

Majestic Theatre

TO-DAY

SEE--
The wild engine ride through a mountain blizzard at night. Raging flood and thrilling rescue. The majestic Yosemite and the most amazing snow scenes ever filmed.
All blended into a romance of love and daring that speeds through your blood a mile a minute.

TOOT! TOOT!
LOOK OUT FOR
WALLACE

REID IN THE LOVE SPECIAL

AN EXCURSION
to joyland for picture play fans! That's "THE LOVE SPECIAL." Speed 'em up with the rest o' the bunch and take a trip engineered by dare-devil Wally, as builder of railroads, battler of nature and wooer of lady fair.

Majestic Theatre

TO-DAY

CASCARETS 10¢

For Constipated Bowels, Sick Headache, Sour Stomach, Bilious Liver

The nicest cathartic-laxative in the world to physic your liver and bowels when you have Dizzy Headache, Colic, Biliousness, Indigestion, or Upset, Acid Stomach is candy-like "Cascarets." One or two to-night

will empty your bowels completely by morning, and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like Salts, Pills, Calomel, or Oil and they cost only ten cents a box. Children love Cascarets too.

From Bonne Bay To Bellburns.

Random Jottings From a Straight Shore Settlement--Where Mail Men Work Hardest and Receive Least Pay.

By J. D. HENRY.
ARTICLE IV.

BELLBURNS.—(By Aerial Mail).—I am thinking and speculating on the unrelieved miseries of the coast and penning these random jottings at Bellburns, a straight shore cove for summer fishing with a small cluster of winter houses hidden away in the woods. The bleak barrens of Bellburns, covered with rock rubbish, makes a dreary waste of country, the hardest kind of travelling for man and beast. All along the coast to this settlement every place has its new-found grievances and miseries, everyone declaring that things were never worse. It is a winter of unusual severity and distress. There are no main roads and too few bridges, road monies are indiscriminately and unfairly distributed, official correspondence on these and other subjects is either foolish, evasive or altogether neglected, and there have been very few appointments which will stand the acid test of ordinary business sense and fair play for the fisherman. The story is everywhere the same—a record of overwhelming disaster for the men of many settlements accustomed to live upon the fishery alone followed by a serious shortage of food supplies due to the unexpected collapse of transport. There are some settlements where the conditions of life are positively heart-

breaking and where, if the truth about the future must be told, there are hundreds of splendid fishermen who declare that they have been driven from the sea and must find employment ashore. These fishermen will one day strike back at those who are to blame for wrecking the fishery. The direct causes of these calamities on the coast are mostly political in character and may not be discussed in detail in these short travel articles dealing with the facts and realities of life on this coast. We have only this hope, that Hawkes Bay, thirty miles north of this place, will stave off a winter famine on the coast; it is the only place which is giving steady employment and has sufficient food supplies (1500 barrels of flour and large quantities of provisions) discharged by the Edmund Donnelly for those who are ready to work in the woods. But this saving of a large section of the coast by the Hawkes Bay industry means only part salvation for the fishermen. I will tell how this has been done in a letter from that bay.

You cannot travel from Bonne Bay to Bellburns without discovering the chaotic conditions of business. Bonne Bay still bears the marks of the fire which wiped out most of the stores; with the buildings, collapsed its valuable coastal business ramifications and for this winter at least it counts for little in the way of credit and trade in the homes of the north-west. It has been beaten back by fire, a sickening business, and a serious decline of the herring fishery, while not for fifty years has the bay so soon frozen over and caused such a disastrous shut down of trade. The upset is temporary and with an improvement in the general trading conditions in the country we will no doubt witness the rise of a greater Bonne Bay. Rocky Harbour, the deep water bay of the northern side of the mouth of Bonne Bay, is feeling the effects of the fishery depression. This is a place which is famous on the coast for a home-built fleet of splendid fishing skiffs, but even with these and the desire of the men to keep the sea it was found necessary to help the bay out of trouble with pit prop relief work. The props are still there, sold twice over, and ready for shipment this coming summer. No road on this coast is fit for winter transport. Between Rocky Harbour and Sally's Cove it is just a down-right bad road, but along the twelve miles between Sally's Cove and St. Paul's Bay there is only a cattle track and dog teams have to push their way through tangles of dense snow-laden scrub. Two miles north of Sally's Cove, at Martin's Point, the old coastal steamer Ethel has been thrown almost bow-on to the cliffs. Her superstructure has been torn adrift by the fishermen, and the framework has been battered and bent by the many gales which have struck her since she was bravely and skilfully placed there by Capt. English and Purser Young in the December gale of 1918.

Six miles further north to Baker's Brook, crossed on the ice and calling for a bridge for summer use. Some seven years ago the old wooden bridge, built on a bad engineering plan, was lifted by the ice and swept out to sea, and appeals for its restoration on better lines have been frequently made but never listened to.

A new bridge is one of the greatest needs of the coast. Without a bridge or ferry, this section of road is merely a cul de sac, and it is foolish interruptions and obstacles of this kind which are responsible at the present time for the Hawke's Bay industry's failure to get horses badly wanted in the woods along this road from Lomond. Sally's Cove is a straight shore settlement of splendid fishermen knocked clean out of the fishery by the common troubles of the coast, and the men there very justly complain that the Government has neglected them in the matter of road money and refused to listen to their appeals for telegraph or telephone communication with Bonne Bay. Few men will fish here next season and all who have been able to leave their homes have found employment at Hawke's Bay.

St. Paul's Bay is approached during the winter under constantly changing conditions; it has a wide and dangerous tangle, and many a belated traveller owes his crossing to the assistance of good-hearted families living at the bleak entrance to the bay. This bay has oil, drilled for and constantly coming to the surface, good indications of the existence of valuable metallic minerals and vast timber areas, which Mr. Ben Payne, the popular justice of the peace and merchant of Cow Head, has done his best to persuade the Government to exploit on ordinary relief lines.

Four miles north of this bay stands out the promontory of Cow Head, with a fairly good harbour for schooners and a well sheltered and deep-water back cove. This headland has a bold front, carrying a lighthouse and sloping in towards the mainland, and as a picturesque summer settlement it has few equals on the coast. The chief demand of this place is for a removal of the existing breakwater, completed by the present Government and destroyed by the first winter gale, and its substitution by harbour improvements on something like modern engineering lines. This is the only harbour of refuge between Bonne Bay and Port Saunders, the most difficult and bleak section in the west for mail carriers, about whose good work I desire to say something here. No Government servants work harder for a living than the mail carriers of this coast. They are men who take risks in a constant battle with nature, fighting the climate on long stretches of a bleak coast which runs between the frozen sea and the white-sided and heavily rayed Long Range Mountains. A work for brave men, it often lasts well on into the night, and no man can back mail and run a team through the long winter without risking his life. There are no mail settlements between Bonne Bay and Port au Choix, but between that place and Flower's Cove, the old French shore, and even further north, there are larger and more numerous. This is real lean country without roads, but of all the stretches which blast and freeze the soul of the mailman I know of none that equal the blasted barrens of Bellburns. It is on these that the pay for mail carrying is least and the work hardest, one of the inevitable anomalies of Government control without experience of local conditions.

The mail system has many evils. Sub-contracting is one. There are blazing anomalies in the rates of pay due to the fact that every man who carries a mail does not get his appointment direct from the Government. The system has been run so long without enquiry and revision that abuses have crept into it, and the only way to remedy the grave wages inequalities, favoritism in appointments, insufficiency of mail camps, and the difficulty of keeping dog teams in sheep country will be by the appointment of an independent committee to discuss existing conditions with everyone concerned. The hard

Daniel's Harbour, six miles on, is a place of call for trading skiffs and other small craft. It has the only woman's herringboat's keeper on the coast, and the modest beacon, a kero-

Despaired of Life at 50 Strong and Well at 70
Mr. Jacob H. Macksey, 336 Midland Ave., Midland, Ont. writes—

"I have used Dr. Chase's Kidney-Liver Pills for over 20 years and I feel that I owe my life to them. I suffered severely from rheumatism and heart failure. One doctor just gave me one year to live, and even told me I might be found dead at any time. A neighbor advised Dr. Chase's Kidney-Liver Pills and I have been using them as needed ever since. I am now 70 years of age, weigh 217 pounds and can work as well as any young man."

Dr. Chase's Kidney-Liver Pills
One pill a dose, 25¢ a box, all dealers or Edmundson, Bates & Co., Ltd., Toronto.

At All Dealers.
GERALD S. DOYLE, DISTRIBUTOR.

Ends Stubborn Coughs in a Hour

For real effectiveness, this old home-made remedy has no equal. Suffer and cheerily prepared.

You'll never know how quickly a bad cough can be conquered, until you try this famous old home-made remedy. Anyone who has coughed all day and all night, will say that the immediate relief given is almost like magic. It takes but a moment to prepare and really there is nothing better for coughs.

Into a 16-oz. bottle, put 2½ ounces of Pinex; then add plain granulated sugar syrup to make 16 ounces. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, this mixture saves about two-thirds of the money usually spent for cough preparations, and gives you a more positive, effective remedy. It keeps perfectly, and tastes pleasant—children like it.

You can feel this take hold instantly, soothing and healing the membranes in all the air passages. It promptly loosens a dry, tight cough, and soon you will notice the phlegm thin out and then disappear altogether. A day's use will usually break up an ordinary throat or chest cold, and it is also splendid for bronchitis, croup, hoarseness, and bronchial asthma.

Pinex is the most valuable concentrated compound of genuine Norway pine extract, the most reliable remedy for throat and chest ailments.

To avoid disappointment ask your druggist for "2½ ounces of Pinex" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Co., Toronto, Ont.

One lamp set in a window, does service for a little harbour which has more than once proved an emergency refuge for small craft in southerly gales. The people recently held a meeting and demanded fair play in the matter of road money, but their petitions and letters remain unanswered, and it is this official neglect of their interests which leads them to see the futility of asking for dynamite to blast rock obstructions in the harbour and a small engineering scheme for the improvement of their natural breakwater.

Seven miles north lies Bellburns, the most difficult and bleak section in the west for mail carriers, about whose good work I desire to say something here. No Government servants work harder for a living than the mail carriers of this coast. They are men who take risks in a constant battle with nature, fighting the climate on long stretches of a bleak coast which runs between the frozen sea and the white-sided and heavily rayed Long Range Mountains. A work for brave men, it often lasts well on into the night, and no man can back mail and run a team through the long winter without risking his life. There are no mail settlements between Bonne Bay and Port au Choix, but between that place and Flower's Cove, the old French shore, and even further north, there are larger and more numerous. This is real lean country without roads, but of all the stretches which blast and freeze the soul of the mailman I know of none that equal the blasted barrens of Bellburns. It is on these that the pay for mail carrying is least and the work hardest, one of the inevitable anomalies of Government control without experience of local conditions.

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Going Strong At the Popular Star To-Day!

RECKLESS AND FEARLESS HOOT GIBSON in the fiery drama of a man who fought his way through a blazing feud of the giant forests straight into the heart of the girl who had hated him

See "THE FIRE EATER," in six parts.

JIMMY AUBREY (everybody laughs at Jimmy) IN "A MYSTERIOUS STRANGER."

PATHE NEWS.—THE ALWAYS INTERESTING FILM

COMING :—"FATHER TOM," and "ACROSS THE DIVIDE."

work of mail-carrying is wonderfully well done considering the fineness and ignorance of the post office control. We have reached a time when the Postal Department must evolve a practical scheme for operating and speeding up the country's mails by aeroplane in association with the effects dog practice of the past.

INDUSTRIAL ENTERPRISE.

This coast is feeling the first touch of mining and industrial enterprise and capital. The future no longer lies exclusively with the fishermen. He appreciates this, and the call of the sea notwithstanding, he badly wants to see the advent of new industries. What he does not understand is the cruel neglect of northern St. Barbe, its absolutely rotten electoral division and representation, its non-participation in the huge money advances for relief work on main roads, and the entire lack of official interest in the fishery which has plunged him in debt and offers no prospect of a decent livelihood in the future. He admires the Deer Lake road with its few weeks of relief work, its substantial profits for contractors and a steady increase of business for the merchants, and now sees only too plainly that if part of this money had been spent on settlement improvement and new roads higher up the coast he would have had useful work near home and every community would have permanently benefited. These men of the west have not got cold feet and are not going to be driven across the Gulf into Canada; they are sticking tightly to their home coast, pinning their families for three or four generations, believing that everything will be well with them when they get fair play from those who rule and the country is properly opened up. Brought close to starvation, this coast has been badly hit, sometimes almost knocked sick by official neglect and injustice, but I believe it will ultimately win through and become the centre of a profitable investment of capital in many different industries and manufactures.

Household Notes.

Keep ready-made coffee on hand in fruit jars or cans. It is just as good as though freshly made, when heated. Keep green vegetables in a cool, dark place. Withered or stored vegetables should be soaked in cold water to crisp.

An attractive way to serve potatoes is to cut them into little balls with a vegetable cutter and then French fry.

An almost magic way to clean windows is to rub with a cloth dipped in ammonia. When dry, polish with clean dry cloth.

To make pimiento butter, drain one pimiento until thoroughly dry, and add one-third cup butter. Rub together, put through a fine sieve, and season with salt and a little cayenne.

Toasted sandwiches are more acceptable in winter than the ordinary sort. One especially good sandwich is made by placing a thick slice of tomato and hot sardines between toast.

Relieved After Nine Years of Suffering.

Manitoba Man Finds Secret of Health in Dodd's Kidney Pills.

Mr. P. R. Bolesino wants Everyone to Know what Benefit he Received from Dodd's Kidney Pills. (Special).—"Before taking Dodd's Kidney Pills I was not able to work or sleep and now I am completely relieved of my kidney troubles. These are the words of Mr. P. R. Bolesino, well-known and highly respected here.

"I have suffered for nine years and tried all kinds of remedies. It was Dodd's Kidney Pills that restored me to good health. I am now able to get about on the farm, have a good appetite and sleep well."

Dodd's Kidney Pills strengthen the kidneys and put them in shape to do their full work of straining the impurities out of the blood. With pure blood there is good health all over the body.

If you have not used Dodd's Kidney Pills for kidney trouble ask your neighbors about them.

Complimentary.

He came home and found his young wife in tears.

"What do you think has happened?" she cried. "I left the care open, and our canary has flown away."

He tried to comfort her, but as he took her in his arms, she sobbed again.

"Ah, George," she murmured, "now I've only you left."

Ridiculous Situation.

PARIS.—(Can. Press).—The airman Becher, who created a sensation recently by landing in his little 25 foot span aeroplane right in front of the main entrance to the Grand Palais in the Champs Elysee, has been summoned to appear in the police court for violating the traffic laws.



Baby's Skin Troubles

Chafing, "scalding," skin irritations and itching, burning eczema, are quickly and thoroughly relieved and the skin kept soft, smooth and velvety by the use of

Dr. Chase's Ointment Apply daily after the bath.

STOP THAT COUGH.



No cough remedy has ever been discovered that will cure every cough, but we think we have one that comes a little nearer to doing it than most of them. We have prepared it the last ten years; it has been tried in all manner of cases and given satisfaction. We ask you to remember and try this—

STAFFORD'S PHORATONE COUGH CURE

Because it is safe. Because it is most certain to cure. Because it is pleasant to take. Because it is equally good for children or adults.

Price 35c. Per Bottle.



BUILD UP YOUR SYSTEM

Of all the remedies for "Building Up" especially after a heavy cold or influenza, there's nothing to compare with or equal COD LIVER OIL. We have a preparation containing the Oil called

BRICKS TASTELESS.

This preparation is a pure safe remedy that makes good blood, and builds up weakened vitality. The ideal medicine for the sick and an excellent tonic for the well.

Price \$1.20 Per Bottle.

STAFFORD'S

Duckworth Street and Theatre Hill

California, Valencia Oranges and Grapes. FOR XMAS TRADE. CALIFORNIA ORANGES—Counts 176's, 216's. VALENCIA'S—300's. GREEN GRAPES—Heavy Weight. PRICES RIGHT.

Burt & Lawrence.



Your Home

Can be made more easily comfortable and pleasurable by the installation of this simple, economical device. Save you one-third of your fuel bill. Keeps out cold and draft, dust and soot, deadens noise and stops rattles.

Coco Metal Weatherstrips placed on your windows and doors relieve you of the bother with storm seals. They are cheaper than storm sash; far more effective, and last as long as the building. For both new and old houses—like. Let us tell you more about

Coco
METAL WEATHERSTRIPS
The 100% Efficient Weatherstrips
EUGENE H. THOMAS,
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