NEW RECORDS

Results secured during the past year re-affirm the position of the Sun Life of Canada as the largest life assurance organization of the Dominion.

Fair-dealing and progressive business methods have given it leadership in annual New Business, Total Business in Force, Assets, Surplus Earnings, Net Surplus, Total Income, Premium Income and Payments to Policyholders.

SUN LIFE ASSURANCE COMPANY OF CANADA HEAD OFFICE-MONTREAL

AN IDEAL INCOME

can be secured to your Beneficiary With Absolute Security by Insuring in the

Union Mutual Life Insurance Company Portland, Maine

on its

MONTHLY INCOME PLAN

Backed by a deposit of \$1,688,902.65 par value with the DOMINION GOVERNMENT in cream of

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For full information regarding the most liber:
Monthly Income Policy on the market write, stating age at nearest birthday, to

WALTER I. JOSEPH, Manager
Province of Quebec and Eastern Ontario.
Suite 502 McGILL BLDG, MONTREAL, QUE.

Commercial Union Assurance Company, Limited. OF LONDON, ENGLAND.

	The largest general Insurance Company	int	he World.
	Capital Fully Subscribed	- >	14, 4 50,000
	Capital Paid IIn	_	1,410,000
	Tife Fund and Special Trust Funds -	-	10,091,000
	Total Annual Income Exceeds -	-	51,000,000
	matel Ennda Evened	-	101,000,000
	Total Fire Losses Paid	_	193,774,045
	Denosit with Dominion Government -	-	1,245,467
ė	(As at 31st December, 1916	.)	

Head Office, Canadian Branch:
Commercial Union Bldgs., 232-236 St. James Street,
Montreal, Que.

Applications for Agencies solicited in unrepresented

J. McGREGOR - Manager Canadian Branch. W. S. JOPLING - Assistant Manager.

A Free Course in "Salesmanship"

We have thought about the young man who sees no prospects ahead. Would you like to be in a business that will give you a GOOD LIVING WAGE A PROFITABLE FUTURE A PROFITABLE FUTURE A PROVISION FOR OLD AGE We teach a man the insurance Business, which offers permanent success, does not fluctuate, is a professional occupation, and has been truly named "The best paid hard work in the world." This is done by a correspondence course and personal assistance, free of charge. When he is fully prepared for the work, we place him in a position and help him to make good. The first two lessons of the Company's correspondence occurse will be sent to anyone interested. It will pay young men who desire to get on in the world to look into this.

All correspondence strictly confidential.

CANADA LIFE
ASSURANCE COMPANY
Head Office, Teronto.

"A Little Nonsense Now and Then"

Staff Colonel (in Christian Register)—Your reports should be written in such manner that even the most ignorant may understand them. Sergeant—Well, sir, what part is it that you don't understand?

"Well, Rastus, I hear you are working again. What business are you engaged in?

"I'se done be engaged in de mining business, sah."
"What kind of mining are you doing, gold, silver
or diamond?"

"I'se doing kalsomining, sah."

Casey—It's the illigant time Oi had lasht Saturday. Divil a thing can I remember afther 40'clock.

O'Brien—Thin how d'ye know ye had a good

Casey—Shure, didn't Ol hear th' cop tellin' the joodge about it on Monday marning?—Boston Transcript.

Gen. Pershing told in Paris a story about a young American soldier. "He talked a lot on the voyage over," said the general, "of the delight he would take in sightseeing when on leave. Don't miss Notre Dame Cathedral in Paris, said a French volunteer. You bet I won't! said he. Don't miss Westminster Abbey in London, said a Scot. No, siree! But, say fellows, the young soldier declared, the thing I'm craziest of all to see is the Church of England."

A well-known music hall artist was chatting to a London journalist whose paper is not always to be relied upon for accuracy of statements.

"My dear fellow," the comedian said, "I think that what you want is a bishop on your staff."

"A bishop! Why?" asked the journalist in amazement.

"Because," answered the other with a smile, "some of the statements in your paper are in some need of confirmation."—Exchange.

An old darky who had been in the metropolis of his southern state but once since the war stood watching an electric car skim out toward a suburb. A northern engineer, wishing to draw him out, said: "Great thing, that trolley, eh, uncle?" Only a grunt and a chuckle responded. He tried again: "When we come down from the north we do things, don't we, uncle?" "Yaas, yaas, master," drawled the darkey; "great men in the norf, sah. Come down heah wid a gun fifty years ago and sot the nigga free. Now you-all is bringin' a fish pole to free the mule—great men, ya, ya!"

The widow of a German officer presented herself at the office in Berlin for the purpose of drawing the pension due to her. She handed in the necessary certificate from the mayor of the village in which she lived, to the effect that she was still alive.

"This certificate is not correct," said the official in charge.

"What is the matter with it?" asked the lady.

"It bears the date of September 21," was the stern reply, "and your pension was due on September 15." "What kind of a certificate do you wish?" asked the disappointed applicant.

"We must have a certificate stating that you were alive on September 15," said the official with great firmness.

An Irishman paid a visit to China. He was quick tempered and it was not long before he had high words with a native who spoke very broken English. Seizing a dish from a stall close at hand, Pat let fly with it and the Chinaman's head was cut. Being brought before the British consul he was asked why he had insulted the native.

"Sure," replied Pat, "he spoke broken English, and I just gave him broken China in return."—Exchange.

Mr. Ginnett, who has done splendid work breaking in wild horses for the army, tells a story of his early days with his father's circus. He was in London on business when he had a telegram from his foreman, sent off from the place where the show was visiting that day, and which read as follows:

"The leopard has escaped. Prowling about the town. What shall I do? Bob."

Now Bob was one of those conscientious chaps who had to have clear directions.

I rushed off to the telegraph office and sent a reply: "Shoot him on the spot," I wired.

Half an hour later another telegram came to hand.
It also was from Bob, and asked: "Which spot?"

OPENS MONTREAL OFFICE.

The Union Insurance Society of Canton, Ltd., one of the well known British companies, has just opened offices in Montreal with Mr. Joseph Rowat as general agent. The head office of the company for Canada is in Toronto, but Mr. Rowat will have charge of the company's operations in this province with offices in the Lewis Building. The Union Insurance Society of Canton was established in 1835 and does business in all parts of the world. It has combined assets of over \$17,000,000, while losses paid amount to over \$75,000,000.

DRIVING HOME THE MEANING OF FIRE LOSS.

Canada's fire loss in 1916 was \$25,400,000, and it will be greater this year. So vast is the amount that it is hard to realize its significance when stated in mere figures. Here are some other ways of stating it, which drives home its baleful significance:

The Canadian Government pays \$2,000,000 a month in separation allowances to soldiers' wives and dependents. The Canadian people burn property valued at \$2,250,000 a month.

Canada's annual fire waste is sufficient to pay 5 per cent interest on all the war loans floated in Canada and provide a sinking fund large enough to cancel the total indebtedness in thirty years.

One year's fire loss in Canada would purchase 12, 000,000 bushels of wheat for our Allies.

The value of grain and other agricultural produce burned in Canada in 1916 was equal to the average annual production of 1,500 hundred-acre farms.

Canada's fire loss in 1916 would have provided 3,500 aeroplanes or 25,000 machine guns or maintained over 20,000 men in the trenches for a year.

We have talked about the immensity of our fire losses for years. Isn't it time that laws were passed to reduce the waste? It can be done.—Conservation.

THE DOOMED DOUGHNUT.

The doughnut is doomed. Recent intimations of disapproval by the food administration of this matutinal confection might have been regarded as a spur to conservation and a threat that would not be carried out unless as a last resort. Bakers are prohibited in making bread or rolls from adding sugar or fats to the dough during the baking or afterward. Some difference of opinion as to what are rolls has given the doughnut a respite, but it is to be short-lived, according to the State food administrator, who brings this significant news from Washington: This ruling gives sweet dough goods a temporary lease of life only. Mr. Hoover has a special grudge against doughnuts. They soak up fat which we do not need, and our Allies are suffering for. So doughnuts and frying-pan foods will shortly be taboo and We must not eat or make them until the war is over. Thus is the fate of the doughnut sealed .- Indianapolis News.

"I suppose," said the facetious stranger watching a workman spread a carpet from the church door to the curb, "that's the road to heaven you are fixing there?"

"No," replied the man, "this is merely a bridal path."—Boston Transcript.

LIVING UNDER THE SHADOW OF WAR

these dark and uncertain days. only the very best judgment should be employed in selecting investments. Sobered by the lessons of the war, sensible men and women have relinquished schemes to get rich quick by means of speculative securities and they now prefer safe investments yielding moderate interest to questionable ones with high rates. Beneficlaries under insurance policies are often perplexed as to how to invest their monies safely and profitably, but the continuous monthly income policy payable in ponthly instalments throughout life, and for twenty years certain, solves the problem completely. It constitutes an automatic safe investment and is issued by

THE MUTUAL LIFE ASSURANCE Company of Canada WATERLOO ONTARIO

E. P. CLEMENT K.C.

GEORGE WEGENAST Managing Director.