

INTERNATIONAL THROAT AND LUNG INSTITUTE.

Head Office: London, England. Branches: Montreal, Toronto, Detroit, Winnipeg and Boston. This institution is rapidly enlarging its field of usefulness, and at the same time, from its increasing success in treating diseases of the air passages, viz.: Asthma, Bronchitis, Catarrh, Catarrhal Deafness, Laryngitis, and Consumption, in its first stages it is gaining the respect and confidence of the general public, and the majority of the most respectable physicians of the day. The secret of its success is devoting the whole of its time and its staff to the treatment of this one class of diseases and the new mode of treatment by the aid of the Spirometer, the wonderful invention of Dr. M. SOUVILLE, of Paris, ex-Aide Surgeon of the French Army. If unable to call personally, write for list of questions and copy of "International News," published monthly. Address Dr. M. SOUVILLE & Co., 173 Church St., Toronto, and 13 St. Philip's Square, Montreal.

Dr. J. Rolph Malcolm,

(ESTABLISHED 1863.)

Physician for Affections of Throat, Lungs and all other Chronic Diseases. 357 KING ST. WEST, TORONTO.

SPECIALTY—The Treatment of Affections of the Respiratory Organs by Inhalation.

All those suffering from Catarrh, Bronchitis, Asthma, Consumption, or any other disease of long standing, are cordially invited to call.

CONSULTATION FREE.

Books giving full particulars, mailed free, on application.

RHEUMATINE

An Internal Remedy and a SURE CURE for all kinds of

Rheumatic Complaints.



If you are suffering from

KIDNEY COMPLAINTS

Give RHEUMATINE a fair trial. You will never regret having done so.

Testimonial from Rosa Needham, who has been for years in the service of the Rev. Dr. Williams, of St. Paul Street Methodist Church, St. Catharines

St. Catharines, July 2, 1883.

Mr. SUTHERLAND: I have been afflicted some years with Rheumatism, became stiff and almost helpless. I also suffered very great pain. I was in this state when I first saw your advertisement of Rheumatine in the paper. I thought it could do me no harm to try it, which I did with the best results. Now I can move about as well as ever. I had to take quite a number of bottles. Still that is nothing to being cured, which I am happy to say I am.

I did not feel any relief until I had taken four five bottles; then I began to feel better. I truly hope anyone else who is suffering from Rheumatism will give your Rheumatine a fair trial, for I was very bad and it cured me. Do as you see fit with this letter and believe me to remain,

Most gratefully yours, ROSA NEEDHAM.

(Signed) ROSA NEEDHAM. P.S.—I am living at the Rev. Dr. Williams, St. Catharines. Any reference to him will prove that the above is true. (Signed) ROSA NEEDHAM.

See our Change of Testimonials every week in Daily Papers.

—SOLD BY ALL DRUGGISTS—

HOLIDAY BOOK! WALKS ABOUT ZION.

BY REV. JOS. ELLIOT.

175 pages. Cloth, 50 cents; in paper, 30 cent. Mailed to any address, free of postage, on receipt of price.

"Among good books for devotional or practical religious use we may mention with commendation 'Walks About Zion,' a service of brief interesting and practical addresses on religious topics."—New York Independent.

These addresses are brief, pointed, eminently practical. Mr. Elliot is well known in the community as an accomplished expounder of the Word of God, and with the gift of saying much in few words, and few words with much meaning. This is the characteristic of these addresses which we most cordially commend to the thoughtful reader. We confess to be reminded by these brief and terse discourses of our dear old favorite, John Foster."—Presbyterian (Halifax) Witness.

Usual discount to the trade.

C. BLACKETT ROBINSON, Publisher. Jordan Street, Toronto.

An Old Soldier's EXPERIENCE.

"Calvert, Texas, May 2, 1882.

"I wish to express my appreciation of the valuable qualities of

Ayer's Cherry Pectoral

as a cough remedy.

"While with Churchill's army, just before the battle of Vicksburg, I contracted a severe cold, which terminated in a dangerous cough. I found no relief till on our march we came to a country store, where, on asking for some remedy, I was urged to try AYER'S CHERRY PECTORAL.

"I did so, and was rapidly cured. Since then I have kept the PECTORAL constantly by me, for family use, and I have found it to be an invaluable remedy for throat and lung diseases. J. W. WHITLEY."

Thousands of testimonials certify to the prompt cure of all bronchial and lung affections, by the use of AYER'S CHERRY PECTORAL. Being very palatable, the young children take it readily.

PREPARED BY

Dr. J. C. Ayer & Co., Lowell, Mass.

Sold by all Druggists.

Advertisement for CATARRH medicine, including text: "To any suffering with Catarrh of the bladder who earnestly desire relief, can furnish a means of Permanent Cure. The Five Cure. A Home Treatment. Charge in consultation by mail. Reliable Treatise Free. Certificates from Doctors, Lawyers, Ministers, Business men. Address Rev. T. P. CHILDS, Troy, N.Y."

Bells.

MENEELY BELL FOUNDRY

Favorably known to the public since 1838. Church, Chapel, School, Fire, and other bells; also Chimes and Bells. MENEELY & CO., WEST TROY, N.Y.

Advertisement for THE TROY MENEELY BELL FOUNDRY, CLINTON H. MENEELY BELL COMPANY, TROY N.Y., featuring text: "Manufacture a superior quality of Bells, of all sizes. Greatest experience. Largest stock. Attention given to CHURCH BELLS. Illustrated Catalogue mailed free."

Advertisement for McSHANE BELL FOUNDRY, featuring text: "Manufacture those celebrated BELLS and CHIMES FOR CHURCHES, SCHOOLS, LOCKS, etc., etc. Prices and terms on application. Address H. McSHANE & Co., Baltimore, Md."

Advertisement for BUCKEYE BELL FOUNDRY, featuring text: "Bells of Pure Copper and Tin for Churches, Schools, Fire Alarms, Farms, etc. WARRANTED. Catalogue sent on application. VANDUZEN & TIFT, Cincinnati."

Advertisement for BLYMYER ME'S CO BELL CO, featuring text: "Manufacturing Co., Troy, N.Y. NO DUTY ON CHURCH BELLS."

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A BEAUTIFULLY ILLUSTRATED

NON-DENOMINATIONAL

Sunday School Paper,

PUBLISHED MONTHLY.

TERMS FOR THE CURRENT YEAR!

Table with 2 columns: Copies to one address, Price. Rates range from \$1.00 for 1 copy to \$12.00 for 12 copies.

Number exceeding one hundred at same rate.

It is sure to be a great favourite with the children of

CANADIAN SABBATH SCHOOLS

C. BLACKETT ROBINSON, No. 5 Jordan Street Toronto.

Scientific and Useful.

SNOW PYRAMIDS.—Beat to a stiff foam the whites of half-a-dozen eggs, add a small teaspoonful of currant jelly, and whip all together again. Fill as many saucers as you have guests half full of cream, dropping in the centre of each saucer a tablespoonful of the beaten eggs and jelly in the shape of a pyramid.

SPANISH FRITTERS.—Cut some slices of bread into any shape you like, pour a very little brandy on each piece; mix two eggs with two spoonfuls of flour and a little milk; cover the pieces of bread with this batter, let them rest for half an hour, then fry in lard or butter, and serve hot with a little preserve on each fritter.

TORONTO PUDDING.—One cup each of raisins, suet, molasses, and sweet milk, three cups of flour, one teaspoon of soda, one of allspice, one of cloves, one of cinnamon, half teaspoon of salt; pour into a pan, set in a steamer, steam four hours. Send to the stable steaming hot; on each slice put a large spoonful of white sugar and butter, beaten very light.

LENTIL SOUP.—Mix a tablespoonful of lentil flour and a teaspoonful of corn flour with a little milk till as thick as cream. Boil three-quarters of a pint of milk sweetened a little and flavoured to taste; pour this slowly on the flour and milk, stirring meanwhile. Boil all together for ten minutes still stirring. Add a whipped egg. This is a most nourishing albuminous food and a good substitute for beef tea.

OLD TIME PORK AND BEANS.—Take two pounds of moderately lean side pork, to two quarts of marrow fat or other beans. Put the beans to soak over night. In the morning after breakfast scald and scrape the rind of the pork and put on to boil an hour before putting in the beans. Set the beans to boil in a separate pot, in half-warm water. If the water used is of hard limestone use a teaspoonful of soda to the first water. After boiling a short time, drain through a colander and put on fresh water and let it boil until quite tender. Then add the pork to the beans and let simmer until nearly as stiff as mashed potatoes. Then put into a baking dish; score the pork and place in the centre; brown in the oven one hour. Great care should be taken not to let the beans scorch when they are boiling.

TAPIoca PUDDING.—Soak all night one teacup of tapioca in two teacups of water. In the morning beat the yolks of four eggs with less than a cup of sugar and a teaspoon of butter, or a very little salt. Have a pint of new milk in a tin-bucket (if you have no farina-kettle.) Pour in your tapioca, water and all, and set the bucket in a pot of boiling water. As soon as the milk begins to boil, stir in your eggs and sugar and flavour as you like (I use vanilla.) When it thickens pour it into the dish you intend to set on the table. Have the whites of the eggs beaten to a stiff froth, and flavoured and sweetened, spread over the top of your pudding, set in the oven a moment to brown. If you prefer it, you can spread on a layer of cranberry or other tart sauce or jelly, before you spread on the frosting. To be eaten cold, served with cream. Excellent puddings may be made by this recipe, using bread-crumbs, rolled crackers, boiled rice, cocoanut, chocolate, or ground pop-corn, in place of the tapioca.

MR. G. W. MACULLY, Pavilion Mountain, B.C., writes: "Dr. Thomas' Electric Oil is the best medicine I ever used for Rheumatism. Nearly every winter I am afflicted with Rheumatism, and have tried nearly every kind of medicine without getting any benefit, until I used Dr. Thomas' Electric Oil. It has worked wonders for me, and I want another supply for my friends," etc.

A REMARKABLE RESULT.—W.A. [Name], of Frankville, was a terrible sufferer from Chronic Kidney and Liver Complaint, and at one time was so bad that his life was despaired of. He was cured by four bottles of Burdock Blood Bitters.

PLEASANT TO THE TASTE.—Children and persons with weak constitutions have always found great difficulty in taking Cod Liver Oil, and from this fact it has not been universally used, but with Northrop & Lyman's Emulsion of Cod Liver Oil and Hypophosphites of Lime and Soda, this practice is removed. It is so thoroughly disguised that you cannot detect the Cod Liver Oil. One physician writes us that it is used almost as a beverage in his family; another person informs us that he had to hide the bottle from his children. For Coughs and Colds, broken down constitutions, and all Lung Diseases, it has no equal.

COMPETITION No. 2.

GOLD WATCHES, SILVER WATCHES, JEWELLERY, ETC., GIVEN FREE TO SENDERS OF FIRST CORRECT ANSWERS TO CERTAIN BIBLE QUESTIONS.

The publisher of the Ladies' Journal, a twenty-page Monthly Fashion Magazine, published at Toronto, Canada, offers the following valuable prizes:

First Prize.—One Solid Gold Hunting Case Ladies' Watch, cases elegantly engraved, retailed about \$60.

Second Prize.—Ladies' very fine Hunting Case Coin Silver Watch, retailed about \$20.

Third Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$18.

Fourth Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$16.

Fifth Prize.—Gentlemen's Solid Coin Silver Hunting Case Watch, retailed about \$14.

Sixth Prize.—Gentlemen's Nickel Silver Hunting Case Watch, retailed about \$10.

Seventh Prize.—Gentlemen's Open Face Nickel Watch, retailed about \$8.

Eighth Prize.—A Pair of Beautiful Heavily Plated Gold Bracelets, retail \$7.

Ninth Prize.—A Solid Gold Gem Ring—a very pretty article.

Each of the following questions must be answered correctly to secure a prize. The prizes will be awarded in the order the correct answers are received. That is, the first one sending the correct answer to each of the Bible questions asked below will receive the first prize, and the second sending correct answers to all the questions will receive the second prize, and so on. Remember that the three questions must be answered correctly, and FIFTY CENTS IN SCRIP OF CASH must be sent by each competitor, and for this dollar they will receive the Ladies' Journal for one year.

Remember these prizes are only given you in order to get you to take an interest in the Ladies' Journal, and also to get you to study the Bible. You will get extra good value for your half dollar investment even if you don't secure one of these valuable prizes. The following are the questions, and they are really not so very difficult if you know anything at all about the Bible:—

No. 1.—How many letters are there in the Bible?

No. 2.—How many words?

No. 3.—What verse in the Bible contains all the letters of the alphabet, counting I and J as one?

The Old and New Testament are included in the term Bible, but not the Apocrypha.

The Ladies' Journal is the best value for fifty cents to be found anywhere among ladies' fashion publications. It consists of twenty pages each issue, and contains the sum and substance of all the high-priced American fashion publications, with large full page illustrations of all the latest fashions, with two full pages of the newest music, a short or serial story, household hints, and a lot of other very interesting matters for ladies. This competition will remain open only through January next. The names and addresses of prize-winners in this competition will be given in the February issue. In the January issue of the Ladies' Journal, just published, will be found the names and addresses of the successful prize-winners in Competition No. 1, just closed. The annual subscription to the Ladies' Journal is fifty cents. Single copies, five cents. Address,

EDITOR LADIES' JOURNAL, Toronto, Canada.

Do not delay in getting relief for your folks. Mother Graves' Worm Expeller is a pleasant and sure cure.

There are a number of varieties of corns. Holloway's Corn Cure will remove any of them.

A COMMON ANNOYANCE.—Many people suffer from distressing attacks of sick headache, nausea, and other bilious troubles, who might easily be cured by Burdock Blood Bitters. It cured Lottie Howard, of Buffalo, N. Y., of this complaint and she praises it highly.

No time like the present for seeking medicinal aid when what are foolishly called "minor ailments" manifest themselves. There are no "minor" ailments. Every symptom is the herald of a disease, every lapse from a state of health should be regarded at once as disastrous consequences are likely to follow. Incipient Dyspepsia, slight constiveness, a tendency to Biliousness, could be promptly counteracted with Northrop & Lyman's Vegetable Discovery and great Blood Purifier, and the system thus shielded from worse consequences.