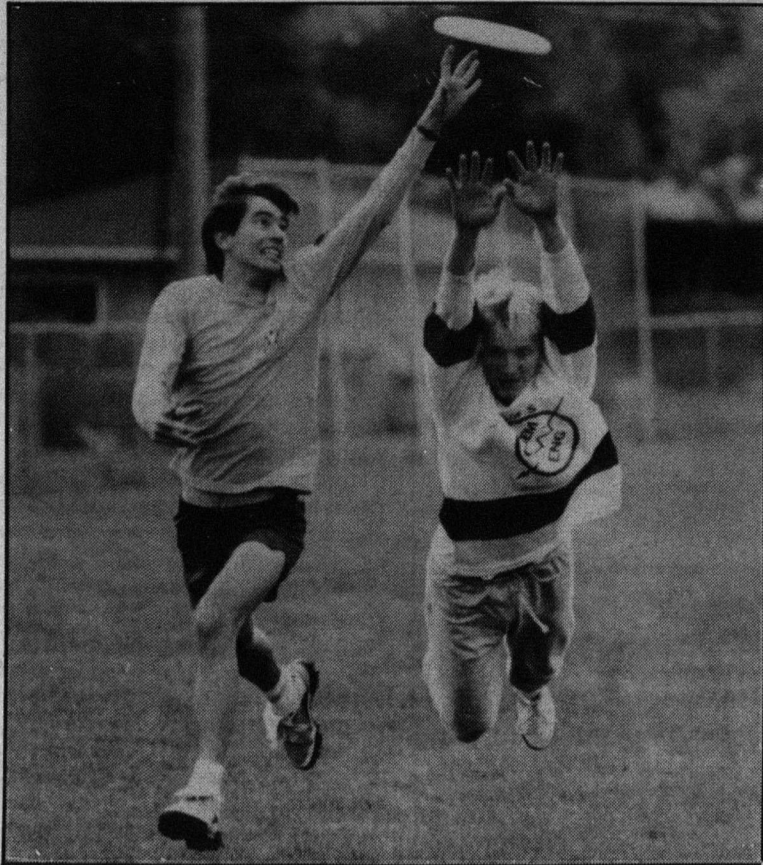


# Stretch

Ultimate Team Frisbee, a hip and growing new sport, has both of these participants up in arms. They'll be participating in Frisbee Friday for sure. If you'd like to try it, contact Campus Recreation.



Jeff Cowley

# Frisbee Friday coming to campus

by Carol Kassian

If flying discs are spotted on campus this Friday, it won't be an invasion of UFOs, but rather part of a new Campus Recreation activity. The first "Frisbee Fridays" will be held during the lunch hour on Friday, Sept. 22 in Quad.

Everyone is welcome to participate in fun games of Frisbee, as well as free instruction on three different frisbee throwing techniques. In addition, a small game of Ultimate Team Frisbee, a relatively unknown but growing sport, will be played.

Ultimate Team Frisbee is a non-contact sport that integrates elements of soccer, basketball, and football. It was first played in New Jersey in 1968 and since then, its popularity has spread to more than 16 different countries. The game

consists of two seven player teams attempting to score goals against one another.

A goal is scored when a player catches a frisbee in an endzone. Each goal is worth one point, and the first team to accumulate 15 points is the winner. The disc is advanced down the field through offensive team members passing

**It was first played in New Jersey in 1968**

the frisbee to one another. Players must immediately stop when they catch the frisbee, and have a maximum of 10 seconds to throw it to another player.

Once a frisbee is caught, players are allowed to pivot, as in basketball, before throwing it to another player, but they cannot run with the frisbee in their hands or hand it off to another offensive team player. The defensive team assumes possession of the frisbee when incomplete and out of bounds passes occur.

The strategy of the defensive team is to guard all seven members of the offense and to attempt to intercept their passes. This must be accomplished, however, without the defensive team players touching or physically restraining any other player in the game.

Ultimate Team Frisbee is suited to individuals of all frisbee throwing skill levels and may be played year-round.

Frisbee Fridays will take place Sept. 22 and Oct. 27 in Quad, and an Ultimate Team Frisbee Tournament is scheduled for Sunday, Oct. 29 at the Lister Hall Fields.

# They can make your average anything but.



Smith Corona presents three products that can help make schoolwork academic.

The Smith Corona PWP 2000 Personal Word Processor is in a class by itself. It's so compact it can fit in the most compact dorm room. Yet, thanks to features like a built-in disk drive, 100,000 character DataDisk capacity, and a crystal clear display, it makes it easy to transform B's into A's.

For those who prefer an electronic typewriter, the Smith Corona XD 4600 is the typewriter of preference. With its 16 character display and

approximately 7,000 characters of editable memory, you can have the convenience of word processing features with the simplicity of a typewriter.

Of course, the Spell-Right™ 200 also comes with impeccable references. In this case, a built-in electronic dictionary, a thesaurus, a calculator, even a collection of challenging word games.

So if you're thinking Magna Cum Laude at the end of this year, don't forget to think Smith Corona at the beginning of this year.



For more information on these products, write to Smith Corona Canada, 440 Tapscott Road, Scarborough, Ontario, Canada M1B 1Y4.

## Let's Party

FOR ALL YOUR PARTY SUPPLIES

Disposable

- glasses
- plates
- napkins
- utensils &

Dry Ice for Halloween, Dances, Etc.



ICE  
25-  
50 lb.  
BAGS

455-6276  
451-4380  
12136 - 121 A St.  
SEE US FIRST!