

III. And the Word was made flesh ; and dwelt among us.

Hail, Mary, &c.

Pray for us, O holy Mother of God ; that we may be made worthy of the promises of Christ.

Pour forth, we beseech thee, O Lord, thy grace into our hearts ; that we, to whom the incarnation of Christ thy Son was made known by the message of an angel, may, by his passion and cross, be brought to the glory of his resurrection ; through the same Christ our Lord. Amen.

### GRACE BEFORE MEAT.

V. Bless us, O Lord, and these thy gifts, which of thy bounty we are about to receive ; through Christ our Lord.

R. Amen.

### GRACE AFTER MEAT.

We give thee thanks, almighty God, for all thy benefits ; who livest and reignest, world without end. Amen.

Wouchsafe, O Lord, to render to all who do us good for thy name's sake, life everlasting. Amen.

III. V. Et Verbum caro factum est.

R. Et habitavit in nobis.

Ave, Maria, &c.

Ora pro nobis, Sancta Dei Genitrix ; Ut digni efficiamur promissionibus Christi.

Gratiam tuam, quæsumus, Domine, in nentibus nostris infunde, ut qui, angelo nuntiante, Christi filii tui incarnationem cognovimus, per passionem ejus et crucem ad resurrectionis gloriam perducamur ; per eundem Christum Dominum nostrum. Amen.

V. Benedic, Iomine, nos et haec tua dona quæ de tua largitate sumus sumpturi ; per Christum Dominum nostrum.

R. Amen.

Agimus tibi gratias, omnipotens Deus, pro universis beneficiis tuis ; qui vivis et regnas in æcula sæculorum. Amen.

Retribuere dignare, Domine, omnibus nobis bona facientibus propter nomen tuum, vitam æternam. Amen.