

CHATS WITH YOUNG MEN

How few men ever read anything more than a newspaper or a novel! The less they know, the more ignorant they are, the stronger is their inclination to read a work of science, a history, or any other book of merit.

The mind needs the food of thought, just as the body requires its daily bread. To make the most of ourselves, we must make the most of every faculty that we possess.

Some persons keep up a systematic course of study long after they have left school. Others give themselves a definite plan of reading and their conversation with the chief works of the best writers.

Many persons adopt the excellent practice of "reading up" any event of current interest, and learning all about the actors in it, the place where it occurred, the time of its occurrence, the causes that led to it, its effects or influence, etc., etc.

For ordinary men of the world, this kind of knowledge, with all its drawbacks, is the most useful as well as the most easily acquired.

An extensive library, however, and free access to the most recent publications are required by those who wish to have something new and interesting to say on current topics.

For those people the supply of matter for study is almost unlimited. Science and literature open up to them two fields equally accessible and extensive.

Biography, history, the story of the beautiful arts of painting, music, and architecture, books of science, travels, discoveries and inventions and poetry, give an unlimited field for the exercise of the mind.

The history of the Church is a most fascinating and most wonderful record of achievement. Every educated Catholic should read it, for it will fill him with confidence in God Who established the Church and preserved it for twenty centuries.

It has not been proved that tobacco causes any definite characteristic lesions of the nose, throat or ear. While it is possible that the excessive use of tobacco may by indirect action produce a toxic effect upon the olfactory and auditory nerves, with resulting impairment of the sense of smell or of hearing, there is not at the present time any definite laboratory proof for such an opinion.

Catholic young men should not waste all their earnings in gossip or card-playing, or other more or less useless diversions. They should give some time every day, even if only a quarter of an hour, to serious reading.

other causes is established and is the same as would be observed from any other form of irritation. This gastric and systemic nervous disturbance may arise from excessive use of tobacco in any of its forms.

Hearts and souls can be exiled from their place and kind as well as bodies, and all around us are lonely hearts shut out from the privileges and fellowship they crave by some act of banishment they have themselves pronounced.

It was only a little happening which he would naturally have been supposed to know, but no one had told him. They had dropped out of the way of telling him many things because his views were so unreasonable and his temper could never be trusted.

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OUR BOYS AND GIRLS HILDA'S FIRST JOURNEY

"There is no use, brother, Hilda will never make a success," said Mrs. Grey. "It depends on what you call a success," Mr. Howard returned.

"Well, you see she has not had much chance," said the mother, compassionately. "My husband died, and she was not old enough to be a help to me as her elder brother and sister were."

"I really do; it will give us much pleasure and be good for her. There are fine qualities in her, little developed as yet."

"What are his injuries?" inquired another. "The answer called forth a subdued moan from the little group."

"Oil—pure oil—and flour or starch—quick! Some one must have them."

"I can help him, I know what to do," she said in a low voice, but there was something in its tone which made the men stand back.

Over 26,000 grocers in Canada are selling 'Salada' Tea. A one pound package makes 200 cups.

"Excuse me," he said, leaning forward, "may I offer you a magazine?" She accepted it with naive frankness, at the same time with a timidity which told the experienced traveller she was unused to such attention.

Of late years the growth of Rome furnishes a subject for comment. Vast districts outside the Aurelian walls have been built over, while beautiful gardens and shady lawns within the city have been dismantled and divided into building plots.

It is well you used the word 'imagined,' Mr. Howard said with a smile. "I leave you to read the margin."

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"I have a wife," he whispered. "She does not know."

"Thank God she does not know, but we do—we know that you have saved us all. You have bought our lives at the cost of this agony and never—never can we forget or cease to pray for you, our noble brother."

She had had a fit of hysterical sobbing and the reaction was over, but her head was still bowed between her hands. Then a voice roused her. "You brave little girl," someone was saying, "to think of your dressing that poor fellow's burns all alone, I could not have done it better myself if I had been there at the time, though I am a doctor. Well, he is as comfortable as we can make him and will pull through, but says he never could have borne it only for your pluck and tenderness. He believes God sent you as surely as He ever sent an angel out of heaven, and I believe it too."

Hilda recognized the speaker—the gentleman who had been so kind to her on the cars, whose name she had found in the book. "A special is being sent on," Dr. Denslow continued. "I will give you in charge to this lady—turning to a pleasant-faced, middle-aged woman who lifted out the youngest for the anxious claim you. Let me hear of your arrival. Here is my address."

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Emmanuel's army in 1870, as you will become well aware of on certain occasions. However, the sheep are mixed with the goats, and Pius X. has to shepherd both alike. Since his elevation to the throne of Peter in the Via Merulana, a portion of which the Pope has detached from S. John Lateran.

HIS MERCY IS ABOVE ALL HIS WORKS. From "Seedlings" by the Right Rev. Charles H. Cotton, D. D.

Thus God strives to draw men to Himself if they are separated from Him, or to hold them if already united to Him. If they are in sin He guides them and strives to quicken consciences; if they are walking in the paths of virtue He makes them taste more and more the delights of serving Him.

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