LESSON X—December 5th, 1897.

Christ's Humility an Exaltation. Phil. 2: 1-11

(Commit to memory verses 5-8.).

GOLDEN TEXT: "Let this mind be in you which was also in Christ Jesus." Phil, 2: 5. PROVE THAT—We should be humble. Phil. 2: 3.

SHORTER CATECHISM. Quest. 105. What do we pray for in the fifth petition? A. In the fifth petition (which is, And forgive is our dehts as we forgive our debtors), we pray, That God, for Christ's sake, would freely pardon all our sins; which we are the rather encouraged to ask, because by his grace we are enabled from the heart to forgive others.

LESSON HYMNS. Nos. 218, 73, 129, 90. (Old Hymnal Nos. 83, 63, 144, 56).

DAILY PORTIONS. Monday. Christ's humility an exaltation. Phil. 2: 1-11. Tuesday. Meekness of Christ. Isa. 42: 1-7. Weinesday. Lowly in heart. Matt. 11: 25-30. Thursday. Lower than the angels. Heb. 2: 9-18. Friday. Example of humility. John. 13: 1-15, Saturday. First and last. Rev. 1: 1-8. Sabbath. Worthy the Lamb! Rev. 5: 9-14. (The I. B. R. A. Selections).

HELPS IN STUDYING.

INTRODUCTORY. The Philippian church was founded by Paul on his second missionary journey (Acts 16: 10-40). This epistle was written from Rome about A. D. 63, and sent by Epaphr i'tus who had brought gifts to Paul from Philippi. Read the whole epistle and notice the tender affection which is manifested towards the kind and thoughtful comforters of his loneliness in prison.

LESSON PLAN. I. The Mind of Christ. vs. 1-5. II. The Humiliation of Christ.

6-8. III. The Exaltation of Christ. vs. 9-11.

the form of God—The "form" or outward shape of anything declares what it is, because its essential nature clothes it in such an appear ance. We know a tree to be an elm, or a maple, or a beech, by its "form." So to have the "form of God" means to be God, having the character and attributes of deity. (Heb. 1: 3). Thought it not robbery—R. V. "in the name." What Jesus is now, the glorified and ever-blessed Redeemer of men, will constrain every knee to be to him in reverent, adoing worship. Every knee—Christ's dominion will be universal. The whole universe, animate and inanimate; rational and irrational; celestial, terrestrial and infernal will own him LORD. (Isa. 45: 23; Eph. 1: 20-22; Rev. 5: 8-14; Rom. 8: 22).

1. Consolation—R. V. "comfort." If a servant of men. 7. Made himself of no your union with Christ has brought you any comfort." Comfort—R. V. "Consolation—R. V. "Emptied himself," not comfort. "If christian love has given you consolation." Fellowship—"If you have any real communion with the Holy Spirit; The Spirit of love and peace." Boweic and mercies—R. V. "Tender mercies and compassions." Loving forbearance towards the laults and weaknesses of others. 2. Fulfil real humiliation of himself. The likeness we my lov—Make my happiness complete by ye my joy—Make my happiness complete by of men—He was perfect man (Rom. 5: 15; your brotherly love and unity." Like-mind-ed—R. V. "of the same mind." It is easy to his divine nature he was not simply and come to an agreement when all desire to do so.
"With union, of soul, unanimo.'s." Strife—
R. V. "faction." The two great enemies to concord and brotherly love are party-spirit and personal vanity. Lowliness of mind—The external appearance he culinted histories. concord and ordinerry love are party-spirit and personal vanity. Lowliness of mind—The external appearance, he subjected himself to Greck word for this was first coined by all the conditions of human nature. Although the writers of the N. T. because Christianity first exalted humility to the rank of a virtue, differ from other men, so complete war, his conditions of the men, so complete war, his To the heathen "humble" meant the same as self-humiliation. Under no circumstances could "mean," "abject." 4. Look not—Do Paul be subjected to his Master's shameful not selfishly consult your own interests excludeath, for he was a Roman citizen, and as such sively, but try to help others as well. 6. In could not be crucified. He was beheaded. 9. the form of God-The "form" or outward A name-This stands for office, rank, dignity

LESSONS. I. Try to agree. 2. Think of the excellencies of others, not their faults 3. Try to be like Christ in love and self-forgetfulness. 4. Jesus was and is both God and man. He is worthy of our adoring homage.

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