

an outline programme for girls work called "Canadian Girls in Training." The idea at the heart of this lies in the thought of a symmetrical four-fold development of every girl's life and is based on the words, "Jesus increased in wisdom and stature and in favour with God and man." The task of making this symmetrical development tangible to girls is a difficult one. A "Girls Standard" has therefore, been worked out, showing in tabular form some of the ideals (physical, social, intellectual, religious) to which each girl's life should approximate in some degree. Such a "standard" explained practically and sympathetically by a leader at a conference or in club or class, may be the very spur needed to quicken some girl to make use of the opportunities around her and develop those qualities in which she sees herself to be lacking. Under the physical standard come such matters as health education, physical culture, sports, etc.; under the intellectual, school, home-reading, public speaking, educational trips, hobbies, etc.; under the religious; daily prayer, and Bible reading, public worship, personal dedication, systematic giving, mission study, etc.; under the social (or service) standard; personal relationships in home and church and community, training for leadership, choosing a vocation.

Plans for helping towards this development are also outlined and great stress is laid on Sunday School classes, and the mid-week meeting which should be associated with the class. Programmes worked out in much detail are included in the pamphlet which is used unitedly by all the co-operating bodies and can be obtained from the headquarters of each denomination and the Y.W.C.A.

Growing out of this work has been the succession of Conferences for Teen Age girls and leaders, held throughout the Dominion, under the united auspices, with speakers from each group. The National Y.W.C.A. has thrown itself whole-heartedly into this work and is giving the services of three or four national workers to cover the Dominion and work in co-operation with the churches. In some cities the mid-week meetings of the Sunday School group are held in the Y.W.C.A. building, because it provides equipment for physical culture and can also accommodate the separate groups in different rooms for that part of the evening's programme which belongs to the small class alone with its own teacher. This same scheme of "Canadian Girls in Training" is of course, used by many Y.W.C.A. groups and clubs. In this co-operative work, however, much attention is being given to encouraging girls to remain in or to join Sunday School classes.