

MEDICAL PROGRESS.

The study of logic has fallen into disfavor, yet probably it was never more needed than at the present day, for to the logical mind there are some queer sayings and doings these days. Not to be personal, let us suppose an impossible case, yet a parallel one, say, of a homoeopathic journal that gets angry at everyone who stoutly upholds Homoeopathy and Hahnemann and says that such conduct is a clog on "medical progress." Do you not see the point? (Of course no homoeopathic journal does this, but it serves the purpose of illustration.)

If the man who supports and upholds Homoeopathy and Hahnemann is a bar or a clog to "medical progress," why, then, so is Homoeopathy and Hahnemann; both are outgrown and out of date, and so is a homoeopathic journal if this attitude be taken.

"Medical progress" has progressed to antitoxin, but the homoeopath believes, nay, *knows*, that the indicated remedy is far better and *safer*. Is it a bar then to "progress" to so believe? Isn't it rather a question of fact? If we may quote Hahnemann, the end of medicine is to cure the sick. Which will cure the greater number of cases, and with best general results, antitoxin or Homoeopathy? If the latter, then the bar and clog on medical progress is not in the men who sturdily uphold Homoeopathy, but—elsewhere.

Not until "medical progress" can show a procedure or a remedy that will cure the sick in a speedier, safer and pleasanter manner, and cure a greater number of cases, than will the Homoeopathic remedy, can the upholding of sound homoeopathy be truthfully termed a bar and a clog to "medical progress." Homoeopathic Envoy.

HOW TO LIVE A HUNDRED YEARS.

A writer in *Pacific Health Journal* on "How to Live a Hundred Years" cites the case of a Captain G. E. D. Diamond, at present 102 years old and still hale and hearty. Among other measures the captain adopts the following:

"He is a great advocate of the use of pure olive oil, which he uses moderately but constantly, both externally and internally. This idea, he says, was suggested to him from reading the record of the old Jewish custom of anointing with olive oil, which they produce in great abundance. His morning and evening baths are taken with water at the ordinary temperature, not having been heated. Each bath is followed with vigorous rubbing, and once a day with rubbing with olive oil. Not more than a teaspoonful is used, but it is rubbed in till none remains upon the surface. It is especially applied about the joints. He attributes his restoration of hearing and sight much to the continued anointing with olive oil. Captain Diamond is a perfect sleeper. During childhood he took eight or nine hours sleep, but later in life he needed but five or six hours. Once in bed it is for absolute rest and oblivion to active life. Once awake he is up and about his business. He has always been a single man, but active and energetic in business."

The *Belladonna* 30 sore throat is bright red, with feverish condition, flushed face and headache. *Mercurius* 6 sore throat has moist mouth, swollen glands, inability to swallow; quinsy, enlarged tonsils, putrid sore throat. *Phytolacca* 3 sore throat is dark red, accompanied by fever, aching head and limbs. Dark red throat, dry and sore, *Esculus* 3. Feeling of a sore lump in the throat when swallowing, *Iguatia* 30—Medical Advance.

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