

RHEUMATISM

This is just the season when rheumatism with its grinding pain and stiffening of joints gets hold of you. Fight it with

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Rheumatic Capsules**

Templeton's Rheumatic Capsules bring immediate relief, and permanent results. They are recommended by doctors, and sold by reliable druggists everywhere for \$1.04 a box, or write to Templeton's, 142 King Street West, Toronto. Mailed anywhere for \$1.04.

Hampton Court

It was just before he became a cardinal that Thomas Wolsey, on Jan. 11th, 1515, took a ninety-nine years lease of the manor of Hampton Court from the Knights Hospitaller of St. John of Jerusalem, and at once set about building the magnificent pile which remains his most enduring monument. There appears to have been here an earlier manor house or mansion, for there is a record of Henry the Seventh visiting it a few years before the lease was granted; but probably Wolsey did away entirely with the older building and planned the whole place anew. Rapidly rising in royal favor, the Cardinal designed a lordly pleasure house on the banks of the Thames, where he could worthily entertain his pleasure-loving sovereign, and where he could hold state in a manner that should prove impressive in the eyes of ambassadors and other important visitors from foreign courts.

Having acquired his new manor, Wolsey lost no time in getting his designs carried into execution, and the magnificent edifice, built about five courts or quadrangles, grew so rapidly that in 1516 he was already able to entertain Henry the Eighth here. The whole palace was of red brick, and surmounted by many castellated turrets topped by ornamental lead cupolas. The western portion of the buildings probably gives a very fair idea of the whole as it was planned, though all the turrets from this aspect are wanting their cupolas, though the gatehouse is less lofty than it was

The Nova Scotia "Lumber King" says: "I consider MINARD'S LINIMENT the best LINIMENT in use. I got my foot badly jammed lately. I bathed it well with MINARD'S LINIMENT and it was as well as ever next day. Yours very truly, T. G. McMULLEN."

originally and though some more westerly buildings have disappeared. A foreign duke visiting Hampton Court during Elizabeth's reign described it as the most splendid, most magnificent royal palace of any to be found in England or any other kingdom, and the details which he gives seem to bear this out. More especial was he struck by what a later verse writer described as "that most pompous room called 'paradise,' a room which, according to the ducal description, 'captivates the eyes of all who enter by the dazzling of pearls of all kinds,' and 'in particular there is one apartment belonging to the Queen, in which she is accustomed to sit in state, costly beyond everything; the tapestries are garnished with gold, pearls and precious stones—one table cover alone is valued at above fifty thousand crowns—not to mention the royal throne which is studded with very large diamonds, rubies, sapphires and the like that glitter among other precious stones and pearls as the sun among the stars."

The casual visitor to Hampton Court probably carries away two or three definite impressions of the place, of a medley of decorated chimneystacks, of warm red bricks, of cool quadrangles, of broad lawns and blazing flower beds, of an outlook over a boat-dotted river, of galleries filled with a bewildering succession of old paintings, of tapestried walls—and of the whole set amid stretching tree-growth levels. It is, however, necessary to know the place closely to appreciate it fully—it grows upon one as the saying is; we should have seen the homely court of the Master Carpenter as well as the stately Fountain Court, the sculptures in the gardens as well as the encyclopaedic

clock, the kitchen as well as the picture galleries, to have lingered about the wilderness in the spring as well as to have seen the Broad Walk in the blaze of summer, to have visited in some of the residences as well as to have passed through the public galleries, to have been about it at all seasons and not merely to have scamped through it as the central incident in a half-day's excursion. It is, indeed, properly a place for restful enjoyment rather than for hurried sight-seeing, though a hurried glimpse will well prove a provocation to further visits and more leisurely inspection.

The beautiful red brickwork, the various castellated turrets, and the clusters of decorated chimneys, with the quaintly carved beasts seemingly tobogganing down the gables of the wings, together form a fine example of Tudor architecture, though the appearance would have been still better had the gatehouse, when restored in the eighteenth century, been kept to its original proportions, and had the leaden cupolas not been removed from the many turrets. Two or three of those turrets that remain in other parts of the buildings retain their cupolas, to indicate how fine must have been the whole effect before any had been removed.—Walter Jerrold.

HEALTH FOR THE BABY

The baby of to-day is the man or woman of to-morrow. Thus the success of the future man or woman depends upon the baby's present welfare. If the baby is sickly and ill-nourished it is not to be expected that he will grow into a strong, active man who will hold his own in the business world a few years hence. Mothers, it is a duty you owe the future to keep your little ones well now. This can be easily done if Baby's Own Tablets are kept in the house. The Tablets are a mild but thorough laxative, which regulate the bowels and sweeten the stomach, and thus make baby healthy and strong. Concerning them Mrs. W. Orser, Elginburg, Ont., writes: "I have a fine, healthy boy three years, and have used Baby's Own Tablets for him ever since he was a small baby. I certainly think them a splendid medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams Medicine Co., Brockville, Ont.

THE ARCTIC TERN.

Birds Are Greatest Daylight Savers in the World.

The greatest daylight saver in the world—the Arctic tern! Many years before the Clumsy Mortal began to puzzle his brain with a scheme to utilize the extra hour of daylight, the Arctic tern had discovered how it was possible to spend over half the year in regions where the sun never sets. Could the above mentioned C. M. follow his example, the lighting problem would vanish into nothingness. And this is how the ingenious bird manages:

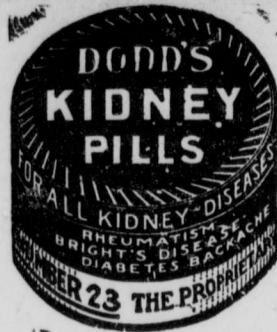
He has his summer home in the Arctic circle, the Land of the Midnight Sun, where, for many weeks, darkness is unknown. When he sees the sun making his way alarmingly near the horizon, finally dipping for a few hours each day out of sight, he begins to think of his winter home in the Antarctic circle, even though twilight and dawn still overlap so that it is never dark.

"This is God's own country in the summer, but it belongs to the Prince of Darkness in the winter," he says to himself, and bids Mrs. Tern and the children prepare for their yearly trip south.

Nor do they stop at Palm Beach, for the tern is one who does everything thoroughly. If he wants daylight and sunlight, it is not for an eight-hour day, but for the whole twenty-four hours. If he goes south, he stops barely short of the South Pole. It is an eleven thousand mile trip, but the Tern family are good fliers, and can easily make two or three hundred miles a day without motor trouble.

By the time he reaches the Antarctic, he finds his home basking in the sunlight for virtually the whole day. About June 15 he is back in his Arctic home. His summer estate is on the most northern land in the world, as far north as he can find anything stable on which to construct his nest. So arctic are the conditions under which the terns breed that the first nest found by man in this region, only seven and a half degrees from the pole, contained a downy chick surrounded by a wall of newly-fallen snow that had been scooped out of the nest by the parent.

About fourteen weeks later, Aug 25, when the little terns are full grown, and have become experienced aviators, the entire family start out for that long journey to the regions of greatest heat, across the equator,



and then on to the southern edge of the Antarctic continent. They probably spend a few weeks longer in their winter than in their summer home, and this would leave scarcely twenty weeks for the round trip of 22,000 miles.

In the north, the midnight sun, which has already appeared before their arrival in the middle of June, never sets during their entire stay at the breeding grounds. In their Antarctic sojourn the birds do not see a sunset for two months, and the sun dips only a little way below the horizon during the rest of the time, while broad daylight during the winter and summer, and with more daylight than dark during the spring and fall.

A second record they hold, as champion migrators of the world. In order to cover 22,000 miles of their round trip in twenty weeks, 150 miles in a straight line must be their daily task, and this is undoubtedly multiplied several times by their zig-zag twistings in pursuit of food. What their track is over this great distance no one knows. The great flocks of thousands and thousands of these terns which range from pole to pole have never been noted by ornithologists competent to indicate their preferred route and their time schedule. They are slender and graceful, long-winged, and with irregular and hovering flight. First cousins to the gull, they are gray sea birds with red bills.

Minard's Liniment Cures Cargot in Cows.

Looking Out for Himself.

Pat was one day driving cattle through a country town, accompanied by a collie. The dog, unknown to him, bolted into a butcher's shop and ran off with a leg of mutton. Whereupon the butcher issued forth, demanding of Pat if that was his dog. "No," replied Pat, slyly eyeing the ering dog, which by this time was almost out of sight, "he was once mine, but he seems to be doing for himself now."

Don't Hawk, Blow, Sneeze, or Cough Use "Catarrhzone"

When germs attack the lining of the nose, make you sneeze and gag—when later on they infest the bronchial tubes—how can you follow them with a cough syrup?

You can't do it—that's all. Cough syrups go to the stomach—that's why they fail. But Catarrhzone goes everywhere—gets right after the germs—kills them—heals the soreness—cures the inflammation—makes Catarrhzone disappear. Not difficult for Catarrhzone to cure, because it contains the essences of pine balsams and other antiseptics that simply mean death to catarrh. Large size costs \$1.00 and contains two months' treatment; smaller sizes 25c and 50c, all druggists and storekeepers.

NOTHING SERIOUS. (Birmingham Age-Herald.) "Is this patient violent?" "No," replied the asylum attendant. "He merely thinks the walls of the room are papered with Chinese money and he's an American adding machine trying to strike a balance."

JOLTED HIS TEETH OUT, FINGERS. Yorkshire paper (during the railway strike)—A duke is also driving a motor lorry and masticating sandwiches with his grimy hands.

Minard's Liniment Cures Diptheria

SAUSAGE RECIPES.

Nothing so quite fills the bill on a cold winter morning as nicely browned sausage in some shape or form. If you are one of those who disapprove of meat for breakfast then apply these sausage suggestions to your winter luncheon menus. They are suitable for either.

PIGS IN BLANKETS. Roll each link of sausage in either a thin slice of bacon or of cold boiled ham, fasten it with a toothpick and fry slowly, turning continually until the bacon or ham is crisp. There is just enough difference in the flavor of the two to give the dish piquancy.

SAUSAGE BAKED IN APPLES. Baked half a dozen small apples with the skins on, extricating all of the core and leaving the hole in the centre quite large. Now fry your sausages, not too brown, put one link in the centre of each apple, set all into the oven for a few minutes, sprinkling the apple with just, the

very smallest amount of sugar, and cover them with the sausage gravy.

SAUSAGE CROQUETTES. This is a nice way to use left-over cooked sausage. Roll the small pieces in left-over mashed potatoes into which a little milk and an egg have been mixed. Shape into croquettes and fry shallow in deep fat.

SAUSAGE OMELET.

This is also a suggestion for sausage left-over. Make your omelet as usual, and just before you turn it, scatter over it your sausage sliced into very thin pieces. Season with a little parsley, if you like, but the beauty of all sausage dishes is that they need very little seasoning because of the highly seasoned force-ment in the sausages themselves.



VIENNA'S IMPERIAL PLAY-HOUSES.

Occupying a full square block on the famous Ringstrasse in Vienna stands the Imperial Opera House. Two bronze figures, symbolic of music, adorn the left and right wings of the building. These and the ornamental candelabrae at the entrance were designed by Fritz Zentisch.

The opera house, erected in 1861-9, is four storeys high, with five front entrances and six side ones, built entirely of white stone. It is of Venetian style, principally of the Renaissance period, with a mixture of French architecture of the same time.

Directly on the main avenue is a balcony above the entrance over which are five arches, each having a statue of a renowned musician. At the extreme sides, slightly higher, are two imposing bronze figures seated upon a horse. This section, therefore, projects outward over the leading doorway. The opera house itself seeming like a distinct building. One of the attractive features of the interior are the 138 windows of French style which are latticed above by smaller round openings and railed in completely by white bars.

Scenes depicted from "The Magic Flute" form frescoes in the loggia. The foyer is resplendent in a color scheme of red and gold. Many heavy

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bronze doors lead into the foyer, some being draped with red plush curtains. An old marble mantelpiece stands at one end, with a carved and gilded grating.

The ceiling is ornamented by rare paintings; at the sides are busts of composers. The walls are enriched with wreaths of flowers and fruits chiseled in stone, making a decidedly brilliant showing against a black marble background.

The auditorium, one of the finest anywhere abroad, was finished by Bitterlich, while the drop curtain used in gay operas was painted by Laufberger, that for tragic purposes being designed by Rahl. The imperial box is located in the centre, with a seating capacity of two dozen persons, for the royal family and guests of nobility. It protrudes slightly beyond the other boxes, and bears the Austrian seal and flag.

The Imperial Theatre, on the Lower-buster section of the Ringstrasse, is equally magnificent. The exterior has statues of Phaedra, Don Juan, Falstaff and Hanswurst. The surrounding niches contain the busts of poets.

A feature of singular note is the grand staircase of 100 steps. Tall lamps at the base and head illuminate the wide ascent, and the sides are framed in open pillars, colonial in style. On the left and right wings are small balconies for promenaders who can get views of the wonderful frescoes.

The auditorium, from which the steps of the grand stairway lead upward, is unique, and the foyer is equally attractive, built in semi-circular lines and extending the entire length of the facade. The ceiling is formed in high and low graded arches, with paintings by Charlemont. An interesting room just off one of the side corridors is used as a picture gallery; it has a collection of water colors and oil paintings of the leading actors and actresses from the year 1780.

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FARMS FOR SALE

100 ACRES—1 MILE FROM STONE Road, 7 miles southeast from Hamilton market, choice clay loam, 10 room frame house, cement cellar, good wells, "L" shape bank barn, silo, windmill, stone foundation, cement floor, large drive shed, hen house, work shop with forge, 6 acres orchard, 6 acres bush, 15 acres alfalfa, 11 acres fall wheat, 2 acres fall plowing. Can be bought with or without stock and implements, and will take city property in part payment. J. D. Buzar, (Regent 354) 205 Clyde Block, Hamilton, Ont.

100-ACRE FRUIT FARM, 60 ACRES bearing, 10 acres wheat, 2 elaborate houses, with grounds and shrubbery, 4 tenant houses, four 40 feet greenhouses, elaborate office building, large barn and silo, brick storage building, double garage, numerous sheds, chicken house, hog pen, blacksmith shop, water system in all buildings, piped below ground, natural gas, furnaces in 2 houses and offices. This is one of Canada's show places and is a money-making proposition, being offered as a going concern at a great sacrifice. J. D. Buzar, (Regent 354) 205 Clyde Block, Hamilton, Ont.

180 ACRES STRONG SAND LOAM, 20 acres hardwood timber, mostly large body trees, 16 acres pasture, bank barn, cement floor, hog pen, other out-buildings, silo, rack lifter, apple orchard, one mile from churches, 12 acres on gravel road adjoining stone road north and west from Waterdown, 15 miles from Hamilton, J. D. Buzar (Reg. 354) 205 Clyde Block, Hamilton, Ont.

\$20,000—100 ACRES ON STONE Road, 2 miles south of Grimsby, road brick house, 10 rooms, hot water, furnace, full size, cellar, 2 cisterns and wells, good barn, 6x8, hip roof, stone stable and silo, drive shed, out-buildings, all painted, 4 acres grapes, 2 acres orchard, apples, peaches, cherries and small fruits, 25 acres pasture, 9 acres bush, clay loam, good state of cultivation, rural route, telephone, etc. Will take some city property in exchange. J. D. Buzar, (Regent 354) 205 Clyde Block, Hamilton, Ont.

51 ACRES ON RIDGE ROAD, EAST of Grimsby, 10 room frame house, terrace lawn and tennis court, frame out-buildings, good road, 12 acres in several sections, balance 30, 20 and excellent vegetable soil. Will take good city property in part payment. J. D. Buzar, (Regent 354) 205 Clyde Block, Hamilton, Ont.

98 ACRES ON HIGHWAY, EAST OF Grimsby, clay loam, rolling frame building, 4 bank barn, 25x30, 12 acres without foundation, 20x35, 100 pen, chicken house, 20 acres wooded, 10 acres wheat, 25 acres pasture, 8 acres hardwood bush, good fences, rural route, top of the premises, immediate possession. J. D. Buzar, (Regent 354) 205 Clyde Block, Hamilton, Ont.

102 ACRES, ONFORD COUNTY 2 1/2 miles from Norwich, clay and sand loam, 10 acres, well-kept balance pasture and bush, 8 room brick house, hot water heating, 10 room barn, 60x20 with road stable, water basins for cattle. Will sell or exchange for larger farm, price \$90 per acre. Clara Slaves, Norwich.

MISCELLANEOUS

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FOR SALE

FOR SALE—GOLDIE-MCCULLOCH Fireproof safe in excellent condition. Outside dimensions: 48 x 36 x 48 inches. Weight 5,500 pounds. Price \$375.00 f.o.b. Kitchener. Apply Greb Shoe Co., Limited, Kitchener, Ont.

KNITTING YARN MADE FOR RED Cross, grey and black only, will clear at dollar and quarter per pound; sample skein thirty cents. Georgetown Woolen Mill, Georgetown, Ont.

PAIR PRACTICALLY BLACK FOX- es, also twenty other pairs. Reid Bros., Bothwell, Ont.

FOR SALE—BRAND-NEW TALKING machine; His Master's Voice Victoria brand, cabinet mahogany, No. XL; price \$225; will take \$150, with seven records; this instrument is one of the best; satisfaction guaranteed; references Molsons Bank. Address D. N. Fleming, Drumbo, Ont.

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WANTED—OAK CABINET WORK- ers on oak cabinets. Reid Bros., Bothwell, Ont.

WOOLEN MILL HELP WANTED. We have openings for female weavers and apprentices to learn weaving. Special consideration shown apprentices, in teaching this work and good wages while learning. This work offers permanent employment, and experienced operators earn high wages. Other openings for winders, finishers, etc. Full particulars will be given upon application. Write us: The Sunbary Mfg. Company, Ltd., Brantford, Ont.

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