

CHATS WITH YOUNG MEN

LET US SMILE
N. Y. Freeman's Journal
The thing that goes the farthest towards making life worth while...

A DELIBERATE PURPOSE IN LIFE
Any dead fish can float down stream, but it takes a live fish to swim upstream...

THE MARKINGS OF A MAN
He was a lad of perhaps twelve years, with a very boyish look and wholly capable...

THE SACRED HEART
For many days the Little White Soul had prayed: "Sweet Heart of Jesus, be my Love!"...

NOBODY LOVES ME
"Nobody loves me," sobs the little fellow after he has scolded and fathered probably punished him for trying the cutting qualities of his toy saw...

THE CATHOLIC PRESS
When we hear men who never read Catholic papers talking excitedly about the anti-Catholic campaign...

OUR BOYS AND GIRLS
DO IT YOURSELF, MY BOY
Why do you ask the teacher or some classmate to solve that hard problem? Do it yourself...

Flaxseed as Food
Flaxseed has been known throughout historic time to possess wonderful food and medicinal properties...

THE PAN-PROTESTANT CONGRESS
The Pan-American Religious Congress, recently in session at Panama has come to a close...

THE INFLUENCE OF GOOD WOMEN
Good women are the health of human society, as evil women are, surely, its bane...

Remember Your Friend
I counsel thee if thou hast a trusty friend, go and see him often; because a road which is seldom trod gets choked with bramble and light grass...

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Fistula and Poll Evil
Any person, however inexperienced, can readily cure either disease with FLEMING'S FISTULA AND POLL EVIL CURE...

Bells, Peals, Chimes
Send for catalog. Our bells made of selected copper and tin. Tunes for bell sets, volume and durability guaranteed.

Your Piano
Needs careful attention to keep it beautiful and new looking. Be careful of the polish you use. Do not take chances. Use O-Cedar Polish.

Paper Your Home
"Empire" Selva Trimmed Wall-Paper overcomes the great difficulty of papering. The whole selva or edge is removed from the roll by a simple twist of the wrist...

The Marvel of the Age. Luminous Crucifix
This Crucifix is indeed a beautiful and strangely marvelous work of art. By means of a wonderful and secret preparation, the body of this figure is made to absorb the rays of light...

Songs the Soldiers Love
Here are eight new, snappy, sparkling songs—haunting songs of love, home, and war that will make a stirring appeal to every lover of melody, and every man and woman who has a soldier friend fighting the Empire's battles.

The Capital Life Assurance Company OF CANADA
HEAD OFFICE, - - - OTTAWA, CANADA
Balance Sheet, December 31st, 1915

LIABILITIES
Net Reserve under Policies, Om (5) 3 per cent. 126,854 40
ASSETS
First Mortgages on Real Estate \$ 75,600 00
Government and Municipal Bonds (book values) 163,692 52