

THE ONLY WAY TO CURE RHEUMATISM

Must Be Treated Through the
Blood and the Poisonous
Acid Driven Out.

The twinges and tortures of rheumatism are not due to cold, damp weather as so many people suppose. Rheumatism comes from poisonous acids in the blood. This is a medical fact. Every rheumatic sufferer knows this. There is only one way to cure rheumatism—it must be treated through the blood. All the liniments and rubbing and so-called electric treatment in the world will not cure rheumatism, and the sufferer knows this. It is not only wasting money, but is allowing the trouble to become more firmly rooted in the system and harder to cure when the proper remedy is tried. Dr. Williams' Pink Pills have had remarkable success in curing rheumatism because they go right to the root of the trouble in the blood, driving out the poisonous acid, releasing the stiffened joints, clearing away the torturing pains, and giving the victim renewed health and ease. Mr. Vincent Brow, Havre Boucher, N. S., says: "For two years I was an almost constant sufferer from rheumatism, the trouble being so bad at times that I could scarcely get about. The trouble seemed to bring with it anemia, and altogether I was in a very bad condition. I used doctor's medicine for almost a year without relief. Then on the advice of a friend I decided to try Dr. Williams' Pink Pills. I think I took altogether about a dozen boxes, with the result that I am again enjoying perfect health." You can get these pills through any medicine dealer or by mail, post paid. 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

HOUSES FOR EMPLOYEES.

C.N.R. Is Building Up-to-Date
Houses in New Ontario.

The Canadian Northern Railway is going to completion one hundred houses distributed over a number of divisional points on the Montreal to Arthur section of its transcontinental line. These homes—modern, comfortable and of pleasing design—are intended to provide satisfactory accommodation for the employees of the road and their families, who will be living at these centres. The conditions of occupancy have been made so easy that it will be a comparatively simple matter for the C.N.R. employees to virtually own outright the towns, Brent, Capreol, Foley, Horne Payne and Jellicoe, where the company house-building operations are now in progress.

It is confidently expected by Mr. Cyril T. Young of the Eastern Lands Dept. of the Canadian Northern, who is in charge of the work, that the houses will be able to celebrate their 1916, in their cosy new homes. This work, he says, will provide each point the nucleus of a progressive town. With the extension of electric lighting, which may later development, the houses in Ontario will be equipped quite as completely as are the homes of similar size in long established towns and cities in Old Ontario. They contain a large living room, from which a winding stair-case leads to the upper floor, a kitchen, a pantry, and a room, on the ground floor. Above, there are other two bedrooms, a bathroom, and a sewing-room, all of fair size. One of the hardships in winter has been eliminated by the provision of a roofed-over coal and wood bin

outside the house, but against the kitchen, with a sliding door arranged in the wall so that the household supply can be replenished without the usual cold out-of-door journey.

The walls, up to the eaves, are of timber—6 and 7 inch logs "sided" down to 5 inches at the saw mill at Foley, made snug and comfortable by caulking with oakum. The cornice is carried entirely around to provide a "bell-cast" end. Windows there are in plenty, and on the upper floor a ten-foot wide dormer window furnishes natural lighting for the sewing-room, while on the opposite side a window eight feet wide, provides for the bathroom and stair-way. The white sanded roofing is fireproof, and the solid construction of the houses appealed to the Canadian Northern executive officers as an added protection against this danger in the north. Beaver board supplies the interior finish, and ship lap may be added outside.

As a general rule the plan has been followed of placing each house at the side of a good sized lot, to facilitate the planting of the remainder to garden truck for table needs. But the trainmen and their families, who move to the new towns to take up residence, are expected to constitute a fairly good market and it is understood that the Ontario Government is surveying, and will later throw open to settlement a township contiguous to the town of Foley and another to Horne Payne, in the great clay belt. The Canadian Northern officers are confident that the building of these homes will mark the beginning of a new era in the New North. First there should follow the stores to cater to the needs of the town dwellers, and then settlers to take up the adjacent land, because of the inducement of a good market, and the advantages of adequate shopping facilities.

Handsome Cathedral.

Mexico City, the capital of Mexico, is a town of some historic interest, while its cathedral is regarded as the handsomest church on the American continent. The foundation stone of this edifice was laid in 1593 on the site of a former heathen temple. The national museum is filled with treasures of Aztec civilization, and various memorials of the hapless Maximilian and the beautiful Carlotta lend a lustre to this attractive city. The climate is quite good and the population about 471,000, many of whom are Americans and Germans.

For Catarrhal Deafness and Head Noises

Here in America there is much suffering from catarrh and head noises. American people would do well to consider the method employed by the English to combat this insidious disease. Everyone knows how damp the English climate is and how dampness affects those suffering from catarrh. In England they treat catarrhal deafness and head noises as a constitutional disease and use an internal remedy for it that is really very efficacious.

Sufferers who could scarcely hear a watch tick tell how they had their hearing restored by this English treatment to such an extent that the tick of a watch was plainly audible seven and eight inches away from either ear. Therefore, if you know someone who is troubled with catarrh, catarrhal deafness or head noises cut out this formula and hand it to them and you will have been the means of saving some poor sufferer. The total cost of the treatment is about 75c. and is made as follows: From your druggist obtain 1 oz. of Parment (Double Strength), about 75c. Take this home, and add to it a pint of hot water and 4 ounces of granulated sugar; stir until dissolved. Take a tablespoonful four times a day. Parment is used in this way not only to reduce by tonic action the inflammation and swelling in the Eustachian tubes, and thus to equalize the air pressure on the drum, but to correct any excess of secretions in the middle ear, and the results it gives are usually remarkably quick and effective. Every person who has catarrh in any form should give this recipe a trial and free themselves from this destructive disease.

THE BRAVE BLIND.

An English Nurse Tells a Touching Story of the War.

Few of the many true tales of the heroism of the brave men fighting in the great war equal some of those related of men who will fight no more—the cripples, the deaf, the disfigured, the blind. One such, recently told by an English nurse home on leave to recuperate her strength, is a little story with a heroine as well as a hero; it is, indeed, a love story.

A young French officer, blinded and cruelly disfigured, was for a time under her charge. He was engaged to be married; but as soon as he understood he would never see again, or ever be seen without a shock at the ruin of his once handsome countenance, he wrote releasing his sweetheart from the engagement. She refused to be released; indeed, she appeared at the hospital and demanded that her lover marry her at once. He would not consent; but the interview left him so shaken that he dared not trust himself to see her again. He confided his weakness to the nurse, and begged her help.

"Do not let her in," he pleaded; "but make an excuse to talk with her. Tell her I am not only helpless and hideous—she does not mind, the angel—but that my disposition is altered; say it is often that way with those injured as I am. Say I am no longer fit to live with. Say that I am grown morose, and fly into frightful rages on the smallest provocation; say that those I have most loved are most likely to excite them. Tell her she could not make me happy; she must leave me to strangers. You understand, madame? You will help

TRAPPEERS! Send your RAW FURS to JOHN HALLAM

and receive highest cash prices. We send money the same day the furs are received. Charge no commission—and pay all charges. We have paid out millions of dollars to thousands of trappers in Canada who send their furs to us because they know that we pay the highest prices for all kinds of furs. You will see. We buy more furs than any other firm in Canada. **FREE** Hallam's Trapper's Guide (free) Hallam's Sportsman's Catalogue Hallam's Fur Style Book (free) Hallam's Fur Style Book (free) **JOHN HALLAM Limited** 202 Hallam Building, Toronto.

ABSORBINE

Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, or Muscles. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone and horse can be used. \$2 a bottle at druggists or delivered. Describe your case for special instructions and interesting horse book 2 M Free. **ABSORBINE, JR.**, the antiseptic liniment for making, reducing, Strained, Torn Ligaments, Swollen Glands, Vena or Muscles; Heals Cuts, Sores, Ulcers, Allays Pain. Price 10¢ a bottle at druggists or delivered. Book "Disease" free. W. F. YOUNG, P. O. B. 5, 516 Lyons Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

"and I will tell her all about your horrible disposition, you may be sure." "Ah, madame, you mean to betray me!" he cried reproachfully. "I hear it in your voice!" "You certainly do!" she assured him shamelessly. "I am going to betray you into matrimony, and be best man and bridesmaid rolled into one!" And she kept her word.

Drink Hot Water For Indigestion

A Physician's Advice.

"If dyspeptics, sufferers from gas, wind or flatulence, stomach acidity or sourness, gastric catarrh, heartburn, etc., would take a teaspoonful of pure bicarbonate of soda in half a glass of hot water immediately after eating they would soon forget they were ever afflicted with stomach trouble, and doctors would have to look elsewhere for their patients." In explanation of these remarks a well known New York physician stated that the most common cause of trouble are due to stomach acidity, fermentation of the food contents of the stomach combined with an insufficient blood supply to the stomach. Hot water increases the blood supply and bicarbonate of soda instantly neutralizes the excessive stomach acid and stops food fermentation, the combination of the two, therefore, being a very successful and decidedly preferable to the use of artificial digestants, stimulants or medicines for indigestion.

His Day Off.

A lady admirer of Kipling's works had long wished to meet the author and at last her desire was gratified. She was frankly disappointed. "You—you are Rudyard Kipling?" Mr. Kipling murmured something. "But I thought," she stammered, "I thought you were—oh! how shall I say it—something quite different." "Oh, I am," the author hastily assured her. "I really am, madam; only, you see, this is my day off."

Minard's Liniment for sale everywhere.

Vast Cost of Army Housing.

Many protests have been made in England as a result of the revelation in an official report that it cost \$98,000,000 to build huts and stables for the British troops in the first year of the war. This is at the rate of \$100 a man, it is stated.

We believe MINARD'S LINIMENT

is the best: Mathias Foley, Oil City, Ont. Joseph Snow, Norway, Me. Charles Whooten, Mulgrave, N.S. Rev. R. O. Armstrong, Mulgrave, N. S. Pierre Landers, Sen., Pokemouche, N. B.

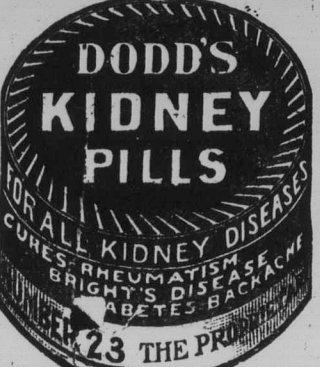
Correct, One Way.

Teacher—Bobby, spell "yesterday." Bobby (with his eye on the calendar)—W-e-d-n-e-s-d-a-y.

Minard's Liniment Cures Burns, Etc.

Same Family Name.

An Irishman was seated in a railway carriage next to a very pompous-looking man, with whom he commenced a conversation in a rather free and easy manner. At length the pompous one said: "My good man, reserve your conversation for one of your own equals. I would have you know that I am a K.C." The Irishman jumped up and held out his hand. "Begorry shake!" he exclaimed, "O'm a Casey meself."



RELIEVE HEADACHES WITHOUT DOSING

By Applying Sloan's Liniment to
Forehead You Can Stop
the Severe Pains.

Many headaches are of a neuralgic origin. The symptoms of such headaches are intense and lingering pains in the brow, temples or back of the head.

There is one certain relief that has been known and recommended for years back, Sloan's Liniment. One application and the dull pain is practically gone. It is easily applied without rubbing. Rubbing is unnecessary, as Sloan's Liniment quickly penetrates to the seat of the trouble.

Aching muscles, rheumatism, bruises, lumbago, chilblains, sprains and stiff neck can also be most effectively treated with Sloan's Liniment. Cleaner than musky plasters or ointments; it does not stain the skin or clog the pores.

At all drug stores, 25c., 50c., \$1.00.



TERRIBLE CLERICAL PARENT.

Bishop Told Queen of Denmark He
Had 200 Children.

It is related of the Queen of Denmark that she once paid a visit to the Danish colony of Iceland, where the good old-bishop exerted himself to the utmost in her entertainment. His most successful effort in that direction, it is stated, followed upon the explanation of a mistake which had at first greatly scandalized his royal mistress.

The Queen paid many compliments to her host, and having learned that he was a family man, graciously inquired how many children he had.

It happens that the Danish word for "children" is almost identical in sound with the Icelandic word for "sheep" and the worthy bishop promptly answered "Two hundred."

"Two hundred children!" cried the Queen. "How can you possibly maintain such a number?"

"Easily enough, please your Majesty," replied the prelate, with a cheerful smile. "In the summer I turn them out upon the hill to grass, and when the winter comes I kill and eat them."

Vanilla comes from an orchid grown in Mexico.



Guard Your Baby's Health

Cheerful, Chubby Children
Make the Home Happy

Weak, puny babies are a constant care to tired mothers and are subject to many diseases that do not affect healthy children.

Keep your children in good health. See that their bowels move regularly—especially during the teething period. This is a distressing time in the life of every child and the utmost precaution should be taken to keep them well and strong.

By the consistent use of

Mrs. Winslow's Soothing Syrup

It is possible to avoid many childish ills now so prevalent.

It is a corrective for diarrhoea, colic and other infantile ailments. It soothes the fretting baby and permits the child to sleep well and grow healthy. It brings comfort and relief to both child and mother.

Mrs. Winslow's Soothing Syrup

Makes Cheerful,
Chubby Children

Is absolutely non-narcotic. It contains no opium, morphine nor any of their derivatives. It is soothing, pleasant and harmless. For generations mothers in all parts of the world have used it and millions of babies have been benefited by it.

Buy a bottle today and have it handy. Relieve and Protect Your Children. Sold by all druggists in Canada and throughout the world.

VANCOUVER A GREAT PORT.

City will Spend \$5,000,000 and the C.P.R. \$1,500,000 on New Wharves.

The Canadian Pacific has plans for wharves at Vancouver which will cost \$1,500,000. These plans will dovetail into those which the city contemplates to carry out at the port. The latter is growing in value and bigness all the time. There is great complaint from shippers of congestion for Vancouver is becoming a great port. The city is going to spend \$5,000,000 on wharf extension in the immediate future, and the railway company, on its own account, has plans for a further extension of the wharves which it will use for its own business. Both east and west the Canadian Pacific Railway has now for its shipping interests, facilities which render it absolutely independent—this independence making for better and more efficient service in the ocean carrying business, which the company has notably extended during the past few years. The fleet of the company now numbers, all told, over 100 vessels; but it has especially strengthened its Atlantic and Trans-Pacific service in latter years—recognizing, as it did, the possibilities of increased exchange between this continent and Europe and Asia, an intimacy and largeness of communication which, somewhat hurt by the war, are resuming their urgency and importance from day to day.

GUARD THE CHILDREN FROM AUTUMN COLDS

The fall is the most severe season of the year for colds—one day warm the next is wet and cold and unless the mother is on her guard the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mothers best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose will prevent colds or if it does come on suddenly the prompt use of the Tablets will quickly cure it. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

WOOD FOR PIPE-MAKING.

Growing Use of the American Mountain Laurel Root.

A sale of a large quantity of mountain laurel roots from one of the national forests in the Southern Appalachians is reported by Government officials in charge, who say that the roots will be used to make pipes. The mountain laurel root is similar in appearance to the French briar, which the majority of pipe smokers are said to prefer. The French briar is the root of the white heath, or "bruyere." These roots are gathered in large quantities, and after being cleaned and saved into blanks they are placed in hot water and simmered for 12 hours or more. This process gives them the rich hue for which the best pipes are noted. It is said that in 1915 the value of the blanks shipped to this country was almost \$300,000, and in addition a large number of finished pipes were imported.

On account of the present scarcity and high price of French briar, a number of pipe manufacturers in this country have been on the lookout for substitutes, and the Federal Forest Products laboratory has conducted experiments to determine the availability of other woods. It is reported that the mountain laurel root burns out more readily than briar, but forest service experts are trying to find a method of hardening the wood, and have succeeded to an appreciable extent. They have also found that a number of the various kinds of chaparral which are abundant in the West give promise of yielding material which will be the equal of French briar in every way. Other woods now widely used for pipe making are apple, red gum, ebony and birch, together with smaller amounts of olive wood, rosewood and osage orange.

Considerable amounts of the laurel roots are being used, and officials expect to make further sales. The lands purchased by the Government in the Southern Appalachians are reported to contain unlimited quantities of laurel which is widely known for the delicate beauty of its flowers. In places it forms extensive thickets, which are almost impenetrable. Visitors to the mountains, say that in the Spring these thickets, or "pink beds" as they are called by the mountaineers, are indescribably beautiful and form one of the main attractions of the region. The sales of laurel root will not be made at places frequented by tourists, or where its removal will detract from the beauty of the landscape.

The War of the Home Seekers. Two English workmen were discussing the war. "It'll be an awful long job, Sam," said one. "It will," replied the other. "You see, the Germans is takin' thousands of the Russians prisoners, and the Russians is takin' thousands and thousands of German prisoners. If it keeps on, all the Russians will be in Germany and all the Germans in Russia. And then they'll start off over again, fightin' to get back to their homes!"

If salt is used for sweeping carpets, it will keep out moths.

"Made in Canada"

DOMINION RAINCOATS

Best for quality, style and value. Guaranteed for all climates.



Ask Your
Dealer

Didn't Say What Kind.

She (pouting)—Before we were married you said I was a dream. He—Yes, but don't forget that there are some pretty bad dreams.

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Remedy is sold by The Dr. Williams Medicine Co., Chicago.

He Owned Up.

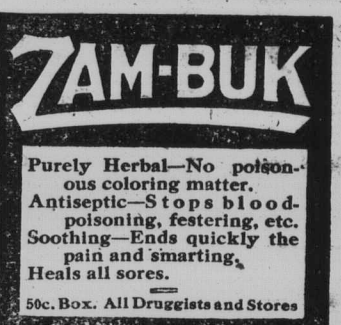
"Simple Simon went fishing in his mother's pail." "Not so simple at that," declared the amateur sportsman. "I've spent time and money getting to a place where the likelihood of catching fish was no whit greater."

Minard's Liniment Cures Dandruff.

In a Safe Place.

First undergraduate—Have you telegraphed to the old man for money? Second undergraduate—Got any answer? Second undergraduate—Yes. I telegraphed the governor, "Where is that money I wrote for?" and his answer reads, "In my pocket."

Young scorpions eat their mothers.



SEED POTATOES

SEED POTATOES, IRISH COBblers, Delaware, Carman. Order at once. Supply limited. Write for quotations. H. W. Dawson, Brampton.

HELP WANTED.

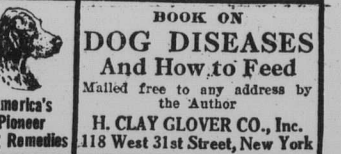
CABINET MAKERS AND MACHINE hands wanted. Steady work at highest wages. Apply to The Bell Furniture Co., Southampton, Ont.

NEWSPAPERS FOR SALE

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 78 West Adelaide St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMBS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

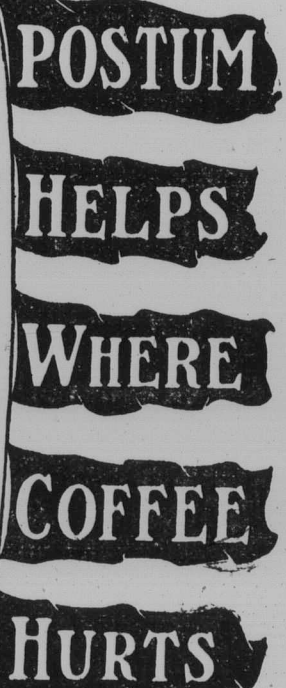


When buying your Piano Insist on having an "OTTO HIGEL" PIANO ACTION

Machinery For Sale

Wheelock Engine, 150 H.P., 18 x 42, with double main driving belt 24 ins. wide, and Dynamo 30 K.W. belt driven. All in first class condition. Would be sold together or separately; also a lot of shafting at a very great bargain as room is required immediately.

3. Frank Wilson & Sons
73 Adelaide St.



There's