

Normal Spine Means Health To Women Chiropractors Claim

Certain ailments of women have become almost universal among civilized races. Many think that most of these disorders are unavoidable and they are looked upon as a "matter of course."

Instances like the following are of common occurrence in cases where Chiropractic analysis is made from the spine.

Nerve pressure is found to indicate lack of nourishment for the skin; poor surface circulation, and as a result of this condition, defective elimination through the skin and accumulation of waste matter and systematic poisons in the system. Impingement found on nerves leading to the stomach indicate signs of catarrhal affections and membranous linings and want of nutrition in the glandular structures. This, of course, means such effects as indigestion, fermentation of foods, gas formations, constipation and a multitude of resulting disturbances.

There will be found, upon examination of the spine, certain deviations of the vertebrae which creates the nerve interference that accounts for the fallen or prolapsed conditions of stomach, bowels and other abdominal organs, from which there is likely to be a sagging of the pelvic organs, relaxation of the bands and ligaments attaching them, and from this relaxation, the chief misplacement that accounts for so many distresses of mind and body.

Causes and Effects.

Many have been informed that surgery offers the only hope of restoring order in the parts involved sufficient to afford all the relief that can be given the patient.

From this opinion the Chiropractors dissent, and explain that the relaxed and prolapsed conditions, as well as the chief misplacement, are not causes of disease, but only the effects of the compressed or irritated nerves supplying the organs and parts affected, and that the only possible way to restore natural order and harmony of action is to clear the way for the normal passage of nerve impulse from the brain to the body. This is done by locating the displaced portions of the spine and adjusting them to liberate the nerve lines from impingement and tension.

The Result of Adjustment.

Women who will make careful investigation of chiropractic and take spinal adjustments will be proven fully sufficient to overcome all the symptoms or effects of their disorders. Removing the cause at the spine will dissipate such effects as constipation, pains in the head, breasts, pelvis and lower limbs and disturbances of the gastro intestinal tract.

A great deal of unnecessary suffering can be avoided if women will investigate and accept chiropractic.

The Chiropractors identified with this educational campaign bear the stamp of reliability, educational qualifications and endorsement of the Chiropractic profession.

Chiropractic articles will be published in this newspaper each Saturday. As a protective measure for the public, a booklet has been prepared and printed, giving only the names of the reliable and endorsed members of the Chiropractic profession.

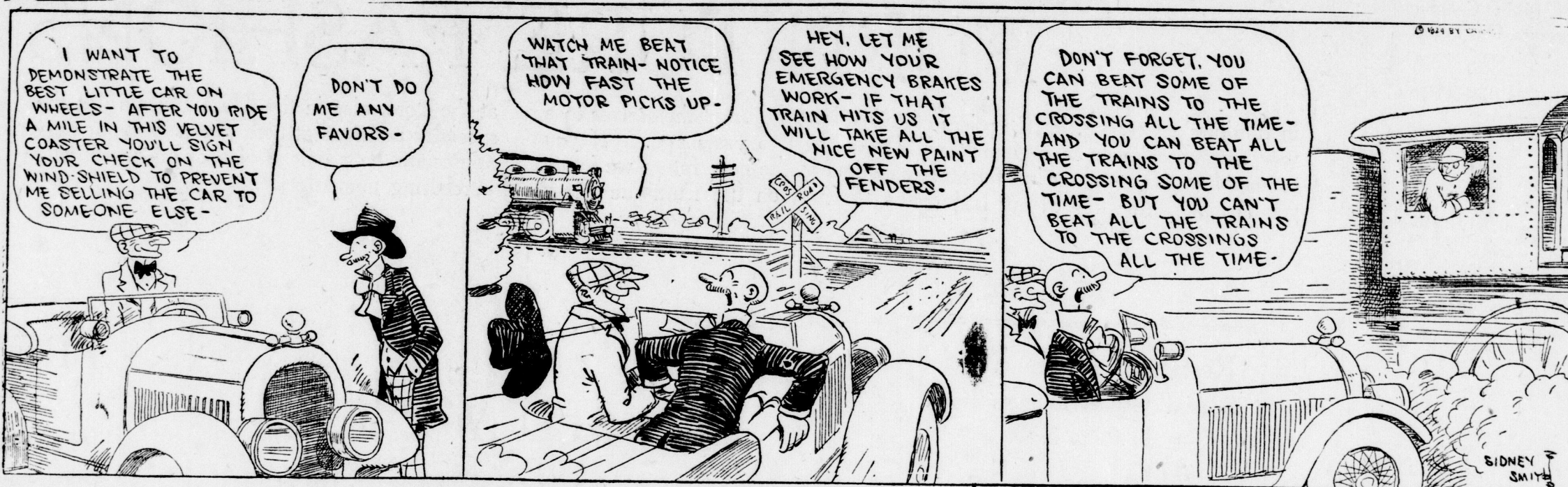
We have informative Chiropractic literature that will be mailed to you on application, without cost or obligation.

Before employing the services of a Chiropractor, inquiry should be made for your convenience to The Chiropractic Educational Bureau, Address Box No. 1, London Advertiser, London, Ont.

Associated Chiropractors, London, St. Thomas, Stratford, Watford, Stratford, Galt, Simcoe, Hagersville, Jarvis, Watford, Petrolia.—Adv.

GUMP, GOOGLE & CO., Experts In Laughter

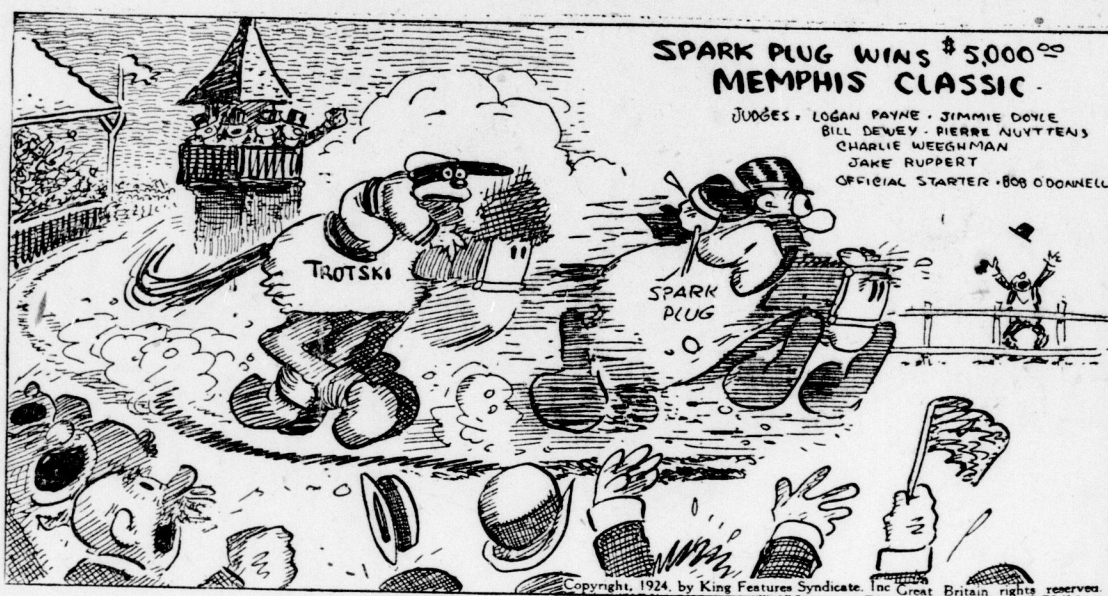
THE GUMPS—STOP—CEASE—WAIT



BARNEY GOOGLE AND SPARK PLUG

Maybe Barney's Willing To Ride Behind Trotsky Now.

By BILLY DE BECK



TOOTS AND CASPER

Casper's Running Buttercup In Debt.

By JIMMY MURPHY



MUTT AND JEFF

They're in Louisville, Suh; But Mutt's No Gentleman, Suh.

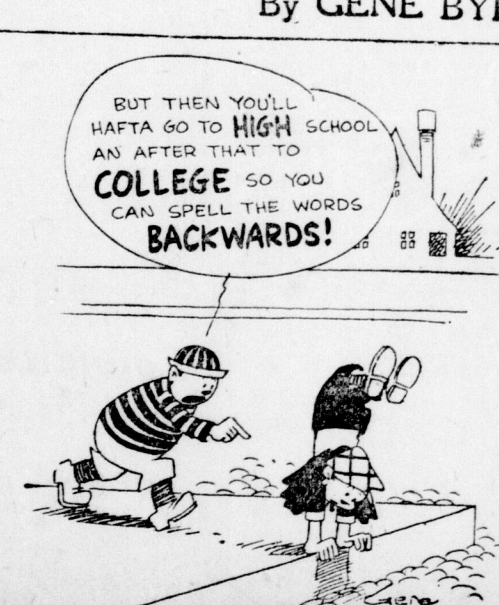
By BUD FISHER



REG'LAR FELLERS

The Perils of Higher Education.

By GENE BYRN'S



ROMANCE.

Grandfather leaned over the garden wall. Where fell the moonlight dim. Grandmother blushed on the other side. Modest, and simple and prim. He gave an old-fashioned kiss to her. And she gave her heart to him. Grandfather's grandson calls at the door. Waits with a chauffeur prim. And grandmother's grand-daughter appears. Tailored and modern and trim. He gives her the same old-fashioned kiss. And she gives her heart to him. (But he also gave her a dozen roses, seven pounds of chocolates and glazed fruits, theatre tickets, twelve books, a quart of perfume, an engagement ring set in platinum, a pearl necklace, a jeweled wrist watch, a house in the country, and a car.)

No, Gertrude; just because you used to make such wonderful mud pies, it doesn't follow that cooking his meals will come naturally.

Then Why Hide Them?

Six-year-old Ada was watching her grandmother dress. "Why, grandma," she asked, "what are you putting on two petticoats for?"

"So that people can't see my legs," primly replied her grandmother. The modern little miss looked pained and lowering her voice, she inquired anxiously, "Grandma, what's the matter with your legs?"

Corn Pone.

I like the tender, juicy corn. It hits the spot, my dear. But can't someone contrive it so that spot won't be my ears?

The Frozen Horror.

He gazed at his wife in horror. For a long time he had been searching for her—only to find her like this! "Gloria!" he cried. "Gloria! Can't you answer me?" Her face was like marble, and was of an unearthly color. Mutely she shook her head. Her face seemed frozen—paralyzed—only her eyes seemed alive. Her husband shuddered and buried his face in his hands. His fingers closed over a hammer. He raised it and eyed it in horror, yet it seemed to be the only thing to do. It was only after a dozen heavy, sickening blows with the hammer that he could remove the beauty clay from his wife's face.

Top Dat!

Little Mary was five years old. One evening her tummy ached and put her in misery. She slapped it vigorously, saying at the same time: "Be still, tummy. You've had your dinner."

The man who says that he has never deceived his wife is telling the truth—but he thinks he is lying.

An Achievement.

I think I'm quite a poet. And often, just for fun, I sit and rhyme such words as this: "Parallelopipedon."

When father pays his income tax Hoping a dollar to save, He finds the crimp in his pocket-book Is really a permanent wave.

His Desire.

"Old Riley Rippey got to saying tuther day," related Gap Johnson, of Rumpus Ridge, "that he was eighty-three years old and hadn't never seed a moving picture yet, but had just about made up his mind that he'd like to sorter see how they look. "So he rid into town with me last Friday and attended the Oriental Grotto Picture Palace. He set right through three performances and was starting in on the fourth when the manager of the show asked him if he didn't think he was acting kinda funny, seeing the same thing over and over. "That might be, and then agin it moughtn't," says the old man. "Such cuttin'-up as have been goin' on yur may be an old story to you town folks, but they hain't to me, and I want to see the outcome of 'em. That there lady's husband hain't ketched that there infernal dude fooling around her yet, but I figger that the dud'll be a little slow the next time, and the husband will show up in time to nail him. And if he does I want to be right yur when it happens."

Seat of War.

Willie—"Does your father ever spank you?" Freddie—"You bet he does. Yesterday he spanked me for breaking a window and then spanked me again because he broke the hairbrush while spanking me the first time." Copyright, 1924. Reproduction Forbidden

EFFICIENCY IMPAIRED

Why Many Men and Women Are Badly Handicapped.

When you are so run down in health that it impairs the efficiency of your work as well as your power to enjoy your leisure hours, or obtain rest, it is time you looked to the cause. If you do not, a serious breakdown is almost sure to result sooner or later. In nearly all cases this condition, which doctors usually describe as general debility, is due to poor blood—blood that is deficient in red corpuscles. When the blood is thin and weak your whole system suffers. You lose appetite, have no energy, your nerves trouble you, and you feel restless. What you need is help to build up your blood, and you should begin at once to make your blood rich and red by taking Dr. Williams' Pink Pills. You will soon notice the difference in your health by a better appetite and increased vigor. The reason is that the new blood created by Dr. Williams' Pink Pills multiplies all the organs of the body to healthy activity, and so the system gains nourishment and strength. If you are weak or out of sorts begin gaining new strength today by taking Dr. Williams' Pink Pills. You can get these pills from your druggist or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.—Adv.