Stomach trouble is but a symptom of, and not in itself a true disease. We think of Dyspepsia, Heartburn, and Indigestion as real diseases, yet they are symptoms only of a certain specific Nerve sickness—nothing else.

Let was this fact that first correctly led Dr. Shoop in the creation of that now very popular Stomach Remedy—Dr. Shoop's Restorative. Going direct to the stomach nerves, alone brought that success and favor to Dr. Shoop and his Restorative. With and favor to Dr. Shoop and his Restorative. With-

out that original and highly vital principle, no such lasting accomplishments were ever to be had. For stomach distress, bloating, billiousness, bad breath and sallow complexion, try Dr. Shoop's Restorative—Tableta or Yunife-and see for your Restorative—Tablets or Liquid—and see for your self what it can and will do. We sell and cheer

# Dr. Shoop's

#### Pa's Housecleamn'.

When the April sun's a-shinin' hot an' things is nice an' fresh,
When the willer's droppin' tossels an' the
blackbirds in the bresh,

An' pa comes in fer noonin' an' the floors is wet as souse,
Then it's "Laws-a-massy on us! Your ma's a-cleanin' house !

Then me an' Jim is sure to find rag carpets in the sun

When we'd planned to go a-fishin' for the suckers in the run;

But while pa takes his noonin' an' the horses eats their snacks,

Us boys can beat them carpets while we're restin' up our backs.

An' then next day pa's certain sure to have to go to town; But he always leaves us orders, "Help to

put them carpets down."

An' at night, when he gets home again,
you'd think, to hear him groan

About the hardship of it, that he'd done the job alone.

Poor ma! Sne has it awful hard, she'll work until she drops,
An' pound her thumb nails half way off, an' wet her feet with slops;
She'll get so hoarse that she can't speak,

an' sore at every bone;
But pa, he says if it was him he'd let the

An' when that night the kids is sick an' has to have a'drink,
An' ma she can't get up because her back's in such a kink,

Dack's in such a kink,

If pa should bang the furniture whilst
gropin' fer the cup.

You can feel him gettin' mad enough to

fairly eat her up.

So me an' Jim was sayin', if the time

should ever come

When pa and ma should change their
work an' pa should stay to hum,

I wouldn't like to be a boy, but jest a

little mouse
To hear what things pa would say if he were cleanin' house, -William Futhey Gibbons in Woman's Home Companion for April.

Only those who have had experience can tell the torture corps cause. Psin with your boots on, pain with them off—pain might and day; but relief is sure to those who use Holloway's Corn Cure.

Doctors Smith and Macalpine were in consultation with Dr. Chalmers, Oil Springs, on the case of Sam Jackson, formerly of Wyoming. Mr. Jackson was suffering from appendicitts and it was de-cided to operate immediately. The oper-ation proved to be successful and last re-

ports say the patient is doing well. F. J. Miller, of Port Frank, shot a swan on the river, below Mrs. Hazzelwood's this week, that measured over seven feet from tip to tip. He made the shot at the distance of 200 yards with a 22 cal. rifle. Mr. John Grieve, of Parkhill, has secured the bird and will get it mounted. It was the largest swen were searched. the bird and will get it mounted. It was the largest swan ever seen in these parts.

#### "The Ideals Wife."

"The Ideals Wife."

The following original description of the perfect wife is taken from a book by the late Max O'Rell, the French humorist, just published in Paris:—
"Marry a woman," he writes, "smaller than yourself. Do not marry a woman whose laugh is forced and does not spring from the heart, but marry a woman who enjoys a joke and looks at the bright side of everything.

"Marry a girl who is a bit of a philosopher. If you take a girl to the theater, and on hearing there are no seats in the stalls or circle, she gaily exclaims: 'Never mind, let us go into the gallery! mary her. It will be easy to live happily with a girl willing to sit even on the back benches with her husband.
"Do not marry a woman who has the fast ways of what is called 'smart society.' It you go to pay a visit and must wait half an hour while she finishes her toilet, do not marry her. But if she comes to you immediately, her hair put up in a hurry, but neatly and simply dressed, she is a girl of common sense. Marry her, especially if she is not too prolix in her excuses for appearing in negligee.

"Marry a girl who cares a lot for her father, who takes an interest in seeing that his study is in order, who likes to sit on his knee, and who calls him by all sorts of loving and infantile names.

"The girl who shows so much affection

sit on his knee, and who calls him by all sorts of loving and infautile names.

"The girl who shows so much affection for her father, who won't let him go out without seeing that his clothes are immaculate, who, when at length satisfied with papa's appearance, kisses him before he goes off, that girl will make a model wife."

#### Cities of Ontario.

O. Herk : The cities of Ontario with their nicknames, populations and areas, as given in the census of 1901, are as follows; Toronto, The Queen City, populations as given in the census of 1901, are as 101lows; Toronto, The Queen City, population about 270,000, area 10,824.5 acres;
Hamilton, the Ambitions City, population 52,634, area 3,990 acres; Ottawa the Capital City, population 59,928, are 3,043 acres; Kingston, the Linestone City, 17,961, area 2,127 acres; Brantford the Telephone City, population 16,616, area 2,977, areas; St. Thomas, the Railroad City, population, 11,485, area 1,500 acres Stratford, the Classic City, population 9,959, area 2,835 acres; St. Catharines, Garden City, population 9,946, area 2,450 acres; Windsor, population 12,154, area 2,020 acres: Guelph, the Royal City; 11,496, area; 104 acres; Peterboro, the Electric City, population 11,239, area 1,340 acres; Belleville, the City of the Bays, population 9,917; area 1,700 (acres; Char-340 acres; Belleville, the City of the Bays, population 9,917, area:1,700 acres; Chiatham, the Maple City, population 9,068, area 1,650 acre; Woodstock, the Industrial City, population 8,833, area 1,525 acres: Fort William, population 7,000; Port Arthur, population 7,500; Niagara Falls, the Power City, over 10,000.

Not a Nauseating Pill. —The excipient of a pill is the substance which enfolds the ingredients and makes up, the pilli mass. That of Parmalee's Vegetable Pills is so compounded us to preserve their moisture, and they can be carried into any latitude without impairing their strength. Many pills, in order to keep them from adhering, are rolled in powders, which prove nauseare rolled in powders, which prove nause-ating to the taste. Rarmelse's Vegetable Pills are so prepared that they are agree-able to the most delicate.

#### Chinese Differences.

Minneapolis Journal. His compass points south. In saluting you he puts on his hat. Walking with you, he keeps out of

step. He shakes his own hand instead of He says east-south instead of south-

To be polite he asks your age and in-

He throws away the flesh of the melon

and eats the seeds. His women often wear trousers, while

he often wears a gown.

He presents coffins to his friends, as you present cigars or books. CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of Chart Hillichers

SAVED SUFFERING AND BROUGHT BACK HEALTH

-DR. AGNEW'S GREAT HEART CURE AND

DR. AGNEW'S OINTMENT cures all skin troubles.
DR. AGNEW'S PILLS-40 doses 10 cents.

SOLD BY T. B. TAYLOR & SONS.

#### The Patriotism of Saving.

Individual and national thrift is not virtue indigenous to this continent. The abundant natural resources with which North America is endowed and their marvelously rapid exploitation have combined to lessen the population sense of the value of money. The industrial boom of the last five or six years has accentuated the American tendency towards extravagance, and it has become the habit of a great portion of the population to live up to their increased incomes in the easy going assurance that no lean years will follow the fat. This general lack of the faculty to save probably is one cause of the financial crises through which the United States periodical-Spendthrift America passes. should copy frugal France, which through the capacity for saving dis-played by its huge peasant class is one of the wealthiest nations on earth, and perhaps, the most stable, financially. It is said that an ordinary French family at the end of the year invests a small surplus in Government bonds, while its American contemporary spends all its income if it is not in debt besides. The aggregate effect on the financial welfare of the two nations is enormous. Canadians will do well to pattern after France, rather than after the United States, but it is doubtful if that is what we are doing. It should be a stimulus to remember that when we are laying by something for the future, we are thereby performing a high patriotrc service towards the country. careful, thrifty, saving population is one of the best assets of safeguard with which any nation can be blessed

#### Quail Distribution.

Mr. H. M. Graydon, Friday, distributed from London upwards of 1,000 quall in the counties of Lambton, Essex, Middlesex, Keut and Elgin.

Previous to this season Mr. Graydon has arranged for the cost of this by private subscription, but this year the Ontario Government bears the expense in accordance with its policy of increasing the game in the province.

Mr. Graydon says this distribution has met with much success. In many places

met with much success. In many places last spring where one pair was placed, large coveys were found in the fall. Where the sympathy of the farmers has been enlisted the success has been mark-

Mr. Graydon says that the farmers are coming to realize that quall is a good bird to have around, living as it does on weeds hurtful to the crops. On the other hand they eat little or no grain, and in consequence the farmers have nothing to complain of in this respect.

#### HAY-WATSON.

The residence of Mr. Donald Hay, 30 The residence of Mr. Donald Hay, 30 Metcalfe street, Strathroy, was the scene of a pretty though quiet event on Wednesday evening. March 27th, when his eldest daughter, Mary E., and Mr. Guy B. Watson, of Metcalfe, were united in marriage by the Rev. T. A. Bell, of Napier, in the presence of a few of the immediate relatives of the contraction. mediate relatives of the contracting par ties. The young couple were unattended. The bride, who was given away by her tather, was very becomingly attired in a gown of white crepe de chene, trimmed with chiffon over lace, and applique. Resists Wind After the ceremony all sat down to a dainty wedding supper, after which the happy couple lett, amid the good wishes of their friends, for their new home near Napier.

#### Farmers Worried.

The fifty odd farmers who went to the immigration offices, Toronto, to get farm hands were sorely disappointed. There was not a man in the place. Many of the farmers declare that they are practically helpless without assistance, and unless help comes soon many will not be able to work their farms properly.

work their farms properly.

One man announced that he was absolutely alone and had to find help to work his 60-acre farm before the week was out. There are many similar cases heard of every day. The rush of Ontario farmers to the West is one cause attribut-ed to this dearth of hands.

There are fifty men expected in and others may arrive, but there has been no special advice.

#### High Finance in the Pulpit.

CATARRHAL POWDER DEFY DISEASE AND A negro preacher, whose supply of hominy and becon was running low, decided to take radical steps to impress upon his flock the necessity for contributing liberally to the church exchequer. Accordingly, at the close of the sermon he made an impressive pause, and then proceeded as follows.

"I hab' found it necessary, on account ob de astringency ob de hard times an" NEVER FAIL IN THEIR MISSION OF HEALING "I feel so thankful at the restored health of my daughter that if any use can be made of this I shall be pleased." This is what Mr. George Weels, of Elora, Ont., says in giving his testimony to the wonderful curative qualities of Dr. Agnew's Cure for the Heart. Mr. Weels' daughter was a great sufferer from heart disease and nervousness. She was nable to lie on her left side. She ran down in health and her recovery was a source of anxiety. Induced by friends, who had proved its worth, she obtained Dr. Agnew's Cure for the Heart and before one bottle had been taken was able to lie in any position, she desired, and when two bottles had been taken was able to lie in any position, she desired, and when two bottles had been taken from death's form death's laws. Don't trifle a minute if you have the slightest evidence of heart disorders, such as palpitation, fluttering or uneasiness. This remedy will relieve such troubles immediately and will cure the stomach and nerves.

"I hab' found it necessary, on account ob de astringency ob de hard times an' de gineral deficiency ob de circulatin' mejum in connection wid dis chu'ch, to in terduce ma new ottermatic c'lection box. It is so arranged dat a half dollah or quatah falls on a red plush cushion with out noise; a nickel will ring a small bell distinctually heard by de congregation an' a suspendah-button, ma fellow-mawtels will fiah off a pistol; so you will gov'n yo'selves accordingly. Let de c'lection now p'oceed, w'ile I takes off ma hat an' gibs out a hymn.

"When I know a thing is worthy of a recommendation I consider it my duty to tell of it." The Rev. James Murdock, of Harrisburg, Pa., says this after having been cured of a very malignant form of catarrh by Dr. Agnew's Catarrha! Powders. What he can say of its healing powers thousands of others have said and can say of it. Don't neglect "only a little cold" in the head. It may lead to chronic catarrh. Dr. Agnew's Catarrha! Powder relieves in 10 minutes and is easily applied. Keep it near you if you are a "cold in the head" subject. LEAMINGTON fruit and vegetable growers have home grown radishes, onions and lettuce for sale in the local groceries



#### TWENTY-FIVE YEARS' SUCCESSFUL RECORD

ONEY can buy advertising space, but it can't buy a quarter century's successful record of wonderful and almost miraculous cures of the most difficult and intricate cases of throat, lung and stomach troubles. Such is Psychine's record. Thousands of cases given up by leading doctors as hopeless and incurable have been quickly and permanently cured by Psychine. It is an infallible remedy for coughs, colds, bronchitis, pneumonia, consumption, indigestion, loss of appetite and all wasting diseases.

er, Brockville.

"After taking \$5.00 worth of Psy-

"My son had a terrible cough and was wasted to a shadow. Doctors said he could not live. He used Psychine, it cured him."—Mrs. J. Ranger, Brockville.
"After taking \$5.00 worth of Psychine my lungs are well and life is den," A. Walden, 7 Cornwall St., Toronto-

Psychine Never Fails Psychine has no Substitute AT ALL DEALERS, 50c and \$1.00 A BOTTLE

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