

Household Notes

HOW TO BUY MEAT.—In a bright little magazine, "Good Housekeeping," a contributor under the initials, "L. W.," discusses this important question as follows:—

"Marketing is one of those branches of the domestic economy which must be learned by doing, just as one must learn to swim by swimming. All the paper mache models of cuts of meat, forequarters, hindquarters and roasts are as nothing beside one well-spent morning in a market. Where your marketman, who is, of course, obliging, is cutting up a side of beef or lamb. Get him to tell you when that is to be done, and then be willing to display your ignorance by asking about every cut you do not understand or know the use of.

Keep yourself posted in the matter of prices and seasonable materials, meat, fish, fruit and vegetables. Learn to buy accurately as to quantity and quality and plan beforehand what you will want, always allowing for a little flexibility in case the particular vegetable or fruit which you desire has risen in price or fallen in quality.

The cutting of meat varies widely in the markets of different sections, so that only a few general directions can be given. For example, a roast of beef may be any one of several qualities or cuts, and a steak will vary in price according to cut, tenderness and flavor.

A corning piece of beef may be either a flank cut or a piece of what is called the rattle rand, a part of the forequarter in front of the ribs. This larger piece is subdivided into the "rattle" or upper cut, the middle cut, which is very poor in quality, and the brisket, which many people regard the best piece for corning.

A roast of beef is chosen from the sirloin, from the rib cuts, or from the back of the rump, which is almost solid meat and an economical cut for a large family; from the top of the round or the fillet, the latter being an expensive though tender cut.

For beefsteaks, we can have a cross cut of the rump, the top of the round or a sirloin steak, the latter being the most expensive of the three, though there are fancy cuts, which call for high prices and which give us no more value.

A tough piece of the round may be finely chopped and seasoned and made into hamburger steaks of a very appetizing quality. Another economical dish is the stew, which is good if well made. For this any good piece of meat with bone and fat as well as lean, will do—an aitch bone, the upper part of the chuck rib, the flank end of a sirloin roast or the middle cut of the shin.

For a "boiling piece," which, by the way, should be a "simmering" piece if it is to be tender, a rolled flank is good, while an excellent pot roast is prepared by long cooking of a middle or face cut of the rump.

THE COFFEE POT should not be washed with the other cooling dishes. Have fresh hot water without soap and be sure it is thoroughly clean and well scalded. Nothing loses in flavor more quickly than coffee, if poorly cooked.

FLAVORING.—An orange, an apple or a lemon, put in the jar with newly made sweet cakes, tea cakes or cookies, or in the cake box, will give a delicate and delicious flavor. Dried lemon or orange peel will do the same.

ABOUT PIES.—Three practical suggestions on pie-making:

Break eggs into the milk for custard pie and beat with cyclone eggbeater until foamy. Makes much finer and smoother custard.

For fruit pie, always mix the flour thoroughly with the sugar for the thickening and sweetening of the pie. Makes the juice creamier and is not so apt to run over. Put the butter on the lower crust before putting in the fruit, as it will rise when heated and be more evenly distributed through the fruit.

KNIGHTS OF COLUMBUS.

The Knights of Columbus held a ball in Madison Square Garden, New York, recently, which was attended by 10,000 people. The committee in charge reported that 20,000 tickets had been sold. The proceeds will help to found a hospital and to establish an employment bureau.

Catholic Boys' Brigade

For many years the absence of some organization to save Catholic lads from the terrible temptations of the streets has been a source of considerable anxiety to the ecclesiastical authorities of London. Clubs were started, but met with indifferent success, and even in some cases failed dismally, and it seemed as though it would be impossible to stem the serious leakage that was taking place. Happily for Catholic London, Father Segesser, of Bermondsey, hit upon the novel idea of forming the Catholic boys just leaving school into a brigade, thus enabling the clergy to keep in close touch with them.

At first the scheme met with some opposition, but it cannot be denied that at last a means has been discovered of saving the Catholic boy.

Soon after his appointment to the See of Southwark, the Most Rev. Dr. Bourne gave practical support to the scheme, with the result that in the South London districts alone there are several companies of the Brigade. During his recent visit to Rome the Most Rev. Dr. Bourne petitioned the Holy Father to bestow a blessing upon this great social work. This wish was gladly acceded to, and on Sunday afternoon last His Grace bestowed the blessing upon the brigade assembled in Westminster Cathedral.

The ceremony was of a most impressive character. Occupying seats in front of the sanctuary were the officers of the Brigade. An escort in charge of the colors took up a position near the sanctuary rails. With the chaplains, who included the Very Rev. Canon Murnana, Fathers Shoolbred, W. Thompson, Segesser and Philip Fletcher, was Lord Edmund Talbot, M.P.

His Grace the Archbishop was attended by the Rev. Dr. Jackman, his private secretary, the Right Rev. Mgr. Moyes, and several of the clergy of the Cathedral. The service began with the singing of "Faith of our Fathers." At the conclusion of the address of His Grace the Paval blessing was imparted. Each of the chaplains, officers, and boys was then presented with a medal which had been blessed by His Holiness the Pope.

Addressing the boys, His Grace said: The great Apostle, St. Paul, when speaking to his beloved disciple, St. Timothy, said to him, "Labor as a good soldier of Jesus Christ." That great apostle held up to his beloved son as an example of the life he ought to lead the life of discipline, obedience, and of courage, which was pre-eminently the life of a soldier. So we to-day were not going astray from the example of Apostolic times, nor from the teaching of our Holy Mother the Catholic Church, in asking you in your youth to group yourselves together, to put yourselves under discipline, to accustom yourselves to obedience, to build up your courage, in order that you may in turn be true soldiers on this earth of Jesus Christ.

The holy Catholic Church has taken up the idea of which St. Paul speaks. If we are to do any good at all, if we are to be true men, true Christians, true Catholics, then we must accustom ourselves from our youth upward to discipline, we must know how to control ourselves, to keep in check all our passions; we must learn to obey the voice of our own conscience within us, the voice of those whom God has set over us, whether in the Church or in the State, and we must learn to build up our courage, so that come what may, in spite of the various dangers and the allurements of the world, from the beginning to the end of our lives we must be true to the God who made us.

And let me say to you what a joy, what a consolation, it is to me to-day to see so many of you gathered together in this Cathedral. I rejoice because I see before me those who in spite of the difficulties that undoubtedly accompany the time of our

youth, in spite of all the temptations that may assail you, within your own hearts and from those with whom you come in contact, you are determined to take all means in your power to grow up to manhood bearing yourselves as Catholic boys ought to do. I rejoice for your sakes because I know the happiness and the contentment that comes to your hearts if you are faithful to the principles which have united you together in this Brigade.

I rejoice for the Church in England, because I see in you the first fruits of this movement upon which I place so many hopes for the future. I now know at last we have an efficacious means of giving to you, as you leave school and enter upon your work in life, the help of which you stand so greatly in need. I look forward to the day when all over this great city of London, and not only here in Westminster and Southwark, but indeed all over England, we may have gathered together in every great centre of industry many companies of the Catholic Boys' Brigade. I am glad therefore, at the very outset of the work which God has committed to me, to welcome you here, and to welcome you, not only in your own persons, but as the beginners, the pioneers of a great movement, which will accomplish a work of the importance of which no one can foretell.

You know you have not only the blessing of the pastors of the Church in this country, but you have something greater still than that—the special blessing of our Holy Father the Pope himself. I did not fail to speak to him of this great work. I told him of the fruits which it had already produced. I placed in his hands my petition asking for a special blessing upon you, and with his own hands he signed that blessing, which I have to bestow upon you today. You will receive this blessing with hearts full of love and gratitude and loyalty for the person of the Sovereign Pontiff. Ask of our Divine Master, the great Captain of the Army of the Catholic Church, to purify your hearts still more, to make you more and more obedient to His voice, so that this blessing may descend upon you with all its fullness, and bring you the happiness and the consolation that the Holy Father would desire to bestow upon you in giving you this blessing.

On you will depend the success and the development of this Catholic Brigade. Live up to the principles which are set before you, and then others will long to imitate you, and when many years have gone by you perhaps will have the consolation of seeing a great movement among us the extent of which none of us can possibly imagine to-day. Receive this blessing with love and attachment to the Sovereign Pontiff, and with an earnest determination to be ever more faithful, more devoted to this work which you have taken upon yourselves.—The Universe.

NOTICE.

Notice is hereby given that, "La Fonciere, a Mutual Fire Insurance Company, having its principal place of business in the town of Maisonneuve, in the District of Montreal, will make application to the Legislature of the Province of Quebec, at its next session to have its deed of incorporation amended in virtue of Section 17 of the revised Statutes for the purpose of obtaining the following powers:—

- 1.—To obtain subscription to a capital stock of \$50,000.00 with the privilege to increase the same to the sum of \$500,000.00 divided in shares of \$50.00 each.
- 2.—To acquire, own and alienate immovables.
- 3.—To issue insurance policies on the Mutual and the cash premium systems of the Province of Quebec.
- 4.—To transfer its principal place of business to the City of Montreal in lieu of the town of Maisonneuve.
- 5.—To issue insurance policies on either the Mutual or cash premium systems in towns and cities, as the Board of Directors might decide.

LEONARD & LORANGER, Attorneys for the petitioner.

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NOTICE.

Public notice is hereby given that les Cure et Marguilliers de l'Oeuvre et Fabrique de la paroisse de Tres Saint Nom de Jesus de Maisonneuve, in the County of Hochelaga District of Montreal, will apply to the Legislature of the Province of Quebec, at its next session, for a bill to give to the Trustees of the parish of Maisonneuve, certain special powers in addition to those granted to corporations of Trustees by the general law, and more especially to incorporate the Tréfle Bleu, William Richer, Hubert Desjardins and M. Gustave Ecrement, trustees-elect, and the Cure of the parish, the last named being ex-officio, under the name of the "Trustees of the parish of Maisonneuve," with powers to erect a Church and Sacristy, and to borrow for those purposes a capital sum not exceeding \$125,000, and to arrange the conditions of the said loan which is to be paid within a period of time not exceeding fifty years; and to be authorized to levy annually on the immovable property of the Catholic Freeholders of the parish, a sum not exceeding twenty-five cents in the hundred dollars of the value of the immovables affected. Such annual assessments will be based on the Municipal valuation roll of the Town of Maisonneuve, and also to fix the time and place of payments; to provide for all vacancies of trustees; to ratify the obligation assumed by l'Oeuvre et Fabrique de la paroisse du Tres Saint Nom de Jesus de Maisonneuve, to pay annually to the said Trustees the sum of \$2,500.00 to assist in the payment of the above mentioned buildings.
Montreal, 19th January, 1904.
TAILLON, BONIN & MORIN,
Attorneys for petitioners.

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Society Directory.

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ST. PATRICK'S T. A. AND B. SOCIETY.—Meets on the second Sunday of every month in St. Patrick's Hall, 92 St. Alexander street, at 3.30 p.m. Committee of Management meets in same hall on the first Tuesday of every month at 8 p.m. Rev. Director, Rev. Jas. Kiloran; President, W. P. Doyle; Recording Secretary, J. P. Guening, 716 St. Antoine street, St. Henri.

ST. ANN'S T. A. & B. SOCIETY.—Established 1868.—Rev. Director, Rev. Father McPhail; President, D. Aallery, M.P.; Sec., J. F. Quinn, 625 St. Dominique street; M. J. Ryan, treasurer, 18 St. Augustin street. Meets on the second Sunday of every month, in St. Ann's Hall, corner Young and Ottawa streets, at 3.30 p.m.

ST. ANN'S YOUNG MEN'S SOCIETY.—Organized 1888.—Meets in its hall, 157 Ottawa street, on the first Sunday of each month, at 8.30 p.m. Spiritual Adviser, Rev. Father Flynn, C.S.B.; President, R. J. Byrne; Treasurer, Thomas O'Connell; Rec.-Sec., Robt. J. Hart.

O.M.E.A. OF CANADA, BRANCH 26.—(Organized 18th November, 1878)—Branch 26 meets at St. Patrick's Hall, 92 St. Alexander St., on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Spiritual Adviser, Rev. M. Callaghan; (Chairman, F. J. Sears; President, P. J. Darsey; Rec.-Sec., P. J. McDonagh; Pin-Secretary, Jas. J. Costigan; Treasurer, J. H. Feeley, Jr.; Medical Adviser, Drs. H. J. Harvie, E. J. O'Connor and G. H. Merrill.

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NOTES

SENSATIONAL JO

In view of the unusual crimes that have recently committed, and of the fact that are now going on to take place in the Grace Mgr. Bruchesi, Montreal, addressed a able and timely letter to his press of this city. In his communication His Grace national publication of tales of crimes, as they the public trials. He Catholic press to refrain from publishing reports, descriptions, minute details and illustrations. What that the business of a newspaper is to supply its readers with news of passing events and to acquaint them with what is in the world, His Grace pointed out the danger to morality in general that lurks in the revealing of horrid details of sad facts—all the more because they are true. It is not to our country's credit that our newspapers should dwell on these details to herald them abroad and to have them read by those who have not fit to warn the people, experience has shown his great wisdom justified and in this instance his wisdom is in good time and his salutary effect. We must credit where it is due, on His Grace has felt obliged of the rapidly increasing dwelling too much upon the sad and tragic events, his voice by way of admonition promptly has been the of our first pastor and to assure him of its acceptance with words of counsel that written. This is a hope when the Catholic press of try is prepared to harken to the voice of the Church and to her wisdom—as expressed in her hierarchy—we can rely to the spirit of Catholic journals. That the secular press deviate, at times, from the path of the Church's tracing natural; but when it is prepared to return to that path the warning is given, we clear therein the spirit of Faith that Catholic journalists

praise, less censure to time we meet with advice condensed into small our attention—for it seemed. A paragraph the other day very much in very few "Within the limits of propriety cannot say too many nice things your friends and of them. It is given to backbiting. Let us be given to praise."
What a splendid moral lesson are all too much prone to find with others, and to dwell with sure upon their defects and shortcomings. It is probably our erring human nature lead to look upon the darker side of and to take a kind of delight in backbiting, slandering, often calumny. So few ever upon doing unto others as would have others do unto selves. In some it is not real wickedness of disposition nor need of heart; it is merely a reflection and a lack of care for feelings of others. Yet this brings its own punishment with