

eastern, who succeeded the late Dean Vaughan. The services were continued on the following Sunday, when Canon Austen, a former reader with Dr. Vaughan preached both morning and evening, taking on the latter occasion the place of Dr. Kennion. Bishop of Bath and Wells, a former curate, who was unable to preach through illness.

The vestry and congregation of Christ Church, (Old Swedes), Bridgeport, Upper Minor, Penn., have requested to be admitted into union with the Diocese of Pennsylvania. The event recalls some interesting history. Ever since the Swedes settled on the Delaware River in the seventeenth century, some of their congrega-

tion have assumed a friendly interest towards the Church. Three such congregations in Pennsylvania were in charge of one clergyman appointed by the Swedish National Church. The last clergyman then appointed died in 1830, when one of the clergy of the American Church was accepted in his place. In 1845 two of the three congregations united with the church. Christ Church is the last one to do so. This church has interesting traditions and retains representatives of many old Swedish families in its membership. The font was erected by the late King of Sweden in commemoration of a visit paid to the church by his son, the present King.

The death of King Patrick, of Inishmurray Island, Ireland, off the coast of Sligo, calls attention to one of the most remarkable and quaintest of principalities quite overlooked by the historian. King Patrick XIII. had absolute sway over eighty sub-

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The above epigram shows the wisdom of their thought.

When a man's stomach is able to furnish new material to the system as fast or faster than the natural decay of man requires, then such a man lives his fullest and his best.

When through wrong living or disease a man's stomach begins to tax the other organs and takes from the blood strength which it cannot give back in nourishment taken from food, then begins the death of man and he decays fast. The stomach is strong, splendidly strong, and can stand an untold amount of abuse and neglect, but when it dies, man dies.

The stomach gives tons upon tons of good rich blood every year to the system and draws only 680 lbs. of nourishment for its own use. If, however, the food which it receives cannot be turned into blood which is capable of use by the body, then the stomach receives no help from the other organs.

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jects, who made their living by fishing, and their life is arduous. There are no priests or police on the island, and all matters are settled by the "King," whose word is law for them. The people are generous and hospitable, and strangers receive a kindly welcome. The King's castle is situated near the landing stage and close to the ruins of an ancient town. The wall of the town varies in height from fourteen feet to eighteen feet, and it is broad enough to drive a cart around its top. Inside the wall itself are many chambers and passages, as usual in such structures. The interior of the enclosure presents a remarkable appearance, for there may be seen churches, cells, houses, altars, a wishing-stone, and crosses. Within the old wall are three churches, and tradition states that the monastery was the joint work of St. Molaise and St. Columbkille during the latter half of the sixth century.

Children's Department

THE LITTLE MOTHER'S HANDS.

The following story told by Dr. Dawson, in its beauty and simplicity teaches a lesson which it would be well to take to heart:—

"In the course of my ministrations," said the doctor, "through the slums of London I came upon a sad case, that of a woman, the mother of five children, the eldest of whom was a girl of nine or ten.

"The mother at the time the family first came under my notice, was dying of consumption. The father, a hard-working man, was barely able to earn sufficient to supply the meagre wants of the family, and they were often in dire straits:

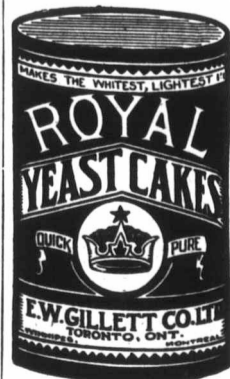
"The bulk of the work devolved on the oldest girl, Mary by name. Never have I seen the title of 'Little Mother' more appropriately earned. She not only had the invalid to care

for, but the younger children as well, and Mary was often a very tired little girl.

"Mary's duties soon were lightened to a certain extent by her mother's death, but made heavier in another by the added responsibility of the little family. The burden of the children and the house was very heavy after the mother had gone. While she lived Mary had always felt there was some one to direct and guide her, but now she was forced to rely upon herself entirely.

"Mary's health, none too strong at any time, soon began to fail under the great responsibility which had fallen on her shoulders. The care of the children, the cooking, the washing and ironing, the sweeping and bed-making were too much for the little woman's strength. Day by day she failed, fewer and fewer became the outings which the lusty baby en-

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