

SEVEN YEARS AN INVALID

Then She Took "Fruit-a-tives" And Is Now Well.

Ann Arbor, Ont., Nov. 27, 1908.
I was an invalid for seven years from fearful Womb Trouble. I was falling womb with constant pain in the back and front of my body and all down my legs. There was a heavy discharge and this made me weak, sleepless, restless and miserable. Often I was obliged to be in bed for a month at a time. I was treated by several doctors, but their treatment did me no permanent good.



A few months ago, I was persuaded to try "Fruit-a-tives." I took several boxes, and from the outset of this treatment I was better. The Constipation was cured, and the discharge lessened. I took for the palestness, several bottles of the Iron Mixture as recommended in the "Fruit-a-tives" book, but I feel that it was "Fruit-a-tives" alone that cured me.

(Mrs.) Eliza Levesque.
Take Mrs. Levesque's advice. Take "Fruit-a-tives" and cure yourself. See a box, 6 for \$2.50; trial box 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

TOO MUCH OF HOLIDAY.

St. John despatch:—Saturday afternoon a third of Hilyard Brothers' saw mill employees took a half holiday against the wishes of the firm and the mill closed down. This morning when they returned to the mill they found the mill still down and the head of the firm explained to them that if they wanted holidays they could have them and when they decided to earn money they could return to work. Steam will be raised tomorrow morning, and having been taught a lesson on the loss of a day and a half's pay, the hands, it is said, have decided to return to work and forget the Saturday half-holiday.

CANADA'S POOR CONSUMPTIVES.

A Story more touching than anything from the Pen of the gifted Ian MacLaren.

In the current issue of the DOOR OF HOPE, published by the National Sanatorium Association, 347 King Street West, Toronto, a page is given over to letters received from the many persons from all parts of the Dominion seeking admission to the Muskoka Free Hospital for Consumptives.

Seldom have we read anything more pathetic. Here, for example, is a letter from a physician in Cremona, Ont., asking for the admission of a patient by the name of Morrison. He says:—"I would like to urge strongly upon you the great claims of this patient. He has no home—no mother—no father working as a farm laborer. The boy has been living with an unmarried uncle—no housekeeper—work, cooking, etc., being done by the uncle. The boy has absolutely no place to go where he might be given any reasonable care, and he can get none where he is."

Another case is from Thorold. Johnston Weldon writes:—"I am a young married man, twenty-three years of age. For several years I have been sick, but always able to keep my feet. Now I have come to the time when I cannot work, and cannot get medicine without means. My lungs are affected, and I am writing now to see if you can get me into the Muskoka Free Hospital for Consumptives. My young wife is here, and her parents have kindly opened their doors to her if I go away."

Just one more of the many we might quote. This is from a physician in Campbellford, Ont. He writes:—"I have a patient suffering from pulmonary tuberculosis, who has been laid off work for about three months now—was in bed part of that time, but latterly both his pulse and temperature have kept down and his weight going up. He is the only support of the family—mother, crippled father, and younger brother, but his neighbors are trying to raise a small amount of money to help him."

We have sometimes thought that if Ian MacLaren, who has given to us the character of Dr. McClure, were alive to-day that in letters such as these he would find material for a book more touching and pathetic in many parts than his Bonnie Briar Bush.

It is on behalf of cases like these, of which there are scores reaching the Secretary of the Sanatorium every week, that the Muskoka Free Hospital for Consumptives makes its appeal to-day for funds.

This institution has not at any time, since its doors were first opened in April, 1902, refused a single patient because of the applicant being unable to pay.

Contributions may be sent to Mr. W. J. Gage, 84 Spadina Ave., Chairman of the Executive Committee, or to J. S. Robertson, Secretary-Treasurer of the National Sanatorium Association, 347 King Street West, Toronto, Ontario.

Get Acquainted With Your Enemies

There is no greater mistake in life than in blaming Tom, Dick, and Harry because you have failed to attain this, that, or some other object. Every man numbers among his acquaintances persons he knows to be unfriendly toward him. If he has reached manhood without having incurred the enmity of a few men and women, then he has dodged many a plain duty; for those that have no enemies have of necessity lived purposeless lives. Where in history is strong and rise to full height—not in the character that did not come up dodging duties, nor in mollifying enemies or denying their existence, but by standing face to face with them and putting up a good fight? If you have no enemies, do not be too proud of it.

Enemies that one has roused up in righteous, honest work, need not cause a single pang of regret. They are inevitable. But watch out with all the vigilance you can summon for the enemies within you. It is said that a man's foes are of his own household, and it is more than important that you today and now look within and get acquainted with your enemies. All the faculties of the mind should work for you, and they will with proper directing. But perhaps during all the years of your life some traits have been working against you.

Do not delude yourself into a notion that we are talking about mere outward good behaviour. It is what you think—that is what we are getting at. Do you look for the weakness in others' characters? Are you envious? Are you given to timidity in speech, in business, in the performance of plain yet easily evaded duties? Do you allow foolish or angry or impure thoughts to take possession of your mind and find expression on your lips? Do you harbor a mental process that enables you to excuse yourself from everything you do not want to do and justifies you in everything you want to do, tho' deep in your heart you know that one is wrong and the other is right? These are real enemies, and it is with these that you must do battle if you would make progress—it matters not in which direction you wish to progress. They say that every castle has at least one traitor. Perhaps if you search you may find a dozen traitors in your citadel.

CHAMBERLAIN'S COUGH REMEDY THE BEST ON THE MARKET.

"I have used Chamberlain's Cough Remedy and find it to be the best on the market," says E. W. Tardy, editor of The Sentinel, Gainsboro, Tenn. "Our baby had several colds the past winter and Chamberlain's Cough Remedy always gave it relief at once and cured it in a short time. I always recommend it when opportunity presents itself." For sale by W. A. WARREN, BRIDGETOWN: A. R. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.

MORE THAN A MILLION PLEGGED AGAINST PROFANITY.

Stephen Sherry, who founded Holy Name Society of the Roman Catholic church in 1854, died at his home in New York, June 10th. The society, which had for its object the discouragement of profanity, now has a membership of more than a million members throughout the country.

Ottawa, June 16.—Sir Robert Perks, who has offered to construct the Georgian Bay canal, provided Canada guaranteed \$100,000,000 worth of construction bonds at three per cent, has been informed by the prime minister that Canada cannot this year accept the proposal. Sir Robert Perks leaves Ottawa today for England, but hopes to return next year and obtain a more favorable answer to his proposal.

FORERUNNER OF A FLEET OF COLLIERS TO BE OWNED IN NOVA SCOTIA.

The steamer Morien, the forerunner of a fleet of Nova Scotia owned colliers, arrived on Saturday from Boston, Lincolnshire, England. She is owned by the Home line, composed of Sydney men, the head of which is her captain, C. M. Burchell. John Young, of Young and Lowry, formerly of Dartmouth, has arrived in the city, and J. E. Burchell, of Sydney, in connection with the steamer's arrival.

The Morien was built this year in England for the Home line, which purposes to build coal carrying steamers to take the place of the Norwegian and other foreign colliers which are being debarred from engaging in the coastwise trade, unless their tonnage exceeds 1500 tons. The Morien is 834 tons gross and 89 tons net. She is registered at Liverpool, England. She is an iron ship carrying a crew of twenty-two men. She is commanded by Captain C. M. Burchell and her first officer is G. W. McBurnie.

Joker's Corner.

PA WAS A GENTLEMAN.

"The successful merchant invited his parents to visit him in Chicago," said Frederick Imhaus of Chicago in the National Hotel. "They came gladly, and on the following Sabbath were escorted to a fashionable church in Michigan avenue."

"Some of the hymns were familiar" continued Mr. Imhaus. "In their rendition the visiting pair contributed heavily, with the credit for volume in favor of the father. Although not always in correct time, and sometimes in discord, yet the joy of this good couple leaped forth in joyous praise, and they did not see the glowering looks of nearby worshippers, or the beetlelike face of their devoted son."

"Father!" exclaimed the merchant that afternoon, while his mother was taking her accustomed nap. "In our churches the congregations do very little singing; it is left entirely to the choir."

"I know, my boy," said the old man, as he lovingly placed a hand on his son's shoulder, "that it was very embarrassing to you this morning, but if I hadn't sung as loudly as I did the people would have heard your mother."—Washington Herald.

An Englishwoman who not long ago moved to Kansas City, Kan., met a friend on the street the other day and startled her by asking:

"Do you know where I can find a joint?"

"A joint?" gasped the friend.

"What on earth do you want to find a joint for?"

"Why, just natural craving. I've been looking all over town for one."

"Goodness!" exclaimed the other, who belonged to the W. C. T. U. Then, to be sure the Englishwoman was not joking, she asked:

"Do you mean a liquor joint?"

"Never heard of such a thing," was the reply. "I mean a joint of mutton of course."—Kansas City Press.

CORRECT EXAMPLE.

Jack, I'm grieved to hear that you have lately told your mother several falsehoods. This cuts me to the heart my boy," said a father, with stern pathos. "Always tell the truth, even though it may bring suffering to yourself. Will you promise me?"

"Yes, father."

"Very well. Now, go and see who is knocking at the door. It is about the dog license, say I'm not at home. That's a good boy."

HIS LAST RESORT.

"Has your son had any success as a lawyer?"

"Well, no, to tell the truth, he hasn't. He has been practising now for nearly eleven years, and he has never been elected to the Legislature, or been appointed receiver for anything, or even become president of any railroad company. It begins to look as if he may have to eke out a living just practising law."—Chicago Record Herald.

A regiment of soldiers were at camp and a young Scottish recruit was put on sentry outside the General's tent. In the morning the General rose, looked out of his tent and said to the young man in a stern and loud voice:

"Who are you?"

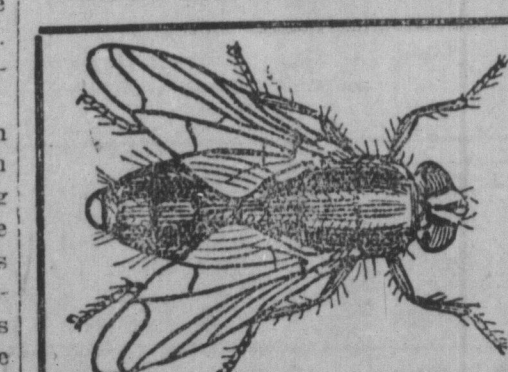
The young man turned around smartly and said:

"Fine; hoo's yerself?"—Tit-Bits.

A POSTSCRIPT.

Willie, aged five, had delivered a message from his mother to a lady, but did not seem in a hurry to go. Being asked if there was anything else his mother had bidden him say, he replied: "No, ma'am, only she said I wasn't to ask you for any cake, but if you gave me any I was to take it and thank you." He got the cake.

Yarmouth celebrated its 148th birthday on June 9th. It was a general holiday and all stores and places of business were closed.



WILSON'S FLY PADS
Will kill many times more flies than any other known article
REFUSE UNSATISFACTORY IMITATIONS

ORCHARD LANDS.

The Selection and Care of Soils For Fruit Growing.

By CHARLES M'BURKETT, Kansas, before the State Horticultural Society. It is impossible for us to lay down any fixed and set rules that shall govern the selection of a soil for orchard lands. We may call one type an ideal type, but what we want more than an ideal type is a farm orchard for every farm. It would be folly to say that we want ideal conditions of soil for every orchard or garden. What we want are orchard lands that will respond in the highest degree to profit and pleasure.

There Are Different Ways.

One of the first requisites in the management of orchard soils, garden or, in fact, any agricultural soils is thorough tillage. Of course there are different ways to till the land. This statement does not mean that we are to turn the plowshare loose in the soil. It does not mean that we shall plow or till at the wrong season of the year. It does not mean that we shall give the same treatment to every soil. But it means that we must study orchard lands ourselves, to get just the treatment that secures the best response. We can disk our orchards if we fear to plow them. We can grow rye or other cereal crop if our soils contain too much nitrogen. In fact, some of our trees do not bear because they are too abundantly supplied with nitrogenous food in the soil.

There is a principle acknowledged in all our plant and animal life. When we treat an animal or plant too well, sterility and lack of proclivity often follow. It is also true with our trees.

Crops May Help.

Soiling crops may help some lands, but the difficulty in growing soiling crops is that they take great quantities of food and water out of the soil. That is the great difficulty of such methods. What we are after, it seems to me, is to get plenty of water in order to take care of the tree during its spring and summer activity. In fact, one thing that has been brought most prominently before us in the last five years has been the realization of the value and meaning of water. One of the things that have been brought out is that all soils contain great quantities of plant food, but plants cannot get at this plant food because of the physical condition of the soils. To help in the work we must control the water supply. It has been estimated, and I have no doubt that right around through this section there is often not more than 50 per cent of the water which falls as rain that gets into the soil.

There is an abundance of water in Kansas to produce remunerative crops of all kinds if it is taken care of. It takes four inches of water to produce eight bushels of wheat. It takes nine inches of water to produce sixteen bushels of wheat. It takes fifteen inches of water to produce thirty bushels of wheat. We have an abundance of water, therefore, in our section if properly conserved.

It takes a great deal of water for the production of orchard crops because the trees are pumping out of the soil great quantities of water all the time. Open up the soil and let the water move into it, and once in the soil maintain it there. A farmer said that he allowed the weeds to grow up and then mowed them down and made a thorough mulch over the soil. That mulch acted in the way to do the most good. It kept the water in the soil.

We know when we pass along the road or elsewhere if we kick up a stone or even the dry dirt on the roadside we find it moist because the dirt or stone acted as a mulch and kept the water from escaping.

When to Spray.

It is generally considered unsafe to spray for the San Jose scale while the leaves are on the trees, the materials used are so strong, though in certain cases trees have been sprayed when in full leaf in June with the lime sulphur wash without the slightest injury resulting. Treatment in summer is not advisable, however, and the best and safest time to apply the wash is from the time the leaves have fallen till the buds begin to open in spring. Where the trees are badly infested two treatments, one late in the fall and the other early the next spring, are most desirable, but where only one is needed or possible for any reason the results obtained in Massachusetts point to the spring as the time when the best results are to be obtained.—H. T. Fernald.

For Moving a Heavy Ladder.

One man can carry a long, heavy ladder with ease by using the device here illustrated. Little blocks or boxes slide along a shaft for adjustment to the ladder's width, and into these blocks or boxes the end of the side rails fit, explains a writer in the Iowa Homestead. Then

NOVEL DEVICE, by taking the other end of the ladder one can wheel to any point desired. The wheel should be made out of a two inch plank.

Protection of Wounds.

No artificial medium can be applied to the surface of a tree wound which will induce it to heal more quickly. The activity of the healing process depends on the character and position and the time of the year when the wound is made rather than upon protective coverings, but where a large surface of heart wood is exposed it is advisable to protect it from decay by a coat of white lead or other satisfactory covering.

MINARD'S LINIMENT CURES GARGET IN COWS.

EVERY painted floor catches dust—because paint's oil soaks into the wood—and leaves a porous film on top that must absorb dust—make work—and endanger health. Nothing like that if you use this:



It makes the floor surface glossy—dust-proof—saves much work—and lasts amazingly—good for outdoor floors and steps as well as indoors—ask at the dealers. Will you read our interesting little free book? It tells lots about the right kind and right use of paints, varnishes, enamels, etc. Sent on request by

Imperial Varnish & Color Co.
Limited, of Toronto.

Floorglaze comes in ten beautiful shades—water-proof and almost wear-proof—sizes from pints to gallons—gallon covers 500 square feet—dries hard over night—easy to apply—costs little. 304

Recommended and for sale by **Karl Freeman, Bridgetown**

BRIDGETOWN BOOT AND SHOE STORE

SHOE DRESSINGS of all kinds and for all kinds and colors of Boots and Shoes.

My Men's PATENT and TAN BALS and OXFORDS are all right—for style and for wear can't be beat. Same line for Ladies.

My PATENTS are all made of the best Corona Calf; Tan of the best Willow Calf. These lines are no doubt the best on the market.

Also just received two dozen pairs Men's AMHERST GRAIN FISHING BOOTS.

E. A. COCHRANE, GRANVILLE ST.

FISH FOR FAST DAYS MEAT FOR EVERY DAY

Choice Meats, Fresh and Pickled Fish, Hams and Bacon, Sausages of our own make, :: :: :: ::

MOSES & YOUNG, GRANVILLE ST. PHONE 57

If It is Seeds We Have It

Timothy, Red Clover, Alsike Clover, Alfalfa Clover, Crimson Clover, Mangle, Sugar Beet, Turnip, Rape Seed, Cow Corn, Sweet Peas, Garden Pear, Field Peas

And anything in the small seed line.

C. L. PIGGOTT, Queen St.

The Manufacturers' Life

Record for 1908:

Net Premium Income	\$2,119,583.57
Interest and Rents	458,306.61
Total Income	\$2,577,890.18
Payment to Beneficiaries & Policyholders	\$663,047.22
Reserve for Protection of	\$9,428,591.00
Insurance in Force End of 1908	\$54,287,420.00
No other Can. company has ever equalled this record at the same age	

O. P. GOUCHER General Agent, Western Nova Scotia.
OFFICE—MIDDLETON, N. S.
The E. R. Machum Co., Ltd., St. John, N. B.
MANAGERS FOR MARITIME PROVINCES.

FLOUR & FEED



We have a large stock of Flour and Feed bought before the advance. If you want a bargain in this line ask us for prices.

Seeds! Seeds!

Rennie's Best XXX Timothy and Clover, and all kinds of farm and garden seeds bought from the most reliable seed houses in Canada.

WANTED—Pink Eye and Yellow Eye Beans, Field Peas, Eggs and North Mountain Silver Dollar Potatoes in exchange for goods.

J. I. Foster

NEW SPRING GOODS

Ladies' Fine White Shirt Waists, latest style.

High grade Whitewear, Ladies' Corsets, rust-proof, new long styles.

Art Muslins and Sateens, Wash Belts, Wash Fabrics in Muslins, Gingham, Linens, Prints and Lawns, Plaid Muslins, Organdies.

Apron and Shirt Gingham, Laces in Torchon, Valenciennes; Shell Goods, Fancy Goods.

Geo. S. Davies

UNION BANK BUILDING

SEALED TENDERS addressed to the undersigned, and endorsed "Tender for Supplying Coal for the Dominion Buildings," will be received at this office until 4.30 p. m., on Thursday, July 15, 1909 for the supply of Coal for the Public Buildings throughout the Dominion.

Combined specification and form of tender can be obtained on application at this office. Persons tendering are notified that tenders will not be considered unless made on the printed forms supplied, and signed with their actual signatures. Each tender must be accompanied by an accepted cheque on a chartered bank, made payable to the order of the Honorable the Minister of Public Works, equal to ten per cent. (10 p. c.) of the amount of the tender, which will be forfeited if the person tendering declines to enter into a contract when called upon to do so, or fail to complete the work contracted for. If the tender be not accepted the cheque will be returned.

The Department does not bind itself to accept the lowest or any tender.

By order,
NAPOLEON TESSIER,
Secretary.

Department of Public Works,
Ottawa, June 4, 1909.
Newspapers will not be paid for this advertisement if they insert it without authority from the Department.

FLOODS IN COLORADO.

Damage of over a million dollars reported in Colorado caused by spring freshets. The water works in several towns have been washed away and gardens and sugar beet, cantaloupe, and potato crops destroyed.