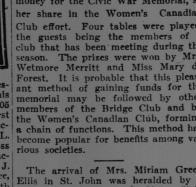
MADE IN CANADA

SOME OF ITS USES
For making soap.
For washing dishes.
For cleaning and disinfecting

REFUSE SUBSTITUTES

E.W.GILLETT COMPANY LIMITED



centred the well appointed dining table. The function was given in honor of Miss Florence Kiervin, who will be married next Wednesday.

Mrs. Allan G. McAvity entertained at the tea hour for Mrs. Miriam Green Ellis, inviting the members of the executive of the Women's Canadian Club and other friends, the guests numbering about 75. Mrs. J. Lee Day and Mrs. H. B. Robinson presided at the tea table which was centred with spring flowers. Those assisting in serving were Mrs. W. J. Angus, Mrs. and Mrs. Mrs. Algans, Mrs. Algans

At the bridge given by Miss Althea Hazen Wednesday evening the follow-ing were the prize winners: Miss Jose-phine Vrooman, of Napanee, Ont., Miss Margaret Teed, Mr. James Robertson

a lecturer has taken her audience on the trip described, but it is doubtful if that particular saying could be more apily applied than in the case of the wonderful address given by Mrs. Miriam Green Ellis, of Edunatous, Alberta, before the Women's Canadian Club, last night, in the Germain Street Baptet Institute Baptet Institute the Mackenale River to the Land of the Midnight's Nan Ingraphic description, presenting delighting human interest details and hard facts also, she gave as vivid an Impression that each member he her large are proposed than the pression that each member he her large are proposed than the strip had actually been made.

The series of lantern sildes with which she illustrated her address was most remarkable. They were realistically colored reproductions of the club, presided and tendered the heavy thanks of her audience to Mrs. Ellis, whom she had introduced as an outstanding journalist, explorer and lecturers and also an astute Judge of Mrs. Ellis' career as a newspaper woman and recalled having heard her address the Board of Trade in Van County of the proposed of the search of the s

carefully minced and seasoned and combined with any gravy or stock. A mold is lined with rice or mashed potato filled with the meat preparation and covered with whatever is used for the disguise. The whole is then steamed or baked and can be served with a tomato or other piquant sauce. Individual molds are convenient for this conception.

A sea pie usually makes a clean sweep of the pantry, using all the meats and vegetables at hand. The covering of the pie is made of mashed potatoes, corn meal mush or a biscuit

Receives 40 Per Cent. of Votes of Those Assem-

FRAY BENTOS CORN BEEF

35c

These have been added to our Dairy Department and the most up-to-date slicing machine has been installed, insuring you of receiving the proper uniform slices, also taking off all rind if

"Farnham Quality Assured."

### Farnham Bakeries, Ltd.

Best Known — Known the Best

213 Union Street



W. A. Steiper, who has conducted a sheet metal and plumbing contracting business in Mill street for the last 25 years, has sold his interest to W. E. Craft who has been connected with the firm for years. Mr. Craft will continue the business under his own name at the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be last to the old stand and Mr. Stiener will be built by F. G. Spencer as soon as conditions are better, according to a statement made by him on Wednesday. Mr. Spencer so the old stand and the theatre will be built by F. G. Spencer as soon as conditions are better, according to a statement made by him on Wednesday. Mr. Spencer said there was no question but that he would build the theatre, directly opposite the Admiral Beatty Hotel, are spring flowers. Those assisting in serving were Mrs. W. J. Angus, Mrs. Frank Fairweather, Mrs. Gordon Macdonald, Mrs. Walter A. Harrison, Miss Celia Armstrong, Miss Katherine Bell, Miss Marjorie Knight, Miss Eleanor Angus and Mis Bessie Adams. Mrs. Ellis received with the hostess, and was greeted cordially by the guests, who were charmed with her genial manner.



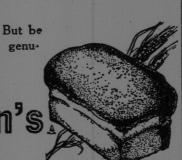
### **Back to Nature** Whole Wheat Bread

Honey-baked, a filling flake of golden goodness and chestnut crust.

Thought out first for dyspeptics, all now call for the health and flavor preserved in entirety from the

Not one cent more. But be fussy about getting the genu-

Robinson's



## Canton Crepe? Dry Clean It

Keep your Frock or Overblouse fresh and new. New System Dry Cleaning does it beautifully.

Make is last twice as long. Dry Cleaning will; that is the real French Dry Cleaning as at the New System.

Keep the cost of your wardrobe within sensible limits. Depend on the Dry Cleaning of the New System Laundry

Wet and Dry Wash-Dyers, Cleaners. Phone Main 1707

(Mid-City Depot Now at Phonograph Salon.)

Rotary Minstrels-Feb. 27-28-Imperial

## You Don't Need to Add Other Foods

You Eat POST'S Bran Flakes As a Delicious, Tasty Cereal

VOU can enjoy eating bran regularly. You can get the positive relief from constipation which bran can only give if eaten regularly—with Post's Bran Flakes, the appetizing, natural laxative cereal.

Don't confuse Post's Bran Flakes with harsh, husk-dry bran which usually must be mixed with fruit or other foods to ease it down. Such brans often do not bring the results you hope for-simply because you cannot force yourself to eat them regularly.

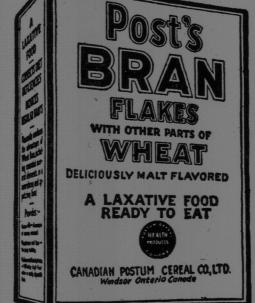
Post's Bran Flakes is a delicious, tasty cereal: you'll like to eat it. Post's Bran Flakes with Other Parts of Wheat is a delicious laxative with high food value.

Eat Post's Bran Flakes regularly. Promotes regular body habits. Keeps you healthy—fit—your system clear of poisons. Serve it with milk or cream.

But insist on Post's Bran Flakes—the bran flakes which happily combine laxative qualities with delicious flavor. At all grocers.

Made in Canada by

Canadian Postum Cereal Co., Limited Factory: Windsor Head Office: Toronto



Now you'll like Bran

With Other Parts of Wheat

A Laxative Food

# **Gum Chewing** Aids the Teeth

You have the authority of doctors and dentists for this statement. after every meal.

Your own experience will prove it, if you will use WRIGLEY'S

The following quotations from a recent work on teeth and health are worth remembering:

"Dentists have found that the exercise of gum chewing brings about a better nutrition of the

"The cleansing action of the gum between the teeth helps to keep them free from the particles which lodge in the crevices and cause decay."

The busy man—or woman either—rarely has time to clean the teeth after eating. Yet they should be cleaned, and

# after every meal

will do it. Also it will aid digestion and furnish welcome refreshment to

mouth and throat. Sealed in its purity package, bringing all its original goodness and

flavor to you. Get your Wrigley

benefit today! Try Wrigley's after smoking

The Flavor Lasts

