

in his late work on Diseases of the Lungs, both emphasise the value of such simple medication.

Alcohol in general is of value only so far as it favors the digestion and assimilation of food. In patients who rapidly increase in weight and show any tendency to increase of pulse tension it may favor hemoptysis and is therefore to be avoided. Cod liver oil is our most rapidly absorbed and most easily assimilated fat; it is, therefore, a food as well as a medicine of acknowledged therapeutic value. The majority of tuberculous patients take cod liver oil with advantage, and many authorities acknowledge that a patient will gain weight while taking cod liver oil, although he fails to do so under other medicines. Should it impair appetite, give rise to acid eructations, or increase diarrhœa, it should at once be discontinued. Hydrotherapeutic measures are among the most valuable adjuvants in the treatment of the disease. Cold compresses are extremely serviceable for the relief of many of the minor ailments of tuberculous patients; while the cold sponge or douche, taken in regular methodical way, is of great value in toning the vasomotor system, and preventing the tendency to "catch cold" easily, so notable in many tuberculous patients. The best chest protector, says Ransome, consists in well douching the chest night and morning with quite cold salt water.

In regard to special medication, there is no occasion to repeat what must to all of you be well known facts. In my opinion, every accessory means of improving general nutrition should be taken advantage of, while all nauseating or depressing drugs should either be altogether avoided, or used in the most sparing quantities. Strychnine, as a stomachic and general cardiac and respiratory stimulant will, in many cases prove of great service. Creosote in moderate doses is occasionally of much service in checking fermentation in the alimentary tract; it also appears to be of decided benefit in cases associated with much bronchial irritation or secretion. Stubbert has employed ichthyol in keratin coated pills, with much success, especially in patients suffering from intestinal complications. He states that in a number of patients treated with ichthyol in daily doses of from 6 grs. to 10 grs., the results on weight, expectoration, cough, and the disappearance of bacilli were ten per cent. better than those obtained from the employment of creosote or any of its derivatives. My own experience with the drug has been too slight to draw any conclusions.