the farm's products. Therefore, it will be very profitable for farmers to increase their production. Efforts should be made to convince them of this and to help in finding suitable assistance, so that it may be possible for them to work more land than before.

IX.

Labor Exchanges have been and will be established, under varying names, in many of the provinces, for the purpose of finding occupation for those whom the war has thrown out of work. Farmers and unemployed alike should be urged and helped to make use of these exchanges.

Х.

Measures, and a public sentiment, must be provided which will insist upon the public maintenance of those, unable to help themselves, who are dependent upon men gone to the front. There must be no spot in Canada without an efficient organization which will see that soldiers' dependents have opportunities for helping themselves, and assistance when it is needed. The same organization, through its local knowledge, can be very useful in making certain that public relief goes to none but those who are worthy of it. Those who require assistance of this nature should apply to the local branch of the Canadian Patriotic Fund, or, if no such branch exists, to Herbert B. Ames, Esq., M.P., Honorary Secretary, Canadian Patriotic Fund, Birks Building, Sparks Street, Ottawa. Those who are capable of work, or are free and able to enlist, should be given nothing, so long as enlistment is possible for them.

XI.

Advocate, by example and advice, the prompt payment of debts, in order that business confidence may be sustained and that the business and activities by which Canada's resources are created and increased may be continued, little-affected by the war.

XII.

Voice the necessity for responding promptly to Red Cross or other official requests for garments or other supplies, and explain the necessity for conforming to regulation patterns and standards in all work of this kind. Further details may be obtained from Canadian Red Cross Society, Head Office, Toronto.

XIII.

Red Cross work, like other activities indicated in this statement, can often be done better by women than by men. The opportunities and duties which the war offers might be pointed out to women who have not already accepted them. Women