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HARRIS & CO.
 PROPRIETORS

Guide-Advocate
 HARRIS & CO. PROPRIETORS

WATFORD, SEPTEMBER 21, 1917

NOTE AND COMMENT

The allies have disabled 40 German divisions on the western front in a month. The so-called impregnable line may not be so impregnable as it appears.

Men familiar with packing say that, years ago, bacon sold at only twice the price of live hogs. However, curing and cold storage then had not been so "scientifically developed."

The New York Herald hasn't much use for the discussion about calling the soldiers "Sammy's," thinking Americans good enough, and sagely remarks: "It may be noted that the Canadians have been able to do a good deal of fighting even though a lot of persons haven't worried over giving them a nickname."

Fifty years ago there were 100 flax mills in Canada, but at the time the war started three years ago the industry was extinct. At best eight or nine factories were in operation. The industry has been revived by the war, and during the coming winter there will be 30 or 40 mills in operation. The Ontario farmers planted 8,000 acres this year of this crop the uses of which are perhaps more varied than any.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh.

Send for testimonials, free.
 F. J. CHENEY & CO., Toledo, Ohio.
 Sold by all Druggists, 75c.

What would be the Consequence?

If certain parts of and certain classes in Canada had done in the matter of enlisting what other parts and other classes have done, the number of enlistments would not be over one hundred thousand. If Britain and France had done no better than this, Germany would have over-run Europe and would have become absolutely masters. They would have done more. They would have become the possessors of by far the strongest navy in the world, and by means of it have dictated terms to the nations of the world. While the United States would have been left with a territory and internal independence intact, the Monroe Doctrine would have been torn to ribbons and South America would become a colony of Germany, and a crown colony at that. Of this there is absolutely no question. This being the case, what are those parts and those classes going to say for themselves? Is that what they want? Are they willing to put up with that fate? In that event what about an "Independent Canada" or a "National Republic" on the banks of the St. Lawrence? When put in this bold outline, which is strictly in accordance with conditions as they would be in the event of a German triumph how can non-enlistment be excused? This is as certainly Canada's war as

NOBODY KNOWS

what may be the result of a neglected cut. Many a serious case of blood-poisoning has resulted from just such a small injury. All the suffering and expense which this entails can be avoided by the timely use of Zam-Buk.

Zam-Buk, immediately it is applied to a wound, destroys all germs, thus preventing their accumulation, which is the cause of blood-poisoning. When the sore place is thus thoroughly and medically cleansed by Zam-Buk the healing essences in the balm grow new tissue, and a speedy cure is effected.

Be prepared for every little cut or scratch by always keeping a box of Zam-Buk on hand. It is equally good for burns and scalds, as well as for eczema and all skin troubles, chronic sores, bad legs and piles. All dealers or Zam-Buk Co., Toronto. 60c. box, 3 for \$1.25.



that there is a sun in the sky, and this would certainly be Canada's fate if Germany were successful, and Germany would certainly be successful if Britain, France, Italy and certain parts of Canada had done no better in the way of enlistment than other parts of Canada. What have those other parts to say about it, and what are they going to do about it?

Cooking Potatoes

Paring and cooking is the most wasteful method, and added to this some cooks soak the potatoes in water after they are pared. Starting to cook them in cold water also adds to the amount of waste.

Twice as much nutritive matter is lost if paring is done before boiling as there is if it is done after boiling, not figuring the waste in cutting away the potato. The juice of the potato contains 85 per cent. of the protein and 85 per cent. of the ash, and these substances are easily extracted when the protection of the skin has been removed.

A pared potato soaked from three to five hours loses about three times as much of its mineral matter and seven times as much of its protein as one that is pared and immediately cooked.

In the most wasteful method of cooking, paring, soaking and starting to cook in cold water the loss of protein is 51 per cent., and 39 per cent. of ash. When cooked with the skins on potatoes not soaked and dropped into boiling water lose only 1.6 per cent. of protein and only 4.9 per cent. of ash.

Baking and steaming are the most economical methods of cooking potatoes when fuel is considered. Potatoes cannot be baked well in a slow oven.

Only Twenty Years Ago

(Peterborough Review.)

Ladies wore bustles.
 Operations were rare.
 Nobody swatted the fly.
 Nobody had seen a silo.
 Nobody had appendicitis.
 Nobody sprayed orchards.
 Cream was 5c a pint.
 Most young men had "livery bills."
 Cantaloupes were muskmelons.
 You never heard of a "tin Lizzie."
 Advertisers did not tell the truth.
 Nobody cared for the price of gasoline.

Farmers came to town for their mail.

The hired girl drew one-fifty a week.

The butcher "threw in" a chunk of liver.

Folks said pneumatic tires were a joke.

Publishing a country newspaper was not a business but a pastime.

Jules Verne was the only convert to the submarine.

You stuck tubes in your ears to hear a phonograph, and it cost a dime.

Only \$14,500 was collected on the latest tag day in Toronto and the fact is taken as evidence that people there, as in London, are tiring of being "tagged."

German airplanes which recently raided England carry three men and drop bombs from a height of 13,000 feet. On the return journey they rise to a height of 20,000 feet.

Ex-Deputy Sheriff Thos. Shirley Dies

(Vancouver Daily Sun, Thurs. Sept. 6)
 "Friend after friend departs, who has not lost a friend." Thomas Shirley, 1054 Tenth avenue west, passed away quietly Tuesday evening while resting after a short walk he had taken after dinner. Big, robust, honest "Tom" Shirley, who in Vancouver did not know him? Honest as the day was long, generous as the sunshine in August, genial as a bright May morning; in fact, a great big likeable man. In the western vernacular "a good fellow to tie to."

Mr. Shirley had been missed from the streets for a few months past. He had been suffering from one of these insidious internal diseases that gradually wear down the strongest constitutions, but he always kept his cheerfulness.

He was a deputy sheriff for 19 years but he was the antithesis of what a bailiff is supposed to be and many a one in Vancouver on whom he had been forced to levy will remember him only to bless him because many a time he went down in his own pocket to relieve the distress of those on whom he was forced to serve a distress warrant.

He was born in Watford, Ont., in 1850 and started west early in life. After living a few years in Brandon he moved to Vancouver in 1887 and resided here continuously ever since. He is survived by his wife, two daughters, Ina and Nora, and one son, Ernie.

The funeral will take place this afternoon. It will be private and it is requested that no flowers be sent. Service will be held at St. Paul's Church at 2.30.

Fall Fair Dates—1917

Strathroy.....	Sept 17-18
Petrolia.....	" 20-21
Bosanquet.....	" 20-21
Sarnia.....	" 24-25-26
Forest.....	" 26-27
Glencoe.....	" 27-28
Brigden.....	Oct 2
WATFORD.....	2-3
Wyoming.....	4-5
Florence.....	4-5
Alvinston.....	-10

It is reported that a Chinese Division is being organized for service in Europe.

Judge MacWatt's Selection for Military Service Tribunals

Sarnia 1.—Judge MacWatt, Sarnia.
 Sarnia 2.—Judge Taylor, Sarnia.
 Brigden—Chas. C. Watson, Township Clerk, Brigden.
 Courtright—Jas. H. Kittermaster, banker, Courtright.
 Wilkesport—W. W. Stover, Division Court Clerk, Sombra.
 Dawn Centre—J. M. Webster, Township Clerk, No. 4, Dresden.
 Petrolia—W. G. Fraser, Division Court Clerk, Petrolia.
 Theford—J. B. Woodhall, Warden of County, Theford.
 Forest—J. D. Livingstone, banker, Forest.
 Watford—W. S. Fuller, Village Clerk, Watford.
 Wyoming—John E. Anderson, ex-Warden, Wyoming.
 Alvinston—John A. McCallum, Reeve, Alvinston.

Henry Ford Goes the Limit

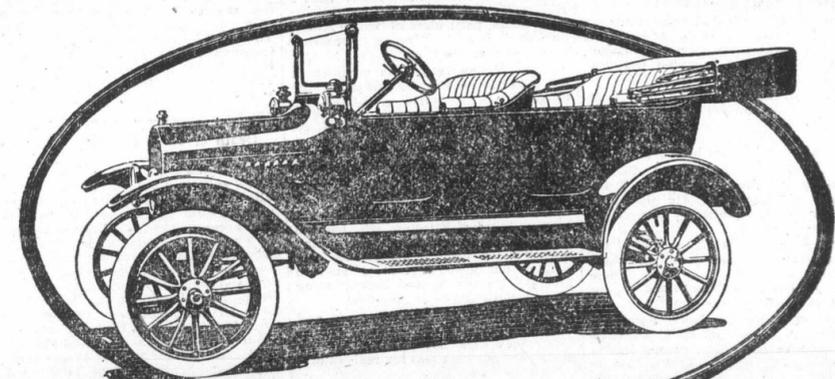
(Montreal Herald)
 Henry Ford has broken a silence of many months to announce to the world that he is now fully converted to the belief that the war must go on until German autocracy is crushed. Characteristically with him, conviction is accompanied by action, and he announces that the Ford plant is making 200,000 aeroplane cylinders for the Government, to be delivered at the rate of 1000 a day. If called upon to do so, he says, they will produce these cylinders at the rate of from 5,000 to 10,000 a day. The whole work is being done without profit to the company. Mr. Ford's change of heart is typical of what has taken place in hundreds of thousands of cases. Many Americans at first saw no connection between the war and civilization as a whole. They regarded it as a local quarrel over ancient prejudices and racial antipathies. But Germany herself has cured them of the delusion.

A special order has been issued that soldiers on leave in London, or convalescing, must salute on meeting officers. Soldiers from the trenches appear to have objected to saluting officers who have never got further than London.

CENTRAL Business College
 WATFORD, ONT.
 Ontario's Best Commercial School
 Courses are thorough, the instructors are experienced, students get individual attention and graduates are placed in positions. During 3 months we turned down over 300 calls for trained help. This is the school for those who want the practical training and the good positions. COMMERCIAL, SHORTHAND and TELEGRAPHY departments. Get our free catalogue. It will interest you.
 W. J. Elliott, President.
 D. A. McLachlan, Principal.

A. D. HONE
 Painter and Decorator
 WATFORD - ONTARIO
 GOOD WORK
 PROMPT ATTENTION
 REASONABLE PRICES
 SATISFACTION GUARANTEED
 ESTIMATES FURNISHED
 RESIDENCE—ST. CLAIR STREET

CHANNY FARM
 KERWOOD
 SPECIAL OFFERING
 Can spare a few good Short-horn females.
 All correspondence promptly answered
 ED. DeCEX, Proprietor
 Kerwood Ontario



Necessary Farm Equipment

MORE and more the Ford car is looked upon by progressive farmers as necessary farm equipment, the same as the plow, the hay-rake, the drill, the mower, the harrow and other labor and time-saving machinery.

A farmer with a Ford car can dispense with one or two of his horses and make the trips to town, railway station, creamery, or to the neighbours in one-third the time. In fact there is no farm machine made that will save the busy farmer and his busy wife so much valuable time as a Ford. And it's so easy to take care of—far easier than a horse. No bed to make, or hay and oats to get, no harnessing and unharnessing, and no stables to clean. The Ford practically takes care of itself.

Ask any farmer who owns a Ford if he would ever again try to get along without it. His answer will hasten your decision to own one.



Touring - - \$495 Coupelet - - \$695
 Runabout - - \$475 Sedan - - \$890
 F. O. B. FORD, ONT.

"RAY MORNINGSTAR - Dealer - WATFORD"

Fou HE
 O'F grent silver in the Lake, Ont., covered some words of praise. Here is "I had heard"
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 FOR and decided once, as I had time with it I sent my e (about 60 mil) inform you I I felt relief, had left me a I feel as well kidney's art (I feel testin together with Gla" Pills).
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