

CASTORIA
For Infants and Children.
The one you have Always Bought
Beware the Signature

Chas. H. Hitchcock
In Use For Over Thirty Years
CASTORIA

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

See Single Signature of *Chas. H. Hitchcock*
NEW YORK.
35 Doses 25 CENTS
EXACT COPY OF WRAPPER.

You Look on It as a Rich by Extracting Potash From the Waves.

Many people have some foreboding with ideas for extracting gold from sea-water. All these ideas have failed, through, and the only extraction of gold has been from the "inventors' pockets." Recently, however, an Austrian chemist brought forward a new idea for extracting money from the waves which holds out a little more hope of success.

It is alleged that in every 2,000 lb. of sea-water there is 1 lb. of potash. Now potash is a fairly valuable commercial substance. Its present price is \$5.50 a ton, and over \$20,000,000 worth is exported to the United States every year. It is reckoned that potash can be extracted from sea-water at a cost of about \$2.50 a ton, leaving an ample margin for profit.

The system of extraction is simple. There is a ton of potash in about three-quarters of a million gallons of sea-water. A large tank is constructed, on the bottom of which is placed a common garden furnace slag which has been treated with a weak iron sulphate solution. Sea-water is forced up through the slag leaving behind a deposit of the valuable potash. Furnaces supply the necessary water at the rate of 600,000 gallons an hour, a ton of potash being deposited every eighty-five minutes. The total cost of the necessary engines to run the pumping machinery is nearly \$250,000. Not only will the tanks be used for extracting potash, but for getting the salt out of sea-water as well. It only requires a strong solution of iron sulphate instead of a weak one; \$15 worth of potash can be extracted every five hours at a cost of \$2.50 an ounce. Gold is worth \$20 an ounce. The cost of running the machinery works out at about \$200 a day. The amount of potash extracted will be worth about \$200,000 a day, leaving a clear daily profit of over \$200,000.

AN INFERNAL JOKE

During his political career Mr. Dalrymple, who recently retired from the leadership of the Unionists in England, has had some very exciting and also some very humorous experiences. On the first St. Patrick's day after his appointment as Chief Secretary for Ireland a square box was delivered to him at the House of Commons containing a bunch of shamrock from a "sincere Irish admirer." To the horror of his secretaries, the box was also found to contain a wicked-looking steel spring covered with a queer white compound.

A chemical expert was summoned. Everyone momentarily expected an explosion. The infernal machine, however, seemed to puzzle the expert. At last he ventured to put a particle of the compound on his tongue, when he found that it was simply sugar impregnated with lemon. He then turned the box upside down, when out rolled a rusty corkscrew, a spiral spring, an old cooking-grater, and a mass of paper inscribed "Bury the whisky yourself. You can then conceive the famous lemonade of Ballyhooley, and drink to Ould Ireland."

A NEW ANAESTHETIC

Lady Henry Somerset has told how her attention was first called to the work of relieving the sufferings of poor old children.

"It was this way," she said. "I was moved in that direction by the rare patience and imagination of one little boy. His example convinced me that patience was one of the qualities I needed most, and in seeking it I drew into that work. I was in a hospital on a Wednesday, while the doctors were changing a plaster cast which held the crippled boy's limb. The operation was exceedingly painful. I was told. To my surprise, the little sufferer neither stirred nor cried, but made a curious buzzing sound with his mouth. After the doctor left I said to him: 'How could you possibly stand it?' 'That's nothing,' he answered; 'why, I just made believe that a bee was stung me. Bees don't hurt very much, you know. And I kept buzzing because I was afraid I'd forget about it's being a bee if I didn't.'"

WHAT IS YOUR VOCABULARY?

A retired teacher has a curious hobby. He takes a great interest in tracing the history of everyday common words, and he finds an immense amount of amusement in this strange study. "Recently," he says, "I have been making inquiries into the number of words actually used by young children. Perhaps the result of my investigations may interest your readers. Children from sixteen to nineteen months use from 60 to 252 words. Two-year-old children use from 115 to 1,227 words. The vocabulary increases rapidly from that time on. It is perfectly safe to assert that the average three-year-old child makes use of 1,000 words. One three-year-old boy I know has a vocabulary of 1,771 different words."

Busy at the Bar.

At a certain junction on a Scottish railroad two brakemen were employed one night recently in the operation of wagon-shunting.

Feeling somewhat thirsty, they took advantage of a lull in their work to adjourn to a adjacent public-house for refreshment.

The "boss," appearing a few minutes afterwards, discovered their absence, and, suspecting their place of retreat, lost no time in making his way to the inn aforesaid. Opening the door of the bar-parlour, he caught the delinquents in the act of consuming a couple of pints of beer.

"Hullo," exclaimed he, "is this where you chaps do your shunting?"

"No, replied one of the culprits, without a moment's hesitation; 'but it's where we shift the pints!'

First Expert Chess Player: "Won't you sit down and play a game with me?"

Second Expert Chess Player: "I can't. I have an important engagement in six weeks' time."

SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I do so recommend it for nervousness and indigestion."—Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont.—"I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble.

"My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated.

"I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial."—Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

IRISHMEN ACCEPT HOME RULE BILL

Dublin, April 23.—The Nationalist convention assembled to-day under the presidency of John E. Redmond, leader of the Nationalist party in the House of Commons.

Mr. Redmond declared that under the Government's Bill Dublin Castle with all its evil traditions would disappear. The Irish would be a nation of freemen not to accept the bill which gave Ireland immediate control of nine-tenths of the Irish services and eventually of the whole, he declared.

The substance claims of the bill, he said, was better than that of either of the two previous measures.

Mr. Redmond concluded by moving a resolution accepting the bill, which was seconded by the Lord Mayor of Cork, and carried amid a scene of wild enthusiasm and the unfurling of the green flag.

The convention, which is the largest in the annals of the Nationalist party, rose to its feet and cheered for five minutes.

Another love feast was witnessed, when a number of Catholic priests proposed that the necessary amendments to the Home Rule Bill should be left in the hands of Mr. Redmond. The motion was supported by the Protestant rector of Kenmare, and carried with acclamation.

Mr. W. G. C. Gladstone, a grandson of the former Premier, addressed the convention and received a stirring welcome.

Asthma Catarrh
WHOOPIING COUGH CROUP
BRONCHITIS COUGHS COLDS

Vapo-Resolene

ESTABLISHED 1870
A powerful, safe and effective treatment for bronchial troubles, without doing the stomach with drugs. Used with success for thirty years.

The air rendered strongly antiseptic, inspired with every breath, soothes breathing easy, relieves the raw throat, and stops the cough, soothes nasal signs. Croup is relieved in minutes with warm children and a boon to sufferers from Asthma.

Send for postal for descriptive booklet.

ALL DRUGGISTS
Try Coughs, Asthma, Whooping Cough, Croup, Bronchitis, Throat Trouble, Hoarseness, Sore Throat, Hay Fever, Colds, and all other ailments of the throat and lungs.

Vapo-Resolene Co.
LONDON—21, Abchurch Lane
MONTREAL

Subscribe For
The Advocate

Missionary Entert

Wednesday night Women's Missionary Society Circle and Mission Band united to hold their entertainment, which was held in the church. Rev. A. W. A. presiding. A large number of ladies and gentlemen were present, partly for the Austrians (Ruthenians) in Western Canada, and partly for general purposes.

The program, including a large devotional exercise, Chorus—Prayer, Address by the pastor, Reading by Mrs. A. W. A.

Recitation by Mrs. A. W. A. Recitation by Mrs. A. W. A. Evelyn Price and Mrs. A. W. A.

Trio—Misses E. A. W. A. Florence Price and Mrs. A. W. A. Reading—Mrs. A. W. A. Views.

Chorus by B. A. W. A. Recitation—E. A. W. A. Reading—Mrs. A. W. A. Chorus Views.

Amatite ROOFING
Mineral Surface Needs No Painting

If you intend to build, use Amatite. You will do away not only with all roofing troubles, but with all unnecessary roofing expense, because Amatite needs no painting or attention after it is laid.

It has a wear-resisting mineral surface on top instead of paint. Amatite is easy to lay, fire resistant, attractive and absolutely waterproof.

Send for sample and make roofing comparisons, and know roofing before you buy. The man who knows, buys Amatite—always.

The Carroll-Ferguson Co., Ltd.
St. John's, N.S.
Halifax, N.S.

GOLDIE'S CHOICE BLEND FLOUR

STAR FLOUR

A family flour that has given satisfaction for over 50 years—
Just because—
Canadian Cereal & Milling Co., Ltd., Toronto, Ont.

Good Health is the Target

of your aim—or should be—and first in importance. Get and keep good health and you can work with hope—find life worth living—rise after nights of restless sleep—have energy and ambition—know content. If you are out of health, or in poor condition, see what

BEECHAM'S PILLS

can do for you. Your food will taste right and nourish you better—your bowels will be regular and your nervous system corrected. Your blood will be purer and you will feel more cheerful. Your whole system will be benefited and you will know why so many thousands have found that Beecham's Pills hit the target and

Hit Right Every Time.

Prepared only by Thomas Beecham, St. Helier, Lancashire, England.
2 and 3 story stores in Canada and U.S.A. America—10 cents per box.

Our new flake ---

Open a package and see it. Then prepare some for breakfast and you will vote Tillson's the most delicious oats you've ever tasted.

Pan-Dried
A food—not a fad
Cook in 15 Minutes

Two sizes, 10c. and 25c. Each 25c. Package contains a handsome piece of English Semi-Porcelain Tableware.

Canadian Cereal and Milling Co., Limited
Toronto, Ontario

Tillson's Oats