

## The Upward Look

### The Greatest Thing in the World

"Though I speak with the tongues of men and of angels and have not charity, I am become as sounding brass, or a tinkling cymbal."

"And though I have the gift of prophecy, and understand all mysteries and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity I am nothing."

"And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing."—1 Cor. 13: 1-3.

The chapter from which these verses are taken, we believe to be one of the greatest and most wonderful, and yet one of the simplest in the Scriptures. And the more we read and study it the more wonderful does it become, and only in this way can we have any conception of the depth of meaning contained therein. Almost every one has an ideal which they cherish; their main object in life is to strive to live as near to the attaining of that ideal as seems possible. Many of us appear to think that if we attend church regularly, support our church, and when mingling with our friends appear fairly religious, that we are just about perfect. In reality, however,

if we think only of outward appearances we will fall far short of the joy of living.

Then again, how often we think if we only had the gift of eloquence we might be able to stir men's hearts and do so much good, but we are told that "though we speak with the tongues of men and of angels, and have not love, we are become as sounding brass or a tinkling cymbal."

Our gift of eloquence would prove of no avail if we did not have the love of God in our hearts. We are sometimes led to believe that the greatest thing in the religious world is faith, but it is clearly brought out in this passage that charity, or love, as it is more frequently expressed, is even greater than faith. Peter tells us, "Above all things have fervent love among yourselves." In John's Gospel we read, "God is love."

In Romans 13:10, Paul says that "Love is the fulfilling of the law." In those days men were trying to reach heaven by works more than by faith and love. But Christ tells us a more simple way. If we will only love God and one another, we will unconsciously fulfill all the other commandments, and in this way fulfill the law. For instance, in the commandment, "Take not His name in vain," we would not think of doing so did we truly love God. Nor would it be necessary to think of that commandment, "Remember the Sabbath Day to keep it holy." If we have this wonderful love in our hearts the breaking of these commandments would be ob-

noxious to us.

Paul singles out love as the supreme possession, because it lasts. He goes over a list of the great things of this day, and shows us that these will all fade away. Paul had no charge against these things in themselves. All he said about them was that they would not last. But certain it is that love will last. Are we not told that "God so loved the world that He gave His only begotten Son, that whosoever believeth on Him should have everlasting life."

Henry Drummond says: "In the Book of Matthew, where the Judgment Day is depicted for us in the imagery of Oue seated upon a throne and dividing the sheep from the goats, the test of a man then is not, 'How have I believed?' but 'How have I loved?' The final test of religion is not religiousness, but Love; not what I have done, believed, or achieved, but how have I discharged the common duties of life. The words which all of us shall one day hear, sound not of theology but of life, not of church or saints but of the hungry and the poor, not of Bibles and prayer books but of cups of cold water in the name of Christ. Let us live to help that on."

### Things to Think About

If a room where you are compelled to work, sleep or live is dusty, dirty, overheated, poorly ventilated or damp, it is dangerous. These disease-producing conditions may be rem-

edied without much trouble or expense. Soap, water, and "elbow grease," will remove dust and dirt; opening windows a little at the top and bottom will give you fresh air.

Another word about dust—Never sweep a room with a broom that raises dust. Don'ts have the old-fashioned, discarded, tacked-down carpets. Use rugs that can be taken up and are easily cleaned out of doors. In dusting woodwork and furniture never use a feather duster. Instead use a dampened cloth that will take up the dust without flinging it all over the rooms. Never sweep a room with the windows closed. Remember that room dust is always dangerous.

A dust-laden air is always dangerous. Out-door air that is full of dust is bad air for any one to breathe. Even dust that is free from disease germs is not good for the lungs. In most of the trades in connection with which dust cannot well be avoided there are protective devices that are required by law to be used, that greatly lessen the dangers from dust. In the home, however, the dust may be more dangerous than that in most workshops and there is no law compelling the use of protective devices of any kind such as a vacuum cleaner. The one protection is to be found in the intelligence and care exercised by those who have the care of the home.

The best thing to have around the home is a cheerful husband.

### Room

Co., Ont., and down the side of the road?

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Add water to milk—  
You weaken the milk.  
Add soft wheat to flour—  
You weaken your flour.  
Cheapens it too.  
Soft wheat costs less—worth less.  
Soft wheat flour has less gluten less nutriment.  
Your bread is less nutritious, sustaining, economical.  
Soft flour has less strength, less quality gluten.  
Giving less good things for your money and things less good.  
Use Manitoba flour—Manitoba hard wheat flour.  
Having everything the soft stuff lacks.  
Five Roses is all Manitoba.  
Without a grain of cheaper wheat.  
Strengthen your food values.  
Use FIVE ROSES.

# Five Roses Flour

Not Bleached



Not Blended