

under the House, wherein we put our *Wines, Brandy, strong Beer, Butter, Cheese, &c.* Four large Fires are made in great Stoves, built on purpose, every Day: As soon as the Wood is burnt down to a Coal, the Tops of the Chimneys are close stopped with an Iron Cover: This keeps the Heat within the House (though at the same time the Smoke makes our Heads ake, and is very offensive and unwholsome); notwithstanding which, in four or five Hours after the Fire is out, the Inside of the Walls of our House and Bed-places will be two or three Inches thick with Ice, which is every Morning cut away with a Hatchet. Three or four times a Day we make Iron Shot of 24 Pounds Weight red-hot, and hang them up in the Windows of our Apartments. I have a good Fire in my Room the major Part of the 24 Hours; yet all this will not preserve my *Beer, Wine, Ink, &c.* from freezing.

For our Winter Dress we make use of three Pair of Socks of coarse Blanketing or Duffield for the Feet, with a Pair of *Deer-skin* Shoes over them; two Pair of thick *English* Stockings, and a Pair of Cloth Stockings upon them; Breeches lined with Flannel; two or three *English* Jackets, and a Fur or Leather Gown over them; a large Beaver Cap, double, to come over the Face and Shoulders, and a Cloth of Blanketing under the Chin; with Yarn Gloves, and a large Pair of Beaver Mittings hanging down from the Shoulders before, to put our Hands in, which reach up as high as our Elbows; yet notwithstanding this warm Cloathing, almost every Day, some of the Men that stir abroad, if any Wind blows from the northward, are dreadfully frozen; some have their Arms, Hands, and Face blister'd and frozen in a terrible manner, the Skin coming off soon after they enter a warm House, and some have lost their Toes. Now their lying-in for the Cure of these frozen Parts, brings on the Scurvy in a lamentable manner,