



IT SAVES TIME AND LABOR

More food value for every dollar than any other food on the market.

It Nourishes.

It is easily digested.

It is pure.

It is palatable.

It is the best investment you can make, either in money or in health.

Stratton's Bread

"You will never know how good it is until you try it."

INCORPORATED 1855

THE MOLSONS BANK

CAPITAL AND RESERVE \$8,800,000
OVER 100 BRANCHES
OPPORTUNITY SHUNS THOSE UNPREPARED TO GRASP IT

Start a Savings Account to-day in The Molsons Bank, and be ready for opportunity when it comes along.

Savings Department Conducted on up-to-date System
E. W. R. HILL - Manager Aylmer Branch

Mattices Meat Market

"Formerly McGregor"

CHEAPER MEATS

Come in and get Prices on Fresh and Cured Pork.
Steaks, Roasts and Stews all reduced.
A full line of the best Cooked Meats, Sausage, Lard, Butter and Oleomargarine.

ALL ORDERS DELIVERED PROMPTLY

E. B. MATTICE

Bell Phone 70 Rural Phone A148

Syrup of Tar with Cod Liver Oil

An excellent Remedy for Hacking Coughs, Sore Throat and Bronchial Troubles.

It does not nauseate or sicken patients, but stimulates and tones up the digestive organs.

Price 35c and 50c per Bottle

J. E. Richards & Co.

THE REXALL STORE

Bell Phone 32 Rural Phone 97 a

JAFFA

Miss Ruby Pearce spent the past week in London. Mr. Earnest Francis has purchased the west farm of Mr. W. Wiley. Quarterly service will be held in the Methodist church next Sunday afternoon at 2.30. Mr. Junius Stafford is on the sick list. Mr. S. Bentley is the proud father of a baby son. Mr. and Mrs. W. Elgie spent Sunday with relatives here near Belmont. Mr. Alfred Zavitz has returned after spending the summer with relatives in Michigan.

MAPLE GROVE

Mrs. L. Winkworth, of St. Thomas, spent a few days last week visiting friends in the vicinity. Leslie High expects to leave this week for points in Wisconsin where he will visit his brothers. Mrs. Walter A. Mitchell visited at Wm. H. Hovey's on Wednesday last. Mr. and Mrs. Bruce Bowes have their new house about ready to move into. A few from here attended the sale of Mr. E. Holeman near Eden on Wednesday last. Mrs. Ed. Webster, of St. Thomas, visited her parents Mr. and Mrs. W. A. Mitchell a few days recently. Mr. and Mrs. J. A. Jackson visited Mr. and Mrs. Leslie High on Sunday. Mr. and Mrs. Thos. Ellis and Mr. and Mrs. James Holson, all of Innerkip, visited a couple of days with relatives here.

MT. SALEM

A number from here spent Monday evening at Aylmer. Mr. and Mrs. Hugh Maginnis, of Woodstock spent the week-end with Mr. and Mrs. S. Maginnis. Mr. Fred Doolittle is laid up with an ulcerated tooth. Mrs. Ben Moore and sister, Mrs. McCullough were the guests of Mr. and Mrs. J. Clarke and Mrs. Scott, one day last week. Mr. and Mrs. Colin Ellsworth attended the funeral of the latter's uncle, Mr. Levi Brooks, at Springfield on Sunday. Mr. Roy Buck, of Lakeview spent Sunday with his brother, Clayton Buck.

Mrs. Wiseman and son, James, of Aylmer, spent Sunday with relatives in the neighborhood. Mr. Fred Prong, is very ill at his home on the 6th concession. Mrs. James Hawley spent a couple of days last week with her sister, Mrs. W. Roberts. Miss Lulu Shackleton, of Fairview, spent a few days last week with her sister, Mrs. Clayton Buck. Those still on the sick list this week are: Mrs. Clarke, Mrs. Laidlaw, Misses Edna Elsworth, Milly Millard, Evelyn Vail and Donald Irish.

FAIRVIEW

Mr. Fred Haney and family spent Sunday with Emerson Brown. The choir is practicing for the anniversary service on Sunday, November 2nd. Mr. Walter Benner spent a day last week visiting Mr. and Mrs. Thos. Lowe, of St. Thomas. Mr. and Mrs. Wesley Benner spent Sunday with George Pressey. The election passed over very quietly here. Lorenzo Chiverton has been on the sick list. Clayton Buck is expected to move into C. L. Ellis' house this week. A shower is being held for Miss Mary Buck this week. Mr. Wesley Benner had a valuable horse lost by falling into his well. Phillip Pressey and family spent last Sunday with friends at Glenholm. Harry Pressey and wife, of St. Thomas, spent a day with the former's parents, Mr. and Mrs. George Pressey. Quite a number of the neighbors gathered together one afternoon last week and husked corn for Mr. Walt Marchant. He has not been able to get out since the first week in September. Mrs. Frank Davis returned home from Ottawa last week where she has been visiting her brother, Charlie Clark. Quite a number here are suffering with bad colds. Mr. John W. Matthews has an attack of pleurisy again. Mrs. Edward McKenney of Port Burwell is spending a few days here at present visiting friends. There were no church services here last Sunday on account of the anniversary services at Summers' Corners. The farmers are finding it hard to get their fall work done on account of the unsettled weather. Mrs. Yoe is spending a few weeks with Mrs. O. Chase, Dunboyne. John Philmore has sold his farm to Frank Winters, of Richmond, who takes possession in the spring. Mr. Joe Ryckman is spending a couple of weeks with relatives at Dexter.

LAKVIEW

Rev. Mr. Marshall has gone as a delegate to the big Baptist Convention at Ottawa. Rev. Mr. Ball was to have filled the appointment here Sunday a.m., but by some misunderstanding did not appear. Mr. and Mrs. H. L. McConnell went to London last Thursday. The Prince of Wales was there, but they missed him and his smile. The monthly meeting of the Women's Institute was well attended at the home of the Misses Haggan, on Thursday last. The meeting after roll call which was responded to by humorous quotations, and a song by Mrs. Timmons, was taken by members of the Luton Institute. Mrs. Jas. Haggan gave a very interesting paper "False Economy in the Home," and Mrs. Fred Haggan, district president, a talk on "Objects and Aims of the Institute." Mrs. Jas. Haggan sang "The Heart of a Rose." The ladies then discussed holding a series of concerts, proceeds to purchase a piano for community use, and it was resolved to hold the first concert in about two weeks. A sum was voted to be donated to the Blind Soldiers' Home in Toronto. Several farms have changed owners on Nova Scotia street. Mr. Bessey has sold his farm and will move shortly to New Sarum. Mr. Holly has sold his farm and purchased property at Port Burwell. The farm of Mrs. Milton McConnell has also been sold. Every woman who had a vote polled it last week and all declare they voted four "No's" for the Temperance Act. All was so quiet and orderly at the polls, one wondered why men fought for so many years against their women folk being deprived of going to the polls. Dr. Perry and Mrs. Doolittle, of Toronto have been spending a few days with Mrs. John Saxton. Mrs. Gordon Herries is able to attend church once more. Mr. Hambidge, of Aylmer, has had men here gathering all available apples for shipment during the past week.

SINCE 1870

SHILOH

30 DROPS COUGHS

The Nervous School Child

Needs Rich, Red Blood to Regain Health and Strength.

Many children start school in excellent health, but after a short time home-work and examinations, hurried meals and crowded school rooms cause their blood to become weak and thin, their nerves over wrought and their color and spirits lost. It is a great mistake to let matters drift when boys and girls show symptoms of nervousness or weak blood. They are almost sure to fall victims of St. Vitus dance, or drift into debility that leads to other troubles. Regular meals, out-door exercise and plenty of sleep are necessary to combat the nervous wear of school life. But it is still more important that parents should pay strict attention to the school child's blood supply. Keep this rich and red by giving Dr. Williams Pink Pills according to direction and the boy or girl will be sturdy and fit for school. The value of Dr. Williams Pink Pills in cases of this kind is shown by the statement of Mrs. Pearl G. Harrington, Kingsville, Ont., who says:—"I have often felt that I should write you and let you know what Dr. Williams Pink Pills did for me. At the age of thirteen I was afflicted with St. Vitus dance. The trouble became so severe that I had to be taken from school. I was given medical treatment but that did not help me, in fact I was steadily growing worse. Then a friend advised my mother to give me Dr. Williams Pink Pills, which she did, with the happiest results, as the pills completely cured me and I was again able to take up my studies and attend school. Again about three years ago I was attacked with nervous prostration and once more took Dr. Williams Pink Pills, and after using five boxes was fully restored. I cannot praise these pills too highly as I believe they will cure any case of St. Vitus dance, or restore anyone who is weak, nervous or run down. You can safely give Dr. Williams Pink Pills to the most delicate child, or take them yourself with equally good results when you need a blood tonic. These pills are sold by all dealers in medicine, or will be sent by mail, postpaid, at 50 cents a box or six boxes for \$2.50 by The Dr. Williams Medicine Co., Brockville, Ont.

LUTON

Mrs. H. Morrow, of Hamilton, is visiting her parents, Mr. and Mrs. T. O'Byran. Dr. Perry Doolittle and Mrs. G. Doolittle spent the week-end at the home of his brother, E. H. Doolittle. Mrs. Wyn Christie and Mrs. Fred Dunn spent Friday with Mr. and Mrs. George Mitchell, of Richmond. The many Luton friends of Mr. Solon Doolittle regret to hear of his death at St. Mary's Hospital from Pleuro-pneumonia. The Luton Women's Institute packed three dozen jars of fruit and jellies for the children's shelter, St. Thomas. They also sent a cash donation.

RUPTURE EXPERT HERE

Seeley, Famous in This Specialty, Called to London

F. H. Seeley, of Chicago and Philadelphia, the noted truss expert, will personally be at the Tecumseh Hotel and will remain in London this Tuesday only. Nov. 4th. Mr. Seeley says: "The Spermatic Shield, will not only retain any case of rupture perfectly, but contracts the opening in 10 days on the average case. Being a vast improvement over all former methods—exemplifying instantaneous effects, immediately appreciable and withstanding any strain or position. This instrument received the only award in England and Spain producing results without surgery, injections, medical treatment or prescriptions. Mr. Seeley has documents from the United States government, Washington, D. C., for inspection. All charity cases without charge, or if any interested, call, he will be glad to show same without charge or fit them if desired. Business demands prevent stopping at any other place in this section. P. S.—Every statement in this notice has been verified before the Federal and State Courts.—F. H. Seeley.

VIENNA

Mr. L. Hutchinson, an old resident of this village, died at his home on Friday night. The funeral was private and took place on Tuesday afternoon. Interment took place at St. Luke's cemetery. Mr. Edwin Appleton, an old resident of Vienna, died at the home of his son, John, just east of the village, on Tuesday. He had attained the ripe old age of 86 years and leaves to mourn his loss, two daughters and two sons: Mrs. Staples, of Moosejaw, Mrs. L. Bartlett and son John, of this place and Fred, of London. The funeral took place on Thursday at 2 o'clock. Rev. King conducted the service. The Town Hall was crowded on Thursday evening to welcome home another of the boys, Gordon Williams, who has been in France since 1917. He enlisted at London in the motor transport service. The fourteen boys who returned from overseas were called to the platform and an address was read by Mr. S. S. Clutton and they were presented with medals from the Patriotic Society. Mr. Huron Smythe spent Sunday with his aunt, Mrs. Bradford, of Stratfordville. The Ladies' Aid met at the home of Mrs. Williams, on Thursday last. Mr. Arthur Cartwright motored down from London on Sunday and spent the day with Mr. and Mrs. John Burgess. Mr. Harmon Hutchinson who has been working in Windsor is spending a couple of weeks at his home here. Miss May Gratton, and Miss F. Wooten, of Ingersoll spent the week-end at Mr. Bert Wooten's. Mr. and Mrs. Witty, of St. Thomas visited friends in the village on Monday. Mr. Earnest McCutcheon, of the North-west visited friends in the village last week. Mr. Neville, of Hamilton, is the guest of Mr. Gordon Williams. Mrs. John Brown and daughter, Evelyn, spent a few days the guests of Mrs. Roland Thayer.

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BAYHAM

In the passing away of Mr. Henry Hatch, Maple Grove loses a good man, as a neighbor and friend and the church a strong pillar. Mr. Chester McRoberts, of Brownsville addressed a good crowd of earnest people who thoroughly enjoyed the sermon so full of earnest appeal. Mr. and Mrs. Milton Hatch, of St. Thomas, visited Mr. and Mrs. Proconier on Sunday. The fruit of the chestnut tree has been a most bountiful one this year and the crop harvested unprecedented for many long years and enjoyed by all. Word was received that Mr. John High, of Berlin, Wisconsin, brother of Leslie High, of this place, is very low. Mr. High intends going to see him very shortly. Mr. Earl Godby has moved upon the place vacated by Clayton Godby, his brother.

MAKE TABE COVERS INTO VELVET RUGS

A good way to use old-fashioned chenille table covers or draperies follows. Unravel and sew ends neatly together. Wind in balls and with a small-sized wooden hook or large bone hook crochet into rugs, using the single crochet stitch. Make any shape desired. They work up very prettily, especially if two shades of chenille are used. If care is taken in the making they will closely resemble velvet rugs.

Three Snaps

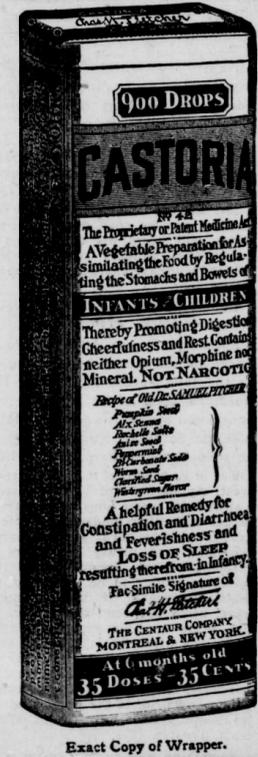
Good House and half acre in Orwell \$850.00. Good House and Lot near Canning House only \$550.00. Two good 80 acre farms near Kingsmill at a bargain, easy terms. Immediate Possession and Title Perfect to all of these G. H. CAUGHILL Real Estate and Insurance

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CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. Charles H. Fletcher* In Use For Over Thirty Years

CASTORIA

Exact Copy of Wrapper.

"The Ne'er Do The Barrier,"

CHAPTER A Misunder

Several days later Bernie Drexler lay. The hit on tiptoe and wore such gloomy sympla

"Please don't look makes me hurt all Bernie's features smiled in a manne

"They wouldn't let Lord! How I gend us!"

"My nurse won't let Blake's eyes rest interrogation upon maintained her most as she smoothed his

monished him not self. When she m

noislessly, he said: "Well, you needn't hand yet awhile. T happened? How is

"She's heartbroken came here that first smell of drugs make

"I suppose Maruf Dreux straightene his face flushed pr

at least an inch of s you heard?" he inqu

"How could I hear I'm doctored by a nurse by a divinity

"Maruffi was capt night. Sure! Why, try knows about it. I mellow satisfactio

the little man's face. you're a hero, of cou are others."

"Who caught him? I did."

"You! Norvin st mouthed amazement.

"That's what I Bernard Effingwell E ment cotton leader dealer, the art t

erious and dreaded ado in his hair, and n his heels in the pari

with his little friends "Why—I'm astonish

"Naturally! I foun Poggi's house. Mr. F wishes in the battile."

"How in the world— Well—it's quite a

happened through t Bernie flushed a bit

companion's eye. "W about Mrs. Poggi I d

into all the intimate truth is she became d

me. I told you hov Well, she wasn't adv

ing my attentions— She ate 'em up! Befc found myself entangle

—I had hold of an e



"My Ba Is So I

PAINS in the sr back, lumbago

tism, pains in the l of defective kidney

Poisons are being blood which cause pai

The kidneys, liver must be aroused to a treatment as Dr. Ch

Liver Pills. There is no time to

the kidneys go wrong, relopments as harden

teries and Bright's di natural result. Use pill a dose, 25 ce

Sellers, or Edmanson, Ba Toronto. Dr. Cha Kidney-Live