"FRUIT-A-TIVES" Compused Dyspepsia and Restored His Healt



MR. ROBERT NEWTON.

Little Bres d'Or, C. B. "I was a terrible sufferer from Dyspepsia and Constipation for years. I had pain after eating, beiching gas, constant headaches, and did not sleep well at night. I lost so much weight — going from 185 pounds to 146 pounds—that I became alarmed and saw several doctors who, however, did me ne good. Finally, a friend told me to try 'Pruis actives'.

In a week, there was improvement

The constipation was corrected; and soon I was free of pain, headaches and that miserable feeling that and that missende reening that accompanies Dyspensia. I continued to take this splendid fruit medicine and now I am well strong and vigorous". BOBERS NEWTON.

50c. a box, 8 for \$2.50, trial size 25c. At all desires or near postpaid on receipt of pulse by Fruit-a-tives Limited, Ottawa,

How to Test Colors. the color is solid or with little white plait a sample of it with a strip of white material. Make a strong soap solution. Have it warm but not hot. Rub and squeeze the goods in this for ten minutes. Rinse in cold water, let it dry. If the color holds fast, the water not colored and the strip of white not stained one may be pretty sure of the color. To test for light, expose a piece of material, in both a wet and dry condition, to strong sunlight for a week. If the goods do not show signs of fading it is reasonably sure they will not do so. If you wart various colors for a cotton rug at small expense use Easter egg dyes.

Stopping the Trial.

"Gentlemen," said the sheriff, putting his head into the jury room, "if
there is no chance of your agreeing
immediately on a verdict, the judge
will step out to lunch."
"Tell his honor he may go to
lunch," said the foreman.
"I was about to add," continued
the sheriff, "that the circus comes
into town at two o'clock, and it's
twenty minutes to two now."
"H'm!" said the foreman, "tell the
judge to hold on half a minute."

## Here You Find the Proof

Of What People Have Been Telling You About Dr. Chase's Nerve Food.

There can be no question that everybody is in in need of some re-storative treatment at this season of

storative treatment at this season of the year.

Particularly if your blood has a tendency to be thin and watery, the changing season is most trying on you and you suffer from tired feelings, lack of energy, failure of the digestive system and general depression of the feelings.

If you could only realize what a complete change you would experience with the use of a few boxes of Dr.-Chase's Nerve Food you would not be long in making a trial of this treatment.

would not be long in making a crisiof this treatment.

The best proof we can offer you
is in such letters as the following.
There is no reason in this world why
you would not obtain just as much,
benefit from the use of Dr. Chase's
Nerve Food as has the writer of this
letter if your system is in a similar
condition.

venent from the use of Dr. Chase's Nerve Food as has the writer of this letter if your system is in a similar condition.

Mrs. M. A. Couling, \$1 Stanley street, Kingston, Ont., writes: "For a number of years I suffered from a run-down condition of the system, due to overwork. I sould not sleep and was restless and worried. I had pains through my back, busing in the ears and twitchiase of my nerves and museles. I had indigestion and my appetite became poor. I would get drowly after sating and frequently suffered from great weakness. My circulation was poor, my hands and feet always cold and my heart action weak. I consulted doctors, but they could do nothing for me. Whilst in this condition I decided upon a trial of Dr. Chase's News. Food. After taking eight boxes of this medicine I am relieved of all the symptoms from which I suffered before, and in general I feel like a new woman. I used to be very constipated, so I took Dr. Chase's Kidney-Liver Fills in connection with the Nerve Food and am completely oured of that trouble too."

It remains for you to test Dr. Chase's Kidney-Liver Fills in connection with the Nerve Food and am completely oured of that trouble too."

It remains for you to test Dr. Chase's Kidney-Liver Fills in connection with the Nerve Food and am completely oured of that trouble too."

It remains for you to test Dr. Chase's Kidney-Liver Fills in connection with the Nerve Food and am completely oured of that trouble too."

At the symptoms for the great restorative treatment to cents a los. 6 for \$2.75. all dealers, or Bismanon, Bates & Go, Limited Teronto.

Acting Up

By LINCOLN ROTHBLUM

(Copyright IIII.) Sub Navous Syndicate.) Mirandy Jenkinf (olded her checker gingham apron triangle fashion, and tucking the corner in at the belt, rest-ed her arms on the rence railing.

It was summer time in the outlying farm districts of the town of Carroll-

ton and the air was redolent with the green odor of sitaits. Mirandy distended her nostrils to get the diffusing fragrance. On the crest of the hill, topping the road which led past the buses, appeared a point to strong house, appeared a none too strong horse. It dragged with lagging feet a rig of doubtful origin. It would have been difficult to tell the occupation of the driver who sat beneath the ragged and sagging top if not for the sack which lay at his feet labeled in letters of warning size, "U. S. Mail." As the outfit started down grade the man raised his crushed hat and made an effort to brush the upstanding hairs into place. A "ribbon" tie was next adjusted and to its already numerous stains were added a few the dusty hands. When these offices had been performed, he shifted the reins from his right to left hand and waved in recognition of Mirandy's fluttering handkerchief.

"Morpin', Mandy," was his greeting, as he drew up before the gate. "Morpin', Seth. Any mall for me?"

"Mornin', Seph. Any mail for me?"
"Nothin', 'cept the county newspaper. How's yr grandpaw?"
"Peorly, poorly, Sethe The doc says' he won't last much longer."
"Then we'll get married, Mandy, and no puttin' it off again. Ph."
Mirandy blushed as it this were the first time the subject had been broached to her. "La, Seth, how you do talk," was the firstious response. "but it just seems like we'll never get but it just seems like we'll never get there. First it was grandman, who kept us from getting magried, what with being so sick and tantankerous, and then you lost y'r job and of course we couldn't get married 'til you was appointed this route, and now it be my grandpaw sick and allin' and eatin' up the revenue." Seth spat out a generous quid of to-

bacco and after replacing it with a fresh supply, shook his head resigned-ly. "Well, I'll be 'round tomorrow, Mandy-so long." "So long Seth. I'll be expectin'

And Mirandy's workworn figure drooped as her eyes followed the dedrooped as her eyes rollowed the de-parting buggy. Sentenced to the hard, manual daudgery of a badly managed farm before seening eyen such ele-mental daucation as the village of-fered; saddled with aged grandpar-ents who fought off every innovation which much have lightened her lawhich might have lightened her labors, and forced by eternally present financial straits to forego any pleasure which involved the expenditure of money, Mirandy's youth had slipped away almost without her knowledge, until she found herself well on the read to forty with a vapid complexion and toil-hardened hands as her only

But in this sacrificing and unlies alded martyrdom, to which she had given hosself with neither complaint nor hope for neward, there were two pinnacles of joy. One was Seth, to whose everlasting credit must be said that none of the obstacles which had delayed his wedding to Mirandy had lessaned his fidelity.

Mirandy crapt into bed, where despite the straw tick she soon fell asleep. She arose unrested. The morning sun, scarcely awake, sugger round of tollsome tasks. Perhaps every morning it was the thought of Seth which hastened the always rapid dressing and the chores were well completed as she retreated to her bedroom to "fuss up" before waiting at the fence.

But this morning Seth was destined to wait himself into impatience, for no aproaced figure leaned against the gate as he drew up. So he walked to meet her...
"Mornin', Mandy."

"Mornin', Mandy."
"Mornin', Beth. Any mail for me?"
"Nothin' 'cept the county newspaper. But I got a letter, an' seein' as
you might as well get used to openin'
my mail new, I brought it to you."
Mirandy smiled at the subtle compliment in a style Seth dubbed 'gritety."

"Why, it's from the government," Mirandy exclaimed as she took the envelope with its franking privilege stamp. Anything official, frightened her, but pashage to the control of the contro stamp. Anything official, frightened, her, but perhaps it was woman's intuitive premonition which foretold the
bad news her face so patently reflected. "It says, Seth." she mattests, "It
says you get to get—you get to get as
auto if you want to keep fr job."
And so to meet the government's
changes for efficiency went Seth's entire savings. And though the new system augmented his salary, he soon
found that the price of gasoline run
higher than that of outs.

It was again summer in Carrottan.

It was again summer in Carroltes

It was again summer in Carrottes. Mirandy, was very happy this morning, for had not the wedding date been set just six months of? Six months is a very short time when one has been waiting nigh on twenty years.

"Mornin. Mandy."
"Mornin. Seth. Any mail for me?"
"Nothin" cept the county newspeper," and then with a nock air of susprise. "I declare, why here's a letter for you," just as if he had not nearly yielded to the temptation to open it was mines it had been placed in his

of as she read its contents. the letterhead of an attorney, it rans.
"Your uncle, Exchie Barrett, has died intestate. As sole surviving heir, you are entitled to the 5000 he has feft. Our solicitor will visit you shortly to secure the necessary signature."

Then Mirandy did a thing unheard of. She Mased Seth. "We can get married 'ignr off now she gurgled." get married/ Seth, don't you hear?" For Seth was already chugchugging down the road. Mirandy stared at the letter.

the letter.

The next morning the customary exchange of greetings was omitted as Mirandy abruptly asked. "Now we got the money, won't you want to be get-tin! married?"

the money, won't you wan to be get tin' married?"

Seth looked up as he roiled a steme with the foe of his hoot. His answer came hesitatingly, 'Can't you see. Mandy, if I was to marry you now, without a cent of my awn, folke'll be sayin' I was marryin' you for y's money."

"Have you got a mind?" Mirandy asked sarcastically. Seth stood aghast. This was their final quarrel. Then one morning Seth did not find Mirandy at the gate. She was fick. The decir had ordered an alarming array of pills and medicines and although Seth falthfully sat at her bedside every evening, Mirandy refused to get, well. Seth went about like a shadow of his former set. Never before had he realized just how very much Mirandy neant in his life. And then came the relapse! Mirandy was dying. The doctor confessed he could then came the relapse! Mirandy was dying. The doctor contensed he could be nothing. Seth sat by the bed and held the worp hands in his own warty, calloused ones." What could he do! Oh, If he could save her! "Mandy," he called sundenly, "let's get married."

Mirandy stirred. "I hand the doc tellin' you," came in a west, farawsy voice, "that I be dyin'."

Tears unchecked traced griny routes down Seth's tanned chests. Mirandy west on. "Folts'il think if

routes down Seth's tanned chesis.
Mirandy went on. "Folis'il think if
you married me now you'll be wanth'
to inherit my money."
"Oh, Mandy," Seth choked, "what
de we care 'bout folks 'round here'! I
want to 'tend you like a husband
while y're here."

want to 'tend you have a hussand while y're here."

Mirandy turned over at the unusual sentimentality of Seth's speech. "All right, Seth, then we'll set married," she answered with a smile.

And Mirandy seemed to improve at once. Perhaps it was Seth's husbands.

ly care, or perhaps it was just some thing else, but Mirandy got well with

surprising rapidity.

It was after the wedding. Mirandy, seated on the arm of Ssth's chair. nervously straightened the edge of the lace dolly planed on the coarse, horsehair upholstering.
If got a confession to make,

Seth looked up and took, the clay seth looked up and took the trappipe from his mouth. He thought in twenty years be had learned everything in Mirandy's life.

"I wasn't dyin' that time, Seth," she smiled, "the doc helped to make y see you needed me. I was just actin' up,

And then Seth did a thing unb

of He kissed Mirandy.

Bagpipes Are English. It was actually a Scotsman, and no less a man than the lord advocate of the time, who publicly declared by years ago that "the bagpipe is an Emplish instrument." the English were the original bar-pipers." He pointed out that, while Shakespeare often speaks of barpipes, he never does so in 'Macbeth,' and that it is in Lincolnshire and York-

are English. James IV. and where Scottish kings paid for "Inglis years is" at their court, while Edward Manual III. Henry IV and Henry III. seem to have had native pipers. The Highlanders never used the pipes in war before the fitteenth century; the harp was Scotland's Instrument.

oldest Chinese, Holiday.

What is probably the aldest flying anniversary still in celebrated in Chine. It is that of the birth or Gonfucius, and falls on the day known to occidentals as October 1. The Canton Times of that data says:

"Canton streets are in their holiday attire today in honor of the anniversary of the birth of Confucius. Shops of Dahting street, Chim Moos lane and Sup Sam Hong present the best appearances. The Chinese schools will have a holiday, holding the ceremony of worship in the morning and feasts in the evening. Wang They college in Honsim, under Principal China Chung Kai, will have a whole day of celebration, beginning sarry in the morning, when they will march to the Confucies temple together."

Contucian temple together."

Floyd Gibbons Story.

Floyd Gibbons the famous correspondent of the Chicago Tribune, who tost an eye at the tront, tells a good story of an American:

"I met a Kansas boy," said Mt. Gibbons, "among troops fighting in the Villers Cotteret forest, July 10. He was interviewing German prisoners. To one who appeared to be a rather superior type he addressed the question in German?

"What outfit do you belong to?"
The answer came proudly—and in good English:

"I am of the storm troopa."
The Kansan in thak! laughed and said:

Storm troops, hell. We come from

was a know to be the later

Kansas, We're cyclones."

Lydia E. Pinkham's Vegetable Compound-Her Personal Experience.

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remedy a trial.

For special suggestions in regard to your alment write Lydie E. Finkham Medicine Co., Jynn, Mass. The result of its long experience is at your service.

Miss Carnie Olsen of Fitchburg Mass., is a guest of Mrs. R J

## CHEWING TOBACCO

Copenhagen is used differently from ordinary observing tobscoo. Thise a small princh for a start, and put it between the lower lip and gum, in the dente.

Afterwards sput can harryware the size of the place to make the size of the place. Copenhagen is strong became the tobscoo of which it in made it out into few grains, which makes it tupert lie strongth thoroughly and quickly.

Hentes, a little 'place' goes a long way, showing that Copenhagen is not only an immunally economical claw, but also to re of the function, but also the others.

## LIFT CORNS OR CALLUSES OFF

Doesn't hurt! Lift any corn or



HOW YOU CAN TELL **GENUINE ASPIRIN** 

Only Tablets with "Bayer Cross" are Aspirin-No others!



iges, can be had



The New Parm Hand.

An unusual industry, perhaps unique, welcomes the return of peace and the resumption of agriculture at the town of Lurais in the Department of Indre-et-Loire, France. In this fertile department, whose name comes down from the days of Louis XIV. Mr. Jules Pallier manages a stock farm of Ortoises, which he grows for distribution amons French agriculturists. Mr. Pallier's tortoises are of a particular kind, matrix to Brenne and other parts of central France, and very useful as guardians of the farmers' grops. During the day the forteise, a small fellow with a shell not more than seven or sight inches leng at maturity, stays in she blace, but at night he travels the

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