

Dr. T. A. Carpenter
Physician and Surgeon
MILDMAY
Graduate of University of Toronto 1915. One year as Intern at the Toronto General Hospital and six months at Hospitals in New York City.

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FARMS
Farms of all sizes for sale or exchange. Apply to J. C. Thackeray, Harriston, Ont., or direct to the Willoughby Farm Agency, Guelph, Ont.

C. N. R. TIMFTABLE
Southbound 7.26 a.m.
Northbound 11.20 a.m.
Southbound 3.12 a.m.
Northbound 8.51 p.m.

Paint spilled on a doorstep is most unsightly, and is often rather difficult to remove. In that case make a strong solution of potash and wash the step, leaving the solution to soak in. In a short time the paint will become soft and can be washed off with soap and water. Then use cold water. Paint which has been left on for some time will yield to this treatment.

She thought the seamy side of life needed sewing.

Wit and Humor

"Father, freight is goods that are sent by water or land, isn't it?"
"That's right, son."
"Well, then why is it that the freight that goes by ship is called a cargo, and when it goes by car it is called a shipment?"
And then Johnny wondered why father got on his hat and sauntered outside to get the air.

A city and a chorus girl
Are very much alike, 'tis true:
A city's built with outskirts—
A chorus girl is too.

Why shouldn't a wife be allowed to go through her husband's pockets? A wife should have the same privilege as the government, the municipality or other taxing bodies!

Up-to-Date
"Doesn't it strike you that a queer shaped harp that new woman is luging around?" asked St. Peter with a perplexed frown.
"That isn't a harp, that's a radio set," answered Gabriel. "She's listening in on her husband's howls from Station HLL."

Women think that the average man's idea of a "clinging gown" is one that will cling to his wife about three years. Men are so insensible to the aristeries of women's apparel.

"One way to keep from being suspicious," said a local man, "is to weed out your dandelions after dark."

DIES FROM KICK BY HORSE

Joseph Akewenze, a well-known Indian on the Cape Croker Reserve and a former leader of the Cape Croker Indian Band, which is still carried on by his children and known as the Akewenze Band, died Thursday evening as the result of a kick from a horse, aged 70 years. Akewenze was working around the horse when the steed apparently became frightened at something and kicked him in the breast, causing internal injuries and a hemorrhage from which he died before medical attendance could be secured. Sons of the deceased Indian served overseas in the late war and all came home safely.—Port Elgin Times

ONE WORD OF APOLOGY

Life is full of strained relationships. Sometimes in our thoughtlessness we give offense unconsciously. Sometimes in our inconsiderateness we run rough shod over the interests of others. Perhaps we have no intention of wounding, but in our absorption in our own affairs we disregard the feelings of our fellows. It should not be hard to apologize when we hurt another unintentionally. But our innocence does not remove from us the obligation to set matters right. Sometimes hard feelings arise from misunderstandings. Words have different meanings. Sometimes an infection of the voice will carry a meaning which is not intended. No misunderstanding should ever be permitted to ripen into an enmity. An explanation is a very simple thing and it should never be delayed when it can save a friendship. A quarrel frequently has so little ground that when one seriously begins to settle it it disappears entirely. If a rupture appears between you and your friend go to him and discuss it frankly. If you are afraid or hesitant to talk it over with him you had better forget it. We have no use for the man who bears a silent, sultry grudge. Our discords are usually very poorly founded. One word of apology, if a man is big enough to speak it, will restore the harmony.

ANYTHING ELSE

Some mouths look like peaches and cream, and some like a hole chopped into a brick wall to admit a new door or window. The mouth is a hotbed of toothaches, the bungalow of oratory, and a baby's crowning glory. It is the patriot's fountain and the tool chest for the pie. Without it the politician would be a wanderer on the face of the earth and the cornetist would go down to an unhonored grave. It is the baker's friend, the orator's pride, and the dentist's hope.

MOLTKE.

(Too late for last week)
May 24th was spent quietly in our burg. A great many attended the S. S. convention at Hanover and still more expect to attend the circus today.

Mrs. Chas. Holm, who has been in Kitchener for the past month attending her sister, returned home on Saturday.

Mr. Harry Baetz spent the week-end prior to his leaving for Waterloo where he has obtained employment for the summer.

Miss Nellie Bieman of Kincardine is spending a few days with Mrs. Fred Baetz.

On Monday night the neighbors and friends of Mr. and Mrs. Bubel gave them a miscellaneous shower in their new home. Nearly every family in the neighborhood was represented, showing the good will to these folks who will later make good citizens. It was a fine way of welcoming them in a strange land. The gifts were numerous and useful in every way. The evening was spent in sociable chat, music and dancing.

Mr. Rob. Hopf of Waterloo spent the week-end with friends around here.

Mr. and Mrs. Wm. Thiele and Mr. Vincent of Kitchener holidayed at Reeve Holm's.

Seeding is now almost completed. The stork left a young son at Mr. and Mrs. Jac. Wiseman's. Congratulations.

THE ONTARIO PROGRESSIVE PLATFORM

The following summary of the Progressive platform was given at the St. Marys Progressive convention held there on Friday last. The South Perth Association voted to adopt it some time ago:

We approve and pledge ourselves to:

1. Provincial Savings Offices and rural credits.
2. Government encouragement of co-operative marketing of farm products.
3. Restoration to Parliament of legislative powers now unconstitutionally usurped by the Cabinet.
4. Prohibition in accordance with the expressed will of the people.
5. Autonomy of constituencies in the selection and control of candidates for Parliament.
6. Strict economy in carrying on of public business.
7. Reasonably good roads for all districts.
8. Electoral reform including the single transferable vote.
9. Adequate and just return in the sale of public resources.
10. Hydro Electric development with a view to availability in all parts of the Province.
11. Local option to Municipalities for the exemption of improvements from taxation.
12. Availability of educational advantages to all classes and localities.
13. Reference to the people of appropriate questions of great public importance and an honest and democratic regard for popular decision.

REPORT OF S.S. NO. 5, CARRICK

(April and May)
Sr. IV—Leota Losch 73, Amelia Klages 65, Willie Diemert 64, Monica Stroeder 57.
Sr. III—Lavina Fischer 64, Leo Stroeder 60, Vera Diemert 54, Alvena Weber 50, Edward Krohn 46.
Sr. II—Norman Diebel 81, Adela Diemert 77, Melvin Wolfe 71, Gladys Diebel 70, Gertrude Fischer 60, Doretta Weber 55, Norman Schmidt 48, Edwin Stroeder 42.
Sr. I—Rita Diemert 76, Loretta Stroeder 74.
Sr. II—Elsie Schmidt 75, Emma Weber 73.
Sr. I—Freddie Klages 70.
Sr. Pr.—Pearl Wolfe.
Sr. Pr.—Pearl Gebhardt, Roy Schmidt.
N. Inglis (teacher)

SPEEDING AND NO LIGHTS

(Teeswater News)
As we motored up the Barrie-Orillia highway on Saturday night shortly after 8 o'clock, we were awed at the sight of two cars locked together at the front ends in a twisted and broken mass. Stopping to get a closer view, for it was turning from dusk to darkness, we discovered it was a Ford Sedan and an American Chrysler roadster, one as bad a wreck as the other, but the worst part was that three were injured and one possibly fatal. Fifteen minutes later as we entered the hospital, we could hear the moans of one poor

sufferer, and the injured husband and boy of 10 or 11 years, pacing the hall with patched up faces, agonized and expectant looks mingled with dejection. The story as we heard it from another party was that the Ford was about to pass another Ford going towards Orillia when the crash came. The driver said he heard or saw nothing. He went clean through the windshield glass and his wife and child were badly cut as they too crashed against the glass. The Chrysler, it is alleged was doing 40 per, and without lights. None in the Chrysler were injured. The wrecking car and police went down later.

Who is to blame? The Ford was on the left hand side of the road, the Chrysler was exceeding the limit without lights, so it is claimed. The impact swerved the Chrysler around so that it damaged the other Ford that the Sedan was trying to pass, and another car in the rear of the Ford very nearly piled into the whole mess. Accidents happen every day through someone's carelessness, life is endangered, and property damaged, and the sad part is that they are becoming more frequent. Fines apparently have very little effect. What is needed is imprisonment and cancellation of license.

HOW TO LIVE AT TOP PITCH

(By Dr. Frank Crane)
Of course there is no way to live forever, and if there were we should not want to know it.
But all of us want to live out our allotted span, to enjoy vigorous health while we do live, and to escape those pains and infirmities due to ignorance or folly.
To accomplish this there is nothing new to offer, for the simple reason that there is nothing new about man. But there are certain results of universal experience, certain rules that have been established by common sense in the workshop of the world. And such are these:
1. Keep clean. All pests and plagues and most diseases are bred in dirt.



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2. Don't indulge in regrets for the past, nor in premonitions of evil for the future. Live a day at a time.
 3. Believe. Have faith in the almightiness of goodness, honor, truth, justice and love. You will find such creeds reacts on your pancreas and digestion.
 4. Get all the outdoors you can. Fresh air, sunshine and water are the three most important medicines in Dr. Nature's bag.
 5. Indulge in no stimulants. Tea, coffee, tobacco and alcohol possess no food value. They make you feel good. But you pay for them in lowered vitality.
 6. Work. Work for a living. If you have so much money you don't have to work, get rid of it. Work is a prime essential to health and happiness.
 7. Eat intelligently. Quit eating as an indoor sport. Find out what your body needs and put nothing else into it.
 8. Be cheerful. Worry is the prime life-shortener. Worry is what makes a deadly disease out of a slight disorder.
 9. Love. Don't hate. Don't hold a grudge. Forget it! What's the use? Love all you can, for life is too short for anger, petulance, and bitterness.
- The sum total, the aim, the program, the secret, the solution, the whole force of life is morale. And morale means keeping fit. It means being up to the mark, and having the pep, vim, vitality and energy to attack each day.
This is got by sticking to nature, to intelligence, to common sense, and not by any pill or powder, any cranky fad or woozy fanaticism.
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