

action comes on. This process may be repeated after a time if required, though I have seldom found a second application necessary; but, never more than a second in the worst cases. If the throat be much affected, a compress of several folds of linen dipped and wrung out of cold water, at a temperature under 60°, if possible, should be kept constantly applied to the neck, and renewed frequently. I say it not boastingly, but in all truth and gratitude, that I have not lost a solitary case of this malignant and fatal disorder, since I have adopted the cold water treatment!

For the particular mode of applying cold water, packing, &c., I would advise persons who are not within the reach of experienced or practical cold water manipulators, to consult Dr. Munde's valuable little work on Scarlet Fever* treated Hydratically. It was written during an invasion of malignant Scarlatina, in 1857, from the purest motives of philanthropy, and although not written for the Medical profession, will not be the less useful or valuable on that account. After declaring that he only holds water treatment as a branch of the medical tree, and not the whole tree; he says, on the subject of his work; "owing to the reluctance of the profession to allow Hydro-therapeutics an honorable place among medical systems, I address myself more to parents than physicians. Had I intended to write for the latter, exclusively, the important subject which I am treating, would have received another coat." He also states in his preface, what I, *from my own experience believe*, viz: "I have treated Scarlet Fever hydratically for twenty one years, and out of several hundred cases never lost a patient, except one, who died of typhus during an epidemic of Scarlatina." He speaks equally favorably of the success of other physicians of the same School, during a period of twenty five years, but his encomiums do not apply to the cold water quacks, with whom the country abounds.

Having spoken of Dr. Munde, (whom I have the pleasure of knowing personally) it may not be uninteresting to point out some of the scientific advocates of cold water treatment, who however existed only as monads in their respective generations, until the uncultivated genius Priessnitz burst forth like another Alpheus, and seizing his more learned and accomplished disciple Munde as his Arethusa, plunged into the stream of Elis and rose again with healing on their wings. The former (now gathered to his fathers) was first brought into world wide note, more by the writings of his pupil, than by his genius or successful practice, and the latter has found his Sicily near Northampton, in Massachusetts. Dr. M. is, I believe, a native of Dresden; a highly educated and accomplished gentleman and physician; who uses the water treatment, not empirically, but scientifically.

His writings are recognised as reliable authorities, both in Europe and America. He was the favorite pupil of Priessnitz. His works are numerous and have been translated into almost every modern tongue; English, French, Spanish, Portuguese, Italian, Swedish, Hungarian, &c., and so popular is his "Hydrother-

* Hydratic treatment of Scarlet Fever in its different forms. Or how to save, through a systematic application of the water cure, &c., &c., &c., by Charles Munde, M.D., New York: Wm. Radde, 300 Broadway, 1857.