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Are features peculiar to Hood's Pills. Small in size, tasteless, efficient, thorough. As one man

Hood's Pills

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CRAMPS and PAINS
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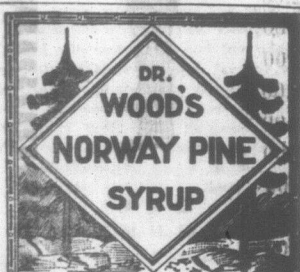
NERVOUS INVALIDS

Find great benefit from using

Puttner's Emulsion

which contains the most effective Nerve Tonics and nutritives, combined in the most palatable form.

Always get PUTTNER'S, it is the Original and BEST.



Cures Coughs, Colds, Lung and Bronchial Affections that other remedies won't touch.

Mr. THOS. J. SMITH, Caledonia, Ont., writes: "A year ago I had a very severe cold which settled in my lungs and in my throat, so that I could scarcely speak louder than a whisper. I tried several medicines, but got no relief until I used one and a half bottles of Norway Pine Syrup, which completely cured me."

25c. a bottle or five for \$1.00.

The Home

Homeless Young Married People.

Edward W. Bok, editor of The Ladies' Home Journal, always a staunch and uncompromising advocate of the home, asserts, in a recent issue of his magazine, that a home, however humble, is a million times better place for young married couples to live than is the most luxurious hotel or best boarding house in the land.

"Home life," he says, "cements the love of husband and wife; other modes of living often loosen the tie. Nor does the question of expense excuse the not having of one's home. A home is not of necessity a palace. The humblest cottage is a million times better than the most luxurious hotel ever planned by the hands of man. In the one, happiness is probable; in the other it is just possible. We can talk all we choose about married happiness; that it, after all, rests solely between two people, and that it makes no difference where they live. That is very good as a theory. But thousands of instances prove the contrary; that the theory will not work out in practice. Happiness depends upon the growth of the people who are parts of it. People who stop and stagnate are never happy. True happiness thrives upon whatever it feeds upon. Let stagnation enter into two lives, and happiness becomes stagnant and unhealthy. But let our lives be filled with contentment, with domestic pleasure, with that germ of evolution which springs from the hearthstone, and the happiness which springs from those elements is purer, sweeter, and more satisfying to our natures, our minds, and our souls. A man and wife were made to abide together in inseparable lives, and as new elements come into that union to sweeten and hallow it, the abiding-place should be some little place, some corner in this big world which they can call their own, their very own, where everything around them speaks of the husband's energy and the wife's achievement. That is home."

Gifted Women.

There are some very modest, retiring women who would probably be amazed if the word gifted were applied to them who yet deserve the title. They are not gifted especially in intellect, sometimes they are lacking in advanced education and sometimes they cannot tell one note of music from the other or recognize the artistic value of color. Much higher gifts than these of the intellect these women possess. In old-fashioned times we called it gifts of the spirit. They have the power of soothing the weary, bringing hope to the hopeless, and generally a gift in cheering up people and helping them to bear the burdens sent to them. These are blessed women, whose womanly presence is a benediction wherever it comes, before whose cheering smile and gentle word the coarse scandal-monger is silenced, the silly gossip forgets her last tit-bit of news, the grumbler begins to feel philanthropic and the miserly man generous. No one can tell exactly what is the secret of this power of dispensing cheer and comfort to a weary world, but every one acknowledges the healing and every one delights in the company of such a woman.

The woman who is intellectually gifted may be a bore to a great many people who are not interested in abstract theories of science or what-not. No great man or woman was ever popular unless the intellectual greatness was accompanied, as it often is, by a superiority of heart and soul, or what appeared as such. Genuine goodness and an amiable disposition with ordinarily good intellect will bring more happiness to the possessor and every one around than a great intellect does. The medium position in mind as well as wealth has long been recognized as the happiest one. The knowledge that is now most useful and that has always been the most useful to women and men is the knowledge that will help them to take the best care of their families and bring the blessings of love and culture to their homes. Such knowledge is more valuable than the

treasured lore of ages. It is usually no higher motive than mere vanity and a desire for notoriety that tempts women to hoard up knowledge that will never be of any value to them. The mere acquiring of knowledge in itself has nothing to commend it. If it is merely hoarded and not applied to a useful end such knowledge is as vain as hoarded gold.

Any knowledge, on the contrary, that helps to solve the vexing problems of home touches a point that may be commonplace, but belongs to those commonplace things, like the happiness of home and the love of husband and children, which are nearer and dearer to the inner woman than anything else in the world. No woman can "live above home," and for that reason she cannot live above her kitchen, from whose cheerful fire radiates influences on which the health of her children and all whom she loves depends.

The Discipline of Life.

Sooner or later we find out that life is not a holiday, but a discipline. Earlier or later we all discover that the world is not a playground; it is quite clear God means it for a school. The moment we forget that, the puzzle of life begins. We try to play in school; the Master does not mind that so much for its own sake, for he likes to see his children happy, but in our playing we neglect our lessons. We do not see how much there is to learn, and we do not care; but our Master cares. He is perfectly overpowering and inexplicable solicitude for our education; and because he loves us, he comes into the school sometimes and speaks to us. He may speak very softly and gently, or very loudly. Sometimes a look is enough and we understand it, like Peter, and go out at once, and weep bitterly. Sometimes the voice is like a thunder clap startling a summer night. But one thing we may be sure of—the task he sets us to is never measured by our delinquency. The discipline may seem far less than our desert, or even to our eye ten times more. But it is not measured by these; it is measured by God's solicitude for our progress; measured solely by God's love; measured solely that the scholar may be better educated when he arrives at his Father's. The discipline of life is a preparation for meeting "to the Father." When we arrive there behold his beauty; we must have the educated eye; and that must be trained here. We must become so pure in heart, and it needs much practice—that we shall "see God." That explains life—why God puts man in the crucible, and makes him pure by fire.—Henry Drummond.

A Diamond Mine

Worked for the Benefit of All
Economical Homes

A diamond mine! Where? Right here in our own Canada, and worked for the benefit of all economical homes.

The variety of diamonds in this mine is wonderful, and the supply is practically inexhaustible. All the latest colors are represented in these diamonds; they are of the first water, and under the most severe tests they are always found reliable, true and genuine. These Diamonds are known as Diamond Dyes, celebrated all the world over for their brilliancy, purity and durability. These Diamond Dyes possess marvellous and astonishing powers. When used according to directions that accompany each one they give new life and beauty to all faded, dingy and dead-looking garments. Each of these Diamond Dyes gives a return to the user in money value of from ten to twenty times their cost.

Have you tried any of these Diamonds—Diamond Dyes? If not, then look up some old faded dress that you have laid aside, or some jacket, blouse, ribbons or hose, and give these wonderful Diamonds a trial. They will surprise you with the magnificence of their work.

Now, just a word of warning if you are a novice in the work of dyeing. Beware of adulterated packages and soap grease dyes that bring only trouble, disappointment and vexation of spirit, as well as complete ruin to your materials.

Scott's Emulsion is not a "baby food," but is a most excellent food for babies who are not well nourished.

A part of a teaspoonful mixed in milk and given every three or four hours, will give the most happy results.

The cod-liver oil with the hypophosphites added, as in this palatable emulsion, not only feeds the child, but also regulates its digestive functions.

Ask your doctor about this.

50c. and \$1.00; all druggists.
SCOTT & BOWNE, Chemists, Toronto.

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Lesson VII. No

20-22, 28-37

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