on the Blood Reserve, and there have been purchased seven large Rumeley oil-pull enzines, capable of Bloughing

purchased seven large Rumeley oil-pull engines, capable of ploughing from 22 to 28 acres a day. On the Saskatchewan reserves the same progress has been made. A. Greater Production Farm of two Thousand acres has been started on the Assiniboine Agency, south of Sintaluta. Sixty brood sows have been secured for this agency and the Indions are planning to go into hog Indians are planning to go into hog production on a large scale. A five-thousand-acre farm has been started on the Crooked Lakes Agency, north of Broadview. Temporary bunk-houses, cook-houses, blacksmith of Broadview. Temporary bunk-houses, cook-houses, blacksmith shops and stables have been erected

shops and stables have been erected and big results are looked for next year. A similar five-thousand-acre farm has been started on the Mus-wood Reserve six thousand acres have been leased for grazing. Through the efforts of Mr. Graham the shortage of feed was partially alleviated in Alberta. Mr. Graham the reserves in Northern Alberta, which previously had never been cut. It is estimated that this saved fifteen thousand head of cattle. Marked progress is reported as

runaway horse. Her whole body was badly cut and bruised and one leg broken, but otherwise she miracu-lously escaped injury.

creased production.

An Irish Improvement. Boyle-Is O'Brien any better, do byle—Yis, he was out av his head

province in a new agricultural coun-try are making remarkable progress in farming. On the coast the Indians are rapidly realizing the necessity of cultivating the soil, in view of the constant depletion from year to year in the supply of game and fish foods. Every effort is being made by the De-partment's officers in British Colum-bia to further the campaign for in-creased production.

Dragged a Mile by Runaway Horse.

all night. But he's back in again this mornin'."

Prisoners In Germany.

The conclusion of an armistice be-tween the Entente Allies and the Central Powers means the liberation of Canadians held as prisoners-ofwar. In the neighborhood of 2.800 war. In the neighborhood of 2,800 Canadian soldiers have been taken by the enemy since the outbreak of war. Of these a few have escaped, some have been repatriated by ex-change, or have been interned in Switzerland, and some have died in captivity. The great majority of the 2,800, however, were in German prison camps; few, if any, are held by Austria.

School Lesson an Eye-opener. In a Fort William school recently the little folk were required to write compositions on the old familiar, "How I Spent My Holiday," and one ot naively but conscientiously wrote that she had not done much as she had a "sore throat and rash." The school nutse thereupon discovered that the youthful essayist was in a fine state of peeling after scarlet fever.

Toilet Table Jags.

After firing up on an "after shav-ing" lotion, a man named Raymond bit a Kitchener policeman who sought to curb his joy. At another western town a citizen confessed that he had imbibed disastrously of Florida water while celebrating the news of prospective peace.

Bees Chase Police Officers.

When Provincial Officers Smith of John Petrysnzian, an Austrian liv-ing in Sandwich East, near Wind-sor, Petreysnzian liberated a swarm of bees, which charged the bluecoats and soon had them in retreat.

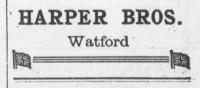
Wife-desertion Is a Habit. wheedesertion is a Hadit. Wife desertion has latterly become epidemic in Calgary, the Associated Charities reporting thirty-nine fami-lies abandoned by their respective heads during the month of Sep-tember tember. 1400 A.L.S. Lak

do that the Mason & Risch has held the standard in Canada for so many years.

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If you are thinking of a piano come in and see our models-and you will let us put a Mason & Risch in your home.

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"English may be the official language at the Peace Conference." But they're likely to "talk turkey" to Germany.

Miller's Worm Powders, being in de-mand everywhere, can be got at any chemist's or drug shop, at very small cost. They are a standard remedy for Worm troubles and can be fully relied upon to expel worms from the system and abate the sufferings that worms cause. There are many mothers that re-joice that they found available so effec-tive a remedy for the reliet of their children. m