

A LAUGH'S VALUE,

An eminent surgeon once said: "Encourage a girl to be merry and to laugh aloud; a good, hearty laugh expands the chest and makes the blood bound merrily along. Commend me to a good laugh; not to a that will sound right through the

"It will not only do the girl good, but will be a benefit to all who hear ber, and be an important means of driving 'the blues' away from any welling.

THE WEAVER.

stood in the room of a weaver, Then watching the shuttles fly, And the colors as they blended, Like a rainbow in the sky. His eyes were fixed on the pattern, As he wrought the figure fine, So wonderful in its beauty, So marvelous in design.

How earnestly he is looking; He turns not to gaze away From the figure he is weaving, Or the shuttles in their play. Or a color be misplaced. It would mar the costly fabric. And could never be effaced.

I watched, and watched, nor grew weary, And these thoughts came to my mind:

That we, all of us, are weavers, And God has made the design; Has drawn a beautiful pattern. For us to work by each day,
Is helping us with the shuttles,
Is guiding them in their play.

But there oftentimes come moments When we tire and listless stand; Grow forgetful of the pattern, And seek not the helping hand. only a moment we turn back, Then cry out with grief and pain: O, Father, see the broken threads We cannot make whole again.

When our weaving all is finished, And our looms stard idly by: When our work, its imperfection, Is seen by the Master's eye.

May we hear these words, rejoicing: Though many threads are riven, And mars and stains the fabric bears, For these, thou art forgiven. -Selected

HINTS FOR CAKE MAKING.

realize that there is quite as much, turn to last year's nests. i not more, in the mixing and bak-

second trial Flour should be sifted four or five The bark of a hound is the brand and fresh, and use level tea- the plow field as in the parlor. very cold before beating. If they your great-grandfather.

The usual method of mixing a cake loaded tree loses the most fruit in the is to cream butter and sugar togeth- storm. er; then add all but one cupful of the sifted the baking powder, and lastly, tical order makes the African first the whites of the eggs and flavoring, of the human races.

There is a great deal of art in beatthe bottom of the bowl at every stroke, thus driving the air into the der. cells of the batter instead of out of earthen bowl for mixing. Some prehands instead of a spoon.

burns easily. If cake breaks or cracks in the mid- Irish Monthly.

dle, it has too much flour or has baked too rapidly. Be very careful not to jar a cake or remove it from the oven until it is thoroughly from the oven until it is thoroughly done; test by inserting a straw; or many have learned to tell by putting the ear near the cake. If there is a ticking sound, it is not done; a WITH COUGHS AND COLDS, AND cake when done will leave the edges of the pan.

To test the oven for loaf, fruit' or molasses cake, place a piece of brown paper on the grate; if it colors a light brown the oven is right for baking. For layer cakes and cookes the paper should be a dark brown, as they require more heat.

THE HEART OF A LITTLE CHILD Many pages in the current magazines are devoted to the subject of the much-discussed question of cor-poral punishment. American parents blame but themselves. "No as a class, do not enjoy an international reputation for docile off-

mother must decide for herself what of a cold.

means of correction she will employ? To-day the schools have many a vais found necessary, it should be used, there should be at home. but only in grave cases.

would be reduced to the minimum.

A faithful adherence to higher Very many have, for there is the problem of managing children, as eases that has anything like the sale when his station was called. Half- Andy's ingenuity it would have been well as many others that are vexing of Dr. Chase's Syrup of Linseed and way there he was arrested by a firm starvation, drowning or freezing for modern reformers. The mother, with Turpentine. her multiplicity of affairs, is rushed Be careful when you buy to see was at his elbow. and overworked until frequently she that the portrait and signature of Dr. "I'll trouble you for my umbrella. becomes a nervous wreck. Then she Chase are on the wrapper. If you she acidly remarked. "You have it is surprised that her child is cross send the children to the store, warn and also your own. and excitable, nor does the evil end them not to accept any imitation or with the unfortunate heritage to the child. The presence of the irritable Dr. Chase's Syrup of Linseed and fully at his hand—there were two um-

which a calm, self-possessed person

exerts over a nervous child. constantly with their elders and treated too much as one of them. This usually causes premature development which is anything but desirable. The mother makes the mistake of relating all the cute sayings and doings of her two-year-old child in its presence, and then is surprised when, at the age of five or six, the child tries to make itself the center of attraction. Yet who is to

What children need is cheerful, homelike surroundings, good, wholesome, food, simple clothing and healthful, childish sports. Give them a few toys at a time, but do not be too that where they have a great many playthings they cease to care for them. A country child will reap exquisite pleasure from a corn-stalk horse or a squash baby, because it has not been made critical and its room. capacity for enjoyment dulled by having a wilderness of toys.

I like the fundamental idea of kindergarten, which endeavors to cormay inherit tendencies that are difficult to manage, but at heart they are not bad; it is usually the evil example and mismanagement of their gazine. parents that makes them so. If mothers realized more fully their great dignity and responsibility they would feel like fasting in sack-cloth and ashes instead of gossiping and scoiding before their children.

SERMONS IN STONES.

As you build your edifice of to-day, put the front door on the avenue of To-morrow, and a few windows in the backyard of Yesterday.

Be not a clod of corruptible iron, when a little charcoal of high impulse and the fire of perseverance will convert you into a bar of durable

Solitude, that fair nurse of thought, influences characters as age does wines, ripening the delicate flavors of some and sharpening the vinegar qualities of others. Sorrow, like the thorn piercing the

rose, let out the fragrance of a truly noble heart. Vices, like weeds, sprout up at

short notice and beget a huge crop from very little nourishment. Make the most of each summer-A number of would-be cooks do not time of opportunity; birds never re-

Do not covet the lot of a prodigal, ing of cakes as there is in the for- who, like the summer sun of Norway, shine, even in the noonday.

times and then measured. Be sure in New York as in New Zealand; the hat the baking powder is a reliable mark of a gentleman is the same in spoonsful unless the recipe calls for An ounce of knowledge of yourself

refuse to, froth, add a few drops of If you wear more honors than your neighbor, remember that the best-

A man may expect to have his day flour; then the sweet milk; next the sooner or later, even if he scores it rest of the flour in which has been on the color of his hair. Alphabe-

In striving to effect your aspiraing cake; it should not be stirred, tions, imitate gardeners, who prune but beaten; bring the batter from some of the fruit from the tree to secure a better quality in the remain-

If, at length, you have driven from them. Use a wooden spoon and an your character all the alloys, so that only pure gold remains, remember to beat the batter with the that this, to have its highest worth, must be stamped; and if, on It is a good idea to line all cake one side, it must show the impress tins with this brown paper greased of the world, be sure the upper face with lard, not butter, as the latter bears, in bold relief, the image of the King.-Michael Earls, S.J., in the

WONDERFUL CURATIVE POWER

Dr. Chase's **Eyrup** of Linseed Turpentine

When grown people neglect their ail-

With children it is different, because spring, and the bugle-note of reform they do not realize the seriousness taffy. has been sounded. Would it not of a neglected cold nor the means of ring truer if it dealt more with obtaining cure, and many a child, as Clara," she said, "I told you so!" the causes that lead to the faults pe- he grows older and finds himself a culiar to our children and less with victim of pneumonia, consumption,

After all, is not so much discus- bronchitis, asthma or throat trouble, sion as to the mode of punishment cannot but see that his parents were useless, since no two dispositions can responsible for neglecting treatment be dealt with alike, and the wise when his ailment began in the form

The best of children have faults that cant seat on account of coughs and stately, white-haired gentleman, and must be eliminated, and if the rod colds, and many children who are felt, to some extent, the humiliation But all of a sudden he stood up and What treatment are these children get-If our children could be reared in ting? Do their parents realize the an ideal atmosphere, a happy medium seriousness of neglecting to cure a Filleybrown finally seated himself in my feet. It was his heavy huntingbetween the overly severe methods of cold? Have they proved the merits the elevated train he was, then, in a knife with the cord tied onto it. our grandmothers and the overly lax of Dr. Chase's Syrup of Linseed and ones of the present day, the difficul- Turpentine as a cure for coughs and of nerves. The financial news of the spread himself out on the raft.

cough, and all kindred ills? ideals and simple living would solve preparation for throat and lung dis-

LOST HAIR FOUND.

Mamma and aunty were talking about a friend's beautiful hair. The cardinal fault in American "I wonder which side of the family homes is that children are kept too she got it?" said aunty. "She must have got it from her papa," said little Orville, "for his

hair is all gone.' THE HIGHEST MONUMENT.

The Monument to Washington, D.C., is the highest in the world. It is a the air. The base of the shaft is 55 prolonged period of repair. feet square, and it tapers gradually "I won't be caught again that until, at the 500-foot point, it is 34 way," considered Mr. Filleyl own feet 5½ inches square. Here the pyramidal top begins and is run to an Again he boarded the elevation apex 55 feet above the square mason-The door at the base opens in-

COULDN'T FOOL HIM. That old classic, "Abbou Ben Adhem," was being read in the school-

"And lo, Ben Adhem's name led all the rest," the teacher finished impressively.

A twinkle was plainly visible rect the fault by trying to inculcate the eye of the incorrigible. Well, the corresponding virtue. Children what do you think of it, Jack?" "Dead easy! O' course his name led all the rest if the angel kept the books alphabetically!"-Sunday Ma-

> AN AGGRAVATED ATTACK. A West Side family in the throes of an afternoon reception. Five-yearold Johnny had been sent to his grandmother's so that he might be out of the way.

As the carriages began to arrive, there was a call on the telephone. The mother hurried to the receiver. She heard a small voice at the other "Mamma, is that you?"

"It is, Boy. What do you want? "Can't I come home? I'm sick." "Sick, nonsense. What's the mat-

"I'm awful homesick. Can't come home? Is the ice-cream all

TEDDY'S FIRST POCKETS. "I want pockets in my new pants,"

said Teddy "You are too little," said mamma. "Please, mamma!" Teddy pleaded.

boys have them.' "Well," mamma replied, "I sup- could pose you must have them. Yes, I dark.

will put some in. "Nonsense!" exclaimed Aunt Emily. "Clara, you don't mean to let that were setting out, and yelled mula used. Hence if a recipe which has nights and days of glory for a baby have pockets? He will have thing to us about the ice. Later on sounds reasonable is not a success few months; the long dreary winter them full of rubbish and in a dread-the first time it should be given a that follows has very little sunful condition all the time. He's too "We got along well till about the little for trousers, to say nothing of middle of the afternoon, when the

Ted was happy. He went round with It began to snow, too, first in little his hands in those little snuggeries, spits and then thicker, until we could feeling very proud and grown-up, and not see a canoe's length ahead of us. heaping ones. Have whites of eggs is worth a ton of boasting about trying to whistle; and by and by he began to put things into them.

> would mend the stockings," said up to sleep and wait for morning, grandma, "but it isn't in the bas-

> "Here it is," said Teddy, taking a little black ball out of his right been light. We were about a hun-

"You didn't happen to find my pencil, did you?" asked Sister Sue. lost it yesterday and I can't find it

"Yes," said Teddy, "it was in the waste-basket. I picked it out and on, or else melt enough to allow us put it in my pocket. I didn't know to paddle. There isn't anything left it was yours, Susie," he said as he but a half a can of beans, and this passed it to her. Pretty soon mamma could not find her thimble.

ing," she said, "and all at once I over the next night pretty anxious, missed it. I am sorry, for it was the only one you gave me, Emily." keep out of the water that was grait down in the pansy bed. to give it to you, but I forgot.'

"It must have fallen off the window-sill," said mamma. "I remem-From School dow-sill," said mamma. "I remem-ber now; I was sitting by the garden first tore out two of the braces that

That afternoon Sister Mary asked PARENTS ARE PROVING THE me if ar body had seen a button, for I. she had lost one off her blue dress; across his jack-knife, which he was across the end of the paddles. duced as they were wanted.

Aunt Emily, laughing. 'Your pockets certainly are the most useful ice, and you can lie down on it and ones in the family. You don't happush with your toes. You go first. child-management, and especially to ments and allow them to develop into pen to have a box of chocolates, do It will hold you all right, but it

> "No," Teddy replied soberly, "but I have some candy that isn't choco- to you?' said I.

Aunt Emily laughed again. "There, we used for tying up the skins. I'll

"UPON THE JUST AND THE UN-JUST.

started for his office. It was rain- my way to shore, spread out on my ing, and in the usual matutinal ex- stomach on the raft; but I accomcitement of leaving his home Mr. Filleybrown took, quite by accident, his wife's umbrella. He was a canoe, and for a moment I couldn't of having in his possession a gold-threw something toward me. It fell and-pearl-handled affair of so obvious- about half wav between us. but glancly a feminine gender. When Mr. ed and slid along the ice almost to peculiarly sensitive, ruffled condition ties that beset the perplexed parent colds, bronchitis, croup, whooping morning, too, rasped his temper. It Easy! easy!' and at last I managed was in this trying mental state that to pull him to shore. I never felt no our friend snatched up the offensive anything better than the solid ground umbrella and made for the car door under my feet. If it hadn't been for



Mr. Filleybrown lashed furiously from the train, laughter in his ears. Toward evening the sun struggled out. The day on the street had belied Mr. Filleybrown's gloomy expectations. He left his office somewhat richer and infinitely more bland in temper. On the way home he stopped at the umbrella-mender's and prudently took from that some half-dozen of the family umsimple marble shaft, rising 555 feet in brellas that had been undergoing a

Again he boarded the elevated train and folded himself contentedly into the Evening Post. By that singular At one and malevolent fate which dogs the to a room 25 feet square. At one and malevolent fate which dogs the side begin the stairs, of which there footsteps of the virtuous, the indiglavish, for it is the experience of all who have carefully studied children. are 50 flights, containing 18 steps mantly polite old lady of the morning sat directly opposite Mr. Filleying sat directly opposite Mr. Filleybrown. She fixed him and his six umbrellas with a scandalized and outranged eye. Mr. Filleybrown remained statuesquely unconscious. At last, goaded to it by that power which forces speech from our unwilling lips, as she rose to leave the car, she leaned over Mr. Filleybrown's paper, close into the horrified face, and hissed scornfully, "I see you've had a very successful day!"

And Mr. Filleybrown, sickeningly aware of his six umbrellas, blushed that hot blush of shame the innocent are eternally cursed with.

CAUGHT IN THE ICE.

The fur trader sat on the steamer wharf at Quebec, leaning back on a packing-box. For a moment looked down at the first sheet of ice that had skimmed the broad St. Lawrence; then he said, "That ice there is about as thick as it was the time I got caught on my first trip north into the barrens.

"Another fellow by the name of Andrew Damson and myself had been trading with Indians in British Columbia. We broke camp at the end of the season and started to the nearest settlement, which was ten miles south of us, with a big lake lying between. We found the ice had ail gone out, and we couldn't cross on sledges, as we did when we came up. To go around the lake meant a mean journey on account of the marshes. As our provisions were used up and we had already sent our pelts out, there didn't seem to be any reason why we shouldn't Pockets go with pants. All the big paddle the six miles across. Our outwas light, and we figured we d reach the other side before

"Three or four Indians who were coming in with skins, saw us as we

wind whirled around into the north But mamma put the pockets in, and and it got cold within ten minutes

"There was only one thing to do, and that was to spread out the blan-"If I had the darning-cotton, I kets into a kind of awning and curl when we could see our way.

"Damsen woke me at daylight, and I looked out. The fall of snow had pocket. "I found it behind the door, dred yards from the shore, and I I didn't know it was could see that the storm had blown darn-cotton; I thought it was just over quickly. But on every side the lake was covered with ice, not thick enough to hold a man and not thin enough for a boat to push through.

" 'Damson,' said I, looking sober, 'We'd be in a bad way if this ice shouldn't get strong enough to walk canoe is leaking.

"The hours went by. "I had it this morn- nearly all our provisions, and slept "Here it is," said Teddy. "I found dually rising in the canoe. The next down in the pansy bed. I meant morning the ice was still too strong to break through, and yet it was too weak to hold us.

"Then Andy hit upon a plan. ran from side to side of the canoe. " 'What are you going to do?' says

"'I'm going to build an ice raft, Tom inquired if anybody had run says he, and he lashed the braces using at noon and mislaid; Johnny he tore pieces of the birch bark out needed a piece of string in a hurry; of the sides of the canoe, fastened and grandpa could not find a little them across between the paddles, and All these things Teddy pro- finally had a patchwork raft nearly six feet long and four feet wide "I take it all back, Ted," said 'There,' said he, 'that will spread won't hold both of us. " 'How shall I send the raft back

Mr. Smith gave it to me. It's "'I've already thought of that. said he. 'Take this ball of cord tie this onto the raft here. If anything happens to you I may be able

to pull you out, and if you get there all right I can haul the raft back. "The raft would just barely hold me Mr. Filleybrown was late in getting up, and it was ticklish work pushing

"Then he pulled the raft back to the " 'Haul away,' said he, when he had

hand. An indignantly polite old lady both of us."-The Companion.

'Tis Well To Know a Good Thing said Mrs. Surface to Mrs. Knowwell when they met in the street. "Why where have you been for a week back?" "Oh, just down to the store "Oh, inst down to the store mother becomes positively painful to the delicate little creature, and they are better apart than together. To become convinced of this one has only to watch the soothing influence by the delicate little creature, and they are better apart than together. To become convinced of this one has only to watch the soothing influence by the Linseed and fully at his hand—there were two unit for a bottle of Dr. Thomas' Eclectic Oil." and Mrs. Surface, who was better apart than together. To bottle; family size, three times as bottle of Dr. Thomas' Eclectic Oil." and Mrs. Surface, who have pure, and when she contracted a weak have there was another custometry for the umbrella significantly. "Oh!" said the triumphant owner of the umbrella significantly. "Oh!" THE RHEUMATIC WONDER OF THE AGE

Benedictine Salve

This Salve Cures RHEUMATISM, PILES, FELONS or BLOOD POISJNING. It is a Sure Remedy for any of these Diseases.

A FEW TESTIMONIALS RHEUMATISM

What S. FRICE, Esq., the well-known Dairyman, says

21. King street east.

Toronto, Sept. 18, 1968.

John O'Connor, Toronto: DEAR SIR,-I wish to testify to the merits of Benedictine Salve as cure for rheumatism. I had been a sufferer from rheumatism for ser time and after having used Benedictine Salve for a few days was completely cured.

475 Gerrard Street East, Toronto, Ont., Sept. 18, 1901. John O'Connor, Esq., Nealon House, Toronto, Ont.

DEAR SIR,-I have great pleasure in recommending the Benedictine Salve as a sure cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictive Salve, applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recommend it to any one suffering from lumbago. I am, yours truly,

(MRS.) JAS. COSGROVE.

256; King Street East, Toronto, December 16th, 1901. John O'Connor, Esq., Toronto:

DEAR SIR,—After trying several doctors and spending forty-five in the General Hospital, without any benefit, I was induced to try Benedictine Salve, and sincerely believe that this is the greatest remains the world for rheumatism. When I left the hospital I was just to stand for a few seconds, but after using your Benedictine Salve for the days. I went out on the street again, and now after using it instruments. days, I went out on the street again and now, after using it just over the week, I am able to go to work again. If anyone should doubt these send him to me and I will prove it to him.

Yours for ever thankful, PETER AUSTEN

198 King street East, Toronto, Nov. 21, 1902. John O'Connor, Esq., Toronto:

DEAR SIR,-I am deeply grateful to the friend that suggested to me. when I was a cripple from Rheumatism, Benedictine Salve. I have at betrvals during the last ten years been afflicted with muscular rheumatism. I have experimented with every available remedy and have consulted, might say, every physician of repute, without perceivable beack. When I was advised to use your Benedictine Salve I was a helplese cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily ac-tivity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the cacy of Benedictine Salve. Yours truly, GEO, FOGG.

12 Bright Street, Toronto, Jan. 15, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation I was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected as absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried large number of other medicines advertised, without receiving any benefit. Yours respectfully,

PILES

7 Laurier Avenue, Toronto, December 16, 1901. John O'Connor, Esq., Toronto, Ont .:

DEAR SIR,-After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with piles.

Yours sincerely, JOS. WESTMAN,

241 Sackville street, Toronto, Aug. 15, 1902.

John O'Connor, Esq., Toronto:

DEAR SIR,-I write unso icited to say that your Benedictine Salve has cured me of the worst form of Bleeding Itching Piles. I have been a sufferer for thirty years, during which time I tried every advertised remedy 1 could get, but got no more than temporary relief. I suffered at times in tense agony and lost all hope of a cure.

Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can heartly recommend. it to every sufferer.

JAMES SHAW.

With the Boston Laundry.

MRS. SIMPSON

Toronto, Dec. 30th, 1901.

John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an opention. It failed, but a friend of mine learned by chance that I was mifering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completery cured. It is worth its weight in gold. I cannot but feel proud after fering so long. It has given me a thorough cure and I am sure it never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE,

BLOOD POISONING

Corner George and King Streets, Toronto, Sept. 8, 1964. John O'Connor, Esq., Toronto:

Dear Sir,-I wish to say to you that I can testify to the merits "of your Benedictine Salve for Blood-Poisoning. I suffered with blood poisoning for about six months, the trouble starting from a callous or hardening of the skin on the under part of my foot and afterwards turning to blood-poisoning. Although I was treated for same in the General Hou tal for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital uncured and then I tried your salve. and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. I was also treated in the States prior to going to the hospital in Toronto, without relief. Your salve is a sure cure for blood-poisoning.

Toronto, April 16th, 1902.

John O'Connor, Esq., City: DEAR SIR,—It gives me the greatest of pleasure to be able to testify to the curative powers of your Benedictine Salve. For a month back my hand was so badly swollen that I was unable to work, and the pain so intense as to be almost unbearable. Three days after using your Selve as directed, I am able to go to work, and I cannot thank you en Respectfully yours, J. J. CLARKE

Toronto, July 21st, 1902

34 Queen street East.

John O'Connor, Esq.: DEAR SIR,-Early last week I accidently ran a rusty nail in my fin DEAR SIR,—Early last week I accure the morning there were symp.

The wound was very painful and the next morning there were symples nearly to the shoulder of blood poisoning, and my arm was swollen nearly to the sho applied Benedictine Salve, and the next day I was all right and able to J CHERIDAN.

JOHNO'CONNOR LAST, TORONTO

WM, J. NICHOL, Druggist, 170 King St. E.

d. A. JOHNSON CO., 171 King St. E PRIOR GLAD PER BOX.