

THIS WOMAN'S SICKNESS

Quickly Yielded To Lydia E. Pinkham's Vegetable Compound.



Baltimore, Md.—"I am more than glad to tell what Lydia E. Pinkham's Vegetable Compound did for me. I suffered dreadful pains and was very irregular. I became alarmed and sent for Lydia E. Pinkham's Vegetable Compound. I took it regularly until I was without a cramp or pain and felt like another person, and it has now been six months since I took any medicine at all. I hope my little note will assist you in helping other women. I now feel perfectly well and in the best of health."—Mrs. AUGUST W. KONDNER, 1632 Hollins Street, Baltimore, Md.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record of being the most successful remedy for female ills we know of, and thousands of voluntary testimonials on file in the Pinkham laboratory at Lynn, Mass., seem to prove this fact.

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

where its sympathies were so strongly attached to the country against which they were used that it was indifferent to an appearance of neutrality but to suppose this country will cast aside neutrality in favor of the belligerent that sank the Lusitania is absurd."

London Daily Telegraph:—The Germans have (by their Zeppelin raids) sought to make us fellow sufferers with the Belgians and with the inhabitants of Northern France and Poland. They have consolidated the Entente, just as they unified the British Empire. Had they been more particular as to their methods of war, the outlook might be far less hopeful than it is. In playing the devil's part, they have arrayed one nation after another against the foe of civilization.

CONTENTMENT

Philosophers for ages have taught that contentment is the great desideratum of life; and life continually teaches that contentment is unattainable. Humanity never so persistently and so strenuously followed the lure of "owing things" as at the present time, but avariciousness breeds no contentment are two facts that receive smaller consideration today than at any time since Ecclesiastes taught that happiness is an unattainable phantom.

The economic and moral truths bearing upon the subject of contentment were beautifully expounded by Tolstoy, the Russian novelist and philosopher. One of his best known fables tells of a Russian peasant, who learned that over in a far Tartar country might be bought for a little money as much land as could be run around between sunrise and sunset. So this peasant quickly journeyed there. His bargain was quickly struck with the Tartar chief and next morning the whole tribe gathered on a hilltop to see him start. He was stripped for running and darted off in a straight line the moment the sun showed over the horizon. All day he ran and ran. He would come to a fertile valley and say, "I must have that," and run around it, or hurra out of his course to take in a piece of fine woods or meadow land. He ran and ran. By sunset he had to speed desperately to beat the sinking sun, but succeeded in reaching the hilltop and the waiting tribe just as it disappeared, completing his course. And then he fell dead with exhaustion.

Conditions to-day are identical to those in the days when this fable was written. In the present-day struggle for wealth, power and greatness of all degrees, the spirit of contentment seems to have been lost. How often we set our hearts in something which we are fully convinced will bring us happiness, and we feel that we cannot rest until we have attained it. If we rest until we have attained it, if we were to carefully weigh in the balance the fancied desires of this "hurry-up" age, however, and find how little real happiness these desires create for others, would we not strive more earnestly to cultivate a spirit of contentment in the things we now have?

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists 75c. Take Hall's Family Pills for constipation.

Fumigation Said to be Out-of-Date

Some of the things which we have learned with much difficulty, which have been hammered into our understanding by much effort on the part of scientific men, we are now busily engaged in unlearning. One of them is that fumigation is of any value in preventing the spread of infectious and contagious diseases. It is only recently that this began

to be whispered about, outside the medical profession at least, and it has caused a good deal of surprise. And a great deal more was caused by the announcement that in some of the big hospitals fumigation was no longer resorted to, that plenty of soap and water and sunlight and fresh air had been found to be better disinfectants than a smudge of vile-smelling stuff.

This subject, too, was under discussion last week at the meetings of the American Public Health Association in Rochester.

Advanced epidemiologists in the public health field such as Chapin of Providence, Goler of Rochester and Hill of London, Ont., have long held that practical cleansing after infectious diseases was quite as effective as so-called disinfecting with strong chemicals, and this theory found strong support in the discussion at Rochester. Specific data were presented by Dr. John S. Billings, director of the bureau of preventable diseases of the New York city health department, who gave the results of the New York experiment in the discontinuance of fumigation after scarlet fever, diphtheria and other common contagions. In all the boroughs except Brooklyn fumigation was replaced by thorough and scientific cleaning with soap and water, followed by complete airing. There are absolutely no increase in the number of secondary infections; curiously enough, there was a slightly greater proportion of secondary infections in Brooklyn, where the old device of fumigation was retained than in the other boroughs, where it was discarded.

A good many fables have been cast into the rubbish heap in years gone by. Here goes another apparently. Doubtless the future will see more of them disappear.—Express.

Mother

Many a man grows eloquent in thought and word as he recalls his mother. The word means something different to every man, but it means much to all men. A man who always speaks well of his mother generally can be trusted. We note the fact that one of the present candidates for a high office, in making a speech a few years ago, paid a beautiful tribute to his mother. The campaign committee are now using that part of his speech with the assertion that a man who remembered his mother like that ought to be the man who could be trusted in the public service and this is what he said:

"I think back through the years lean and fat good and bad to my earliest recollection. I saw a woman with an eye that flashes swift as an archangel's wing and a mouth that breaks with laughter and hardens at sight of wrong, singing lullabies; a woman who, with hand grasping the unseen hand, walks the brief-bordered paths unshamed, unafraid, unharmed. She is clad in garments of beauty to me, and age does not soil them, nor years make them cheap and tawdry. Her tongue has no guile, having never been the messenger of a lie. It is seventeen years since her soul went home to God, and her fingers became to me the fingers of an angel; but I have not forgotten all she said. She told me there was a Santa Claus, and I believed her. But he brings me no longer drums and fies. But he still brings to me the vision of my mother."

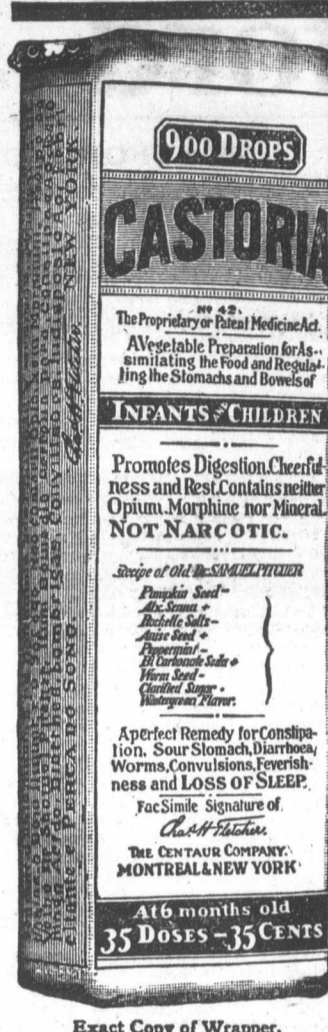
There is more or less graft in the construction of family trees.

Miss Katherine Dahlgren, well known in New York and Philadelphia society, is to drive an auto in a race with a man on a motorcycle.

Because of the waste of material the German government has warned all women in that country to refrain from wearing wide skirts.

A number of women professors are holding chairs in different universities of Germany and they have men among their students.

If she will consent to dispense with her trunk and ride a pack mule, Miss Anna Smith will be employed as a school teacher at Humburg, Cal.



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GRAND TRUNK RAILWAY SYSTEM TIME TABLE.

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Fair Dates

Wyoming—Oct. 1, 2. WATFORD—OCT. 5, 6. Alvinston—Oct. 7, 8. Bridgen—Oct. 4, 5. Florence—Oct. 11, 12.

A stitch in time may close the mouth of a gossip. And a little widow with a dimple is a dangerous thing. The bet you intended to make but did not is always the one safe bet. No man likes to have a lawsuit, but if he has one he dislikes to lose it.

Advertisement for McClary's Pand Range furniture, featuring the text 'You can cook to the full and bake an oven full of McClary's Pand Range at the same price as a stove' and 'SOLD BY T. DO'.

Advertisement for Harper's New Furniture, featuring the text 'New Furniture Never has there been such an immense stock of furniture as are showing. All bought at large margins from regular prices. Watch our window and you will see a fine assortment of your home at prices you can't believe. Offered from week to week. Matted Bed Room Sets, sets of newest designs. Different designs in Drapery which would look charming. HARPER FURNITURE PHONE 31. ALL KINDS OF MUSICAL INSTRUMENTS'.

Guide-Advocate Want Ad

An Adding-Machine Triumph

Why go to war when you can count the enemy out? An ingenious Swiss statistician, who is probably also a bit of a wag, has been keeping tab of the number of prisoners of war officially reported by the Austrians and Germans as having been taken on the eastern front since the first of May, when the Galician drive began. He finds that according to these figures 2,571,750 Russians have been added since May 1 to the 1,395,000 reported before that date.

Why should Germany waste billions on war material? What she wants is a larger battery of adding machines. The Russians are evidently surrendering more rapidly than they can be counted and sent to the rear. A serious feature of the case, however, is the food problem. The Russian peasant is a big, husky fellow, who consumes a lot of rye bread and potatoes. How is Germany going to stand his inroads upon the cupboard? If the adding machines keep going there will be eight or nine millions of Russians eating German rations before the harvest of 1916 is reaped. These adding-machine victories are not without their peculiar perils. They may convince the German people that the more Russians they take the nearer will the nation be to a fearful and lingering death from starvation. To prevent such an impression from getting abroad it would be well not to overwork the machines even if some of the phantom prisoners pass to the rear unrecorded.—Toronto Globe.

For years Mother Graves' Worm Exterminator has ranked as the most effective preparation manufactured, and it always maintains its reputation.

Those who are fond of harmony have no earthly use for chin music. Customs inspectors are patriotic. They always go where duty calls them. But a girl doesn't necessarily love the man she admires. Failure to start may save a poor finish once in a while. Poker is not a game of chance—or at least the amateur has no chance.

Advertisement for Children Cry for Fletcher's Castoria, featuring the text 'Children Cry FOR FLETCHER'S CASTORIA'.