

pressive cases, if they come early the attack can often be aborted. In cases of exhaustion psychoses, if the patient comes early his life may be saved, and I think I am safe in saying that 99 per cent. of the exhaustion cases, if treated outside the regular Hospital for the Insane, will die within two weeks. In cases of dementia præcox, the early treatment is the only treatment that is any good. After the psychosis is well established the personality is changed and it is just as impossible to restore him to his normal condition as it would be to change a Chinaman into a Negro. The symptoms of dementia præcox are plain and easy, and if recognized early the man may be restored in a certain degree.

(2) You may also give us a full history of the case. It is important that we should get an exact idea of the kind of people his mother and father are, their peculiarities, how they live, their view of life, if this child is the same as the other brothers and sisters, if he was as bright at school as the rest, or if he was always a little peculiar, what changes were first noticed and what were the first changes in his disposition. The diagnosis of a case depends upon how the case developed. The end stages of all forms of mental disease are pretty much the same. In seniles we get dementia, in paresis we get dementia. The end stage of dementia præcox is dementia. The epileptic will finally show all the symptoms of dementia, and when this condition develops in any form of mental disease, it is hard for us to either diagnose a case or to do anything for it.

(3) The doctor can also educate the public and the friends that the patient will be taken care of in the hospital, that he is sent there because he can be better taken care of there than he can be at home. He can explain to the friends that the people in the Hospital for the Insane are human beings and not monsters, that they do not punish and persecute the patients.

(4) You can help us again in discharging patients into the care of the friends by keeping track of them, by letting us know how they are getting along, by reporting if the home conditions are suitable and congenial. It will certainly help the patient to know that somebody is taking an interest in his welfare.

(5) You can help us if you will do all in your power to discourage the use of the words, "crazy, lunatic, and asylum." These words seem to carry with them the echo of the dark ages. They all have unpleasant associations, they are unnecessary, and it is just as easy to speak of a sick man or of a hospital and not try to differentiate between the respectability of one form of illness and that of another.

Unfortunately there is an idea prevalent that it is a horrible dis-