"You see how prompt he was to act then he once saw what his duty was. He didn't even wait until morning. The same hour of the night' was the best time, he thought, and I believe he was right.

"Now, if you're not tired of so much preaching, I'll find this word for you once more. It's in the chapter where we read about Saul in Damascus. He had lately been changed from a cruel persecutor into a devoted servant of Jesus Christ, and he was as anxious to proclaim the Gospel as he had before been to prevent its being proclaimed. So 'STRAIGHTWAY' he preached Christ in the synagogues, that he was the Son of God. There was no hesitation, no delay. This was henceforth to be his life-work, and he began it at once."

Grandpa stopped talking, and Frank said: "I see what you mean, grandpa. It is, that if it's any one's duty to do a thing, he ought to do it right away."

"That's the direction in which these examples seem to point," answered grandpa.

"Then the proper thing for me to do is to start for Widow Jones' house as soon as I can get my coat on," and Frank made an energetic move towards the door.

"It isn't always the case that one who listens to a sermon applies it to himself so promptly," said grandpa smiling. Frank's mother was the only one who heard this last remark, for Frank was out in the entry putting on his coat and hat.—Mary Johanna Porter in Christian Intelligencer.

SUNDAY TALKS.

BY BARBARA VICHTON.

"If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affections on things above, not on things on the earth. —Col. 111, 1, 2.



S you know, dear children, any great honor entails a responsibility. The son of a king has to bear himself as befits his high station or he is not considered worthy of it. More is expected

of one who bears an honorable name than of one who is of unknown parentage. Wiser acts are looked for from a man of wisdom than from a fool, and braver deeds from a valiant soldier than from one who has had no experience of war. So when we are enrolled, by our baptismal vows, in the grand army of Christians and "confess Christ" before men in Confirmation and in the Holy Communion, we attain a position of great honor, and it behoveth us to bear ourselves accordingly.

If we "be risen with Christ" we must 'seek those things which are above, where Christ sitteth on the right hand of God." You understand this, do you not, boys and girls? Anyone who has the privilege of being a follower of Christ should be careful to seek only those things of which Christ would approve, and to set his or her "affections on things above, not on things on the earth." That is the responsibility which accompanies this privilege.

Now let us consider what it means to set our "affections on things above." First of all, we must set up a high standard for ourselves, we must make a resolve that with God's help we will try to be as pure and gentle and loving and helpful as our Saviour was, and we must carry this into each day of our lives, and try to perform each detail in the spirit in which our Lord would have done it. By the same help we must guard ourselves against caring more for the pleasures and vanities of the world than for the "things which are above."

A certain amount of recreation and innocent pleasure is proper and necessary for each one. God intends us to enjoy ourselves or He would never have put us into such a beautiful world as this, and there is no record anywhere in the Bible that our Saviour was ever gloomy while on earth, but He does not want us to put pleasure before our love for Him.

Boys and girls may laugh and talk and play, provided they do it all at the proper time, and in the proper spirit, not to hurt anyone's feelings, so as to do no evil speaking, not to neglect a duty for a game. We must never allow the things of the world to take such a hold on us that they push out of our hearts our affection for the "things which are above, where Christ sitteth at the right hand of God."

We that are soldiers of the Cross know the things we should avoid, even the youngest soldier of us knows when he is disobeying his Captain's commands. We must never let our pleasure interfere with the worship and honor due our Lord from us. We must strive to give Him of our best-our time, money, love, worship—and we must pray with all our heart and soul and strength that what we offer may prove acceptable to Him. We must be "not faithless but believing," and faithful and believing we must stand fast and "quit us like men," to do honor to our Lord and Saviour Jesus Christ.—The Churchman, N. I.

"Doers and not hearers only," appears to us to be a good motto for our boys and girls for Trinity-tide. During the earlier part of the Christian year they have been hearing and learning about Christ: His birth, His life, His death, His ascension; now it is for them and for us all to live like Him, to put into practice what He has taught us by His life, and in His holy word; and "Even a child is known by his doings."