'true-hearted, whole-hearted, faithful and loving" who will undertake the superintendence of it. Oh, the many qualifications that are needed by this one! Is she hard to find? Where are all our would be missionaries? Surely that church has failed in part who cannot point to at least one of its members in whose heart is a yearning toward the Foreign Field! And what better guarantee can be given for aptitude in the foreign work, than faithfulness and devotion to the work at home? Dear young sister, you would gladly serve your Lord among the Telugus of India, but perhaps that desire may not be granted. Now here is work just in your line.

"If you cannot cross the ocean and the heathen lands explore" determine that you will use your influence to the utmost in preparing others for the work.

Never, never allow yourself to become discouraged. Moody truly says, "God never makes use of a discouraged worker." Take hold of the work with a will determining that you will make yourself as capable for the work as possible. Know the name and the house of every member of your Band. If you succeed in winning their affections and they are convinced that you have a personal and special interest in them, your influence will be almost unbounded.

Cultivate a style and manner that will be most pleasing and attractive to the children. F. R. Havergal's little prayer: "Make us.winning, make us wise!" is an admirable one for any Christian worker, but especially for a worker with the young.

If you would interest your young people in missions, you must be interested yourself, to be interested you must be informed, to be informed, to be informed, to must read, read constantly, read thoughtfully, treasuring up the fact in your mind to be used at will. To do this, other reading must largely be sacrificed. A Band leader said to me a short time ago: "The only time that I allow myself to read a novel is during the summer vacation. During all the rest of the year my reading is chiefly for my Bunday School class and Band. But said she, "This is no self-denial, for everything in the shape of missionary literature has now the greatest fascination for me, greater even than the most thrilling romance."

Dear young sister, would not you be willing to follow the example and to avoid light literature at least, for a few months in the year in order that you might the better fit yourself for service?

Bvery Leader can be fully equipped for work now. A wealth of material is furnished by the Bureau of Information and the circulating library, which are at the disposal of all. Write to Miss Stark, enclosing stamps for postage and she will-send you books and leaflets that will be invaluable to you. Of course no Leader will think of doing without the Link and Visitor—they are indispensable.

Missionary music, lively and bright, is an essential to a well-conducted Mission Band. The demand has created a supply, though few as yet seem to be aware how large and excellent the supply is. Fellmore Bros., of Cincinnatti, O., have recently published several concert exercises for Mission Bands. Some of these are "Open Doors," "Missionary Bands," "Children's Offering," "The Little Missionary," "What can the Children Do?" "Little Crusaders," "Emblems of Praise."

These contain both music and recitations. They can be obtained for five cents a copy or fifty-five cents per dozen. "Light in Darkness" can be had from Miss Stark. John Church & Co. publish the "Missionary Triumph," a collection of one hundred hymns, most of them suitable for the Band.—Price 35c. "Mission Songs," published by the Congregational Pub. Society, Boston, includes 183 pieces, at 30c.), paper covers. But these are more appropriate for adult ratherings.

"Primary Songs," published by the D. C. Cook Core contains 72 pieces, most of them just the thing for Mission Bands.

Have a list of mission Fields prepared, and at each meeting select the one to be considered the following week. Always select some special object before you, for which present an appeal; show the need for more men, more money and especially for more prayer. Encourage the members to pray; suggesting the subject, for instance, the lonely missionary, the native Christian, mission school, Zenana workers, etc. Let the exercises be conducted with briskness and animation: dullness is unpardonable in a missionary meeting—

Many Bands are adopting the plan of giving to each member the name of a missionary. They are then expected to find out all they can about their namesake and report to the Bard. If curiosities can be obtained from the field they represent it will add to the interest.

The older members should be encouraged to glean items of news from all over the world from the daily papers and magazines. The officers with the exception of the Leader should be changed quarterly, that all may share in the training and responsibility. By all means have the roll revised quarterly. It is not justice to the faithful few that the credit of their offerings should be shared by those who seldom attend and give nothing. Strike off the names of irregular members and fish for them again.

There will be much to try your perseverance, when the novelty has worn off and the attendance is small, when curious facts and horrible customs have ceased to charm. Then comes the testing time. But let no one think her trials are peculiar; there are certain difficulties every leader has to face. Perhaps the chiefest is to retain and interest the older members. Each season as it comes seems to offer some new attraction for the boys, while from the girls it is not uncommon to hear such an expression as, "Oh, I am not coming to that meeting any more, it is only for the kids." Now is the time for a little tact. Instead of appearing shocked or depressed tell them honestly that you have sometimes felt tempted to become a little discouraged yourself, and to give it all up, but then you had remembered that the heathen did not stop dying because you grew weary in well doing, that the sufferings of the Indian widow did not cease when you ceased to pray and to work for them, and that if we at home become faint hearted under slight discouragements, what can we expect of our missionaries, who are working alone with ignorant and degraded heathers? Then draw from your? quiver a few striking facts showing the need for united work and continuous effort. Pray with them, reason with them, invite them to your home to have a serious talk over the matter, convince them that instead of its being at all derogatory to their dignity to attend a meeting with the children, you