

6th. They will approach the sacraments as often as their Confessor may think proper, particularly on the principal festivals of our Lord and of the Blessed Virgin.

7th. The associates are required to make at the stated time a spiritual Retreat, which will be given in the little chapel of the Society. They should assist at these instructions, and endeavor to renew their fervor and to obtain and increase that strength which will enable them to labor more zealously for their own perfection.

8th. All are obliged to assist at the meetings of the Society at least once a month, if they wish to be considered members, unless prevented by sickness or some other good reason.

9th. Once a month there will be a collection, the proceeds of which will be used for some charitable or pious work.