

"The Home is the Sunny Side of Every Great People"



AMUSEMENTS IN THE HOME

Mrs. J. H. Storer, Battleford, in speaking on 'Amusements in the Home,' quoted Dryden as saying "Home is the sacred refuge of our life." It is the place to which we turn for rest and sympathy and should also be the place in which we seek amusement of a true and satisfying nature. Good healthy fun is an important factor in cultivating a bright disposition. Plenty of good fun at meal time was suggested as a valuable aid to digestion. An excellent habit to cultivate was that of telling funny things of life and enjoying them at meal time.

Among the amusements in the home which are entertaining and educative and which serve a useful decorative purpose are pyrography and amateur photography. For the young folks electricity is an interesting subject of amusement. It is possible to contrive a small motor with which the use of old discarded batteries can be made a delightful means of employment for the children and a profitable one as well. Mrs. Storer urged that a member of the family be delegated to read aloud while the others worked or played. Music in the home is a source of infinite charm and is distinctly a relaxation for mind and body and a refining influence at all times.

Entertaining, instructive and exciting games which can be played in the home are legion. The spirit of good clean sport is one which ought to be developed and which can be developed in these recreations in the home. Open air amusements which lend themselves to the development of health and good nature are snowshoeing and tobogganing. It is well to exercise in connection with amusements both in and out of the house the social spirit.