## New Clothing <br> Progress Brand

Come in, Saturday, and look at our new lines of Suits and Overcoats. The prices are marked very close.

UNION CLOTHING CO.
and 28 Charlotte Stree
Old Y. M. C. A. Building.
ALEX. CORBET. Managor

## "AS A MAN SOWS."

by helen wallace
Author of WTHE GREATEST OF THESE," "THEIR HEARTS' DESIRE, ETC

 ment?

GREAT BOOM AT THE NAPOLIS IRON CO.
$\qquad$
The skin rids the system of more urea than the kidneys? Nearly one fifth of the waste products of the body is
eliminated by the skin. Suppose there is some unsuspected eliminated by the skin. Suppose there some unsuspected,
unseen skin trouble-the pores are closed-the skin is unable or rid the system of its share of the waste. Then the blood carries this waste product to the kianeys
immediately they are overworked-they strain to throw off the immediately they are overworked-chey strain to throw off the exlood takes up again and deposits on the nerves. Then come the dull aches in back, hips and head-the nerves unstrung and irritated - the urine charged with impurities
and highly colored-and you fear you have "Kidney Trouble." Nonsense. Your kidneys are overworked-not diseased.
What you need is "FRUIT-A-TIVES" to ant on the skin. Tunitatives open the clogged pores-start up healthy skin action-and let
the skin perform its natural function. This instantly relieves the kidneys of overwork - the back-aches stop and the complexion
is beautified. There is no excessive waste matter in the blood to bring dull headaches-the urine is cleared-the bowels are pened and regulated-and the kidneys strengthened.
 disease that are really skin troubles


 FRUIT-A-TIVES Limited, OTTAWA.

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