Cape Trinity is a point of rock divided into three portions, each bearing some slight resemblance to a human head; and probably thus received its name from some wandering priest. Separating these two promontories is a little bay, called TRINITY COVE, which in its loveliness presents a strong contrast to the sternness and sublimity of Point Eternity and Cape Trinity.

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St. John's Bay is a small cove on the southern shore, where there is a small lumber establishment.

Fifty-seven miles from Tadousac opens Ha! Ha! Bay. The passage to the Bay is on the left, while the Saguenay proper comes down on the right. At the head of this Bay are large lumber establishments. The little village is situated upon the bank rising gradually to some height from the water. Here, for the first time since entering the Saguenay, are seen cultivated fields and gardens. There is a Catholic church here, which is served by three Oblat Fathers. Ships frequently visit this place for lumber, large quantities of which are exported.

Fifteen miles from Ha! Ha! Bay is the Hudson Bay Company's post at Chicoutim. Large quantities of lumber are also exported from this place, thus rendering it one of quite considerable business. The steamers, on their pleasure excursions, do not usually ascend the river farther than Ha! Ha! Bay, as, a few